2011 CATALOG

SURGICAL SKILLS COURSES

American College of Foot and Ankle Surgeons®
The perfect blend of the proven and the cutting edge—ACFAS launched their first Surgical Skills Courses 15-years ago—moving forward these programs continue to expand clinical knowledge. Through lectures, focused panel discussions, surgical videos and most of your time spent on hands-on cadaver lab activities with personalized one-on-one instruction, ACFAS Surgical Skills Courses update practicing surgeons. Our obligation to our patients—to keep current—requires our valuable time.

ENJOY THE SUBTLE WORKINGS of brilliant minds

In 2011, the College is again offering an unmatched curriculum.

See things differently and add to your surgical and decision making skills.

- Learn state-of-the-art pathways, the use of orthobiologic adjuncts and current trends
- Perform surgical procedures
- Recognize problems and how to handle complications and the risks associated with a variety of treatment approaches
- Become familiar with advanced and restorative techniques of foot and ankle surgery

You’ll spend more than 80% of your time in the hands-on lab.

2010 Surgical Skills Committee
Kris A. DiNucci, DPM, FACFAS
Chair
Michelle L. Butterworth, DPM, FACFAS
Board Liaison
D. Martin Chaney, DPM, FACFAS
Graham A. Hamilton, DPM, FACFAS
Keith L. Jacobson, DPM, FACFAS
Christopher D. Lotufo, DPM, FACFAS
Alan Ng, DPM, FACFAS
Laurence G. Rubin, DPM, FACFAS

2011 Surgical Skills Committee
Kris A. DiNucci, DPM, FACFAS
Chair
Thomas S. Roukis, DPM, PhD, FACFAS
Board Liaison
Keith L. Jacobson, DPM, FACFAS
Christopher D. Lotufo, DPM, FACFAS
Alan Ng, DPM, FACFAS
Benjamin D. Overley, Jr., DPM, FACFAS
Shannon M. Rush, DPM, FACFAS
Amber M. Shane, DPM, FACFAS
2011 SURGICAL SKILLS COURSES

Dates/Locations

June 17–18, 2011 (Friday/Saturday)
Foot and Ankle Arthroscopy Surgical Skills Course
Orthopaedic Learning Center (OLC)
Rosemont, IL

September 25–26, 2011 (Sunday/Monday)
Foot and Ankle Arthroscopy Surgical Skills Course
Orthopaedic Learning Center (OLC)
Rosemont, IL

October 1–2, 2011 (Saturday/Sunday)
Sports Medicine Surgical Skills Course
Orthopaedic Learning Center (OLC)
Rosemont, IL

November 4, 2011 (Friday)
Intensive Forefoot Arthrodesis Surgical Skills Course
Hyatt Regency
Jersey City, NJ

November 5, 2011 (Saturday)
Intensive Rearfoot Arthrodesis Surgical Skills Course
Hyatt Regency
Jersey City, NJ

December 10–11, 2011 (Saturday/Sunday)
Foot and Ankle Arthroscopy Surgical Skills Course
Orthopaedic Learning Center (OLC)
Rosemont, IL

Don’t delay—register for the course of your choice today. Space is limited.
Refine arthroscopic techniques of the ankle and subtalar joint, with a focus on motor skill development.

Identify and understand indications for arthroscopic foot and ankle surgery.

Understand and perform the two portal anterior approach to the ankle and be introduced to the posterior portal approach.

Effectively perform soft tissue techniques including synovectomy, fibrous band resection, and gutter debridement.

Be able to approach, resect and saucerize medial and lateral talus dome lesions.

Be able to retrieve loose bodies in the ankle and be introduced to arthroscopic excision of the os trigonum.

Be introduced to arthroscopy of the small joints of the foot.

Be introduced to endoscopic examination of tendons of the foot and ankle.

Understand and perform an arthroscopic ankle fusion.

Understand the risks and complications of foot and ankle arthroscopy and their management.

Familiarized with advanced arthroscopic equipment available including thermal ablation, motorized instrumentation, hand instruments, microvector techniques and distraction.

This interactive two-day, hands-on, course is led by a renowned faculty of skilled arthroscopy surgeons and gives you the opportunity to learn and practice established and cutting edge techniques in surgery for the foot and ankle.

The course features 9 hours of hands-on laboratory time with the latest equipment and techniques on fresh cadaver specimens. Lecture presentations will be enhanced with videotapes of actual arthroscopic cases. There will be ample opportunity for interaction with faculty. (One cadaver per two registrants.)

OBJECTIVES:

- Refine arthroscopic techniques of the ankle and subtalar joint, with a focus on motor skill development.
- Identify and understand indications for arthroscopic foot and ankle surgery.
- Understand and perform the two portal anterior approach to the ankle and be introduced to the posterior portal approach.
- Effectively perform soft tissue techniques including synovectomy, fibrous band resection, and gutter debridement.
- Be able to approach, resect and saucerize medial and lateral talus dome lesions.
- Be able to retrieve loose bodies in the ankle and be introduced to arthroscopic excision of the os trigonum.
- Be introduced to arthroscopy of the small joints of the foot.
- Be introduced to endoscopic examination of tendons of the foot and ankle.
- Understand and perform an arthroscopic ankle fusion.
- Understand the risks and complications of foot and ankle arthroscopy and their management.
- Familiarized with advanced arthroscopic equipment available including thermal ablation, motorized instrumentation, hand instruments, microvector techniques and distraction.

16 CONTINUING EDUCATION CONTACT HOURS

DINNER and FIRESIDE CHAT

BRING YOUR CASES and enjoy one of the highlights of the course...the fireside chat. You are encouraged to bring x-rays and CDs of your cases. The session provides a collegial exchange of ideas and dialog on a variety of topics; gather opinions from experienced faculty and participants. The fireside is held at the hotel and lasts about two hours during and after dinner the first day of the course (June—Friday night; September—Sunday night; and December—Saturday night).
Dates:
June 17–18, 2011 (Friday/Saturday)
September 25–26, 2011 (Sunday/Monday)
December 10–11, 2011 (Saturday/Sunday)

Hours:
Breakfast/Check-in: 7:30 am
Day One: 8:00 am–5:30 pm
Dinner and Fireside: 6:00–8:00 pm
Day Two: 8:00 am–3:30 pm

Course Location:
Orthopaedic Learning Center (OLC)
6300 N. River Rd.
Rosemont (Chicago), IL

Tuition:
ACFAS Members/Resident
Members: $1,595
Non-Members/Non-Member
Residents: $1,850

Hotel Accommodations:
Marriott Suites O’Hare Hotel,
6155 N. River Rd., Rosemont, IL
Complimentary airport van;
free shuttle to OLC

Rate for June Course: $104
Hotel room rate cut-off date
May 25, 2011
Call 847.696.4400
and reference ACFAS

Rate for September Course: $104
Hotel room rate cut-off date
September 2, 2011
Call 847.696.4400
and reference ACFAS

Rate for December Course: $104
Hotel room rate cut-off date
November 17, 2011
Call 847.696.4400
and reference ACFAS

Maximum Enrollment:
50 participants

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June 17–18, 2011
(Friday/Saturday)

Course Chairman
Raymond M. Bleday, MD, DPM, FACFAS

Faculty:
John J. Stienstra, DPM, FACFAS
Eric A. Barp, DPM, FACFAS
Troy J. Boffeli, DPM, FACFAS
Richard Derner, DPM, FACFAS
Dennis N. Gusman, DPM, FACFAS
Keith L. Jacobson, DPM, FACFAS
Meagan M. Jennings, DPM, FACFAS
Glenn M. Weinraub, DPM, FACFAS

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September 25–26, 2011
(Sunday/Monday)

Course Chairman
Raymond M. Bleday, MD, DPM, FACFAS

Faculty:
Laurence G. Rubin, DPM, FACFAS
Stephen A. Brigido, DPM, FACFAS
James M. Cottom, DPM, FACFAS
Sean T. Grambart, DPM, FACFAS
George S. Gumann, Jr., DPM, FACFAS
Christopher D. Lotufo, DPM, FACFAS
Benjamin D. Overley, Jr., DPM, FACFAS
James L. Thomas, DPM, FACFAS
Matthew E. Williams, DPM, FACFAS

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December 10–11, 2011
(Saturday/Sunday)

Course Chairman
Raymond M. Bleday, MD, DPM, FACFAS

Faculty:
Laurence G. Rubin, DPM, FACFAS
Raymond M. Bleday, MD, DPM, FACFAS
Lewis H. Freed, DPM, FACFAS
Daniel J. Hatch, DPM, FACFAS
Christopher F. Hyer, DPM, FACFAS
Michael S. Lee, DPM, FACFAS
George T. Liu, DPM, FACFAS
Benjamin D. Overley, Jr., DPM, FACFAS
John J. Stienstra, DPM, FACFAS

Please note: Course content and faculty are subject to change.
Not every sports medicine practice is treating a professional sport team. There ARE unique aspects to treating sports injuries, nuanced approaches to understanding injuries.

This sports medicine surgical skills course will provide the most up to date treatment options for the most common and difficult sports-related injuries. Expert faculty in the field will review evidence based treatment techniques for joint instability, Chronic Achilles Insertional Calcific Tendinosis (AICT), Chronic Ankle Instability, surgical management of acute and chronic midfoot and forefoot injuries, and stress fractures.

Goals of this course will be accomplished through concise lectures followed by ample time in the anatomy lab performing specific procedures on cadaveric specimens.

Faculty will share their Game Plans for a winning Sports Medicine Practice. Participants will benefit from the ability to ask the experts about their pearls, tricks, and potential pitfalls due to the up close and personal nature of the course.

OBJECTIVES:

- Understand advantages and disadvantages to surgical or non-surgical management of athletic injuries and the expectations for return to sport with certain injuries.
- To review and understand the diagnosis and treatment of sports-related foot and ankle conditions.
- To understand the current trends and treatment protocols for athletic foot and ankle injuries and their surgical management.
- To demonstrate and refine the knowledge of surgical procedures for foot and ankle athletic injuries.
- To understand the unique needs of the athlete in treating foot and ankle conditions.
October 1–2, 2011

Course Chairman
Raymond M. Bleday, MD, DPM, FACFAS

Faculty:
Kris A. DiNucci, DPM, FACFAS
Richard T. Bouché, DPM, FACFAS
Edward G. Blahous, Jr., DPM, FACFAS
Sean T. Grambart, DPM, FACFAS
Michael S. Lee, DPM, FACFAS
Ronald G. Ray, DPM, FACFAS
Glenn M. Weinraub, DPM, FACFAS

Hours:
Breakfast/Check-in: 7:30 am
Day One: 8:00 am–5:30 pm
Dinner and Fireside: 6:00–8:00 pm
Day Two: 8:00 am–3:30 pm

Course Location:
Orthopaedic Learning Center (OLC)
6300 N. River Rd.
Rosemont (Chicago), IL

Tuition:
ACFAS Members/Resident Members: $1,595
Non-Members/Non-Member Residents: $1,850

Hotel Accommodations:
Marriott Suites O’Hare Hotel,
6155 N. River Rd., Rosemont, IL
Complimentary airport van;
free shuttle to OLC

Rate: $104
Hotel room rate cut-off date
September 8, 2011
Call 847.696.4400
and reference ACFAS

Maximum Enrollment:
46 participants

BRING YOUR BEST CASES and enjoy one of the highlights of the course...the fireside chat. You are encouraged to bring x-rays and CDs of your cases.
The session provides a collegial exchange of ideas and dialog on a variety of topics; gather opinions from experienced faculty and participants. The fireside is held at the hotel and lasts about two hours during and after dinner on Saturday night.

Please note: Course content and faculty are subject to change.
Emerging techniques. Exceptional instruction. You will leave this course armed with new approaches for Forefoot and Midfoot Arthrodesis. New surgical techniques from leaders in the field. One-on-one instruction with hands-on guidance from beginning to end of each procedure. Emphasis on surgical techniques, bone grafting options, use of orthobiologics to decrease complications, and management of failed procedures. Focus on digital fusions, 1st MTPJ, lis francs, navicular cuneiform, and both primary and revisional approaches.

Course will be hands-on with one cadaver for each registrant. Instructors will assist in hands-on approach to help you get the most out of 8 hours.

OBJECTIVES:

- Identify new trends and techniques pertaining to arthrodesis surgery.
- Discuss fixation alternatives, use of new technology.
- Compare and contrast techniques of managing bone deficiencies.
- Manage patient cases involving potential for deep vein thrombosis.
- How to assess risk and what the faculty does for prophylaxis.

Rearfoot Intensive Arthrodesis
SURGICAL SKILLS COURSE

November 5, 2011
(Saturday)  |  Hyatt Regency
Jersey City, NJ

Emerging techniques. Exceptional instruction. You will leave this course armed with new approaches for Rearfoot Arthrodesis including primary and revisional techniques and how to deal with the worst complications. New surgical techniques from leaders in the field. One-on-one instruction with hands-on guidance from beginning to end of each procedure. Emphasis on surgical techniques, bone grafting options, use of orthobiologics to decrease complications, and management of failed procedures. Rearfoot procedures focus on isolated talo-navicular arthrodesis, calcaneal cuboid arthrodesis, subtalar joint arthrodesis, performing a triple arthrodesis, and ankle arthrodesis.

Course will be hands-on with one cadaver for each registrant. Instructors will assist in hands-on approach to help you get the most out of 8 hours.

OBJECTIVES:

- Identify new trends and techniques pertaining to arthrodesis surgery.
- Discuss fixation alternatives, use of new technology.
- Compare and contrast techniques of managing bone deficiencies.
- How to address complications.
- Manage patient cases involving potential for deep vein thrombosis.
- How to assess risk and what the faculty does for prophylaxis.
November 4, 2011 (Forefoot)
November 5, 2011 (Rearfoot)

Course Chairman
Alan Ng, DPM, FACFAS

Faculty:
Michelle L. Butterworth, DPM, FACFAS
Kris A. DiNucci, DPM, FACFAS
Sean T. Grambart, DPM, FACFAS
Jordan P. Grossman, DPM, FACFAS
Graham A. Hamilton, DPM, FACFAS
Samuel S. Mendicino, DPM, FACFAS

Hours:
November 4, 2011 (Forefoot)
Breakfast/Check-in: 7:00 am
7:30 am – 5:00 pm

November 5, 2011 (Rearfoot)
Breakfast/Check-in: 7:00 am
7:30 am – 5:00 pm

Course Location:
Hyatt Regency and
Wright Medical Mobile Lab
Jersey City, NJ

Tuition (for each one-day course):
ACFAS Members/Resident
Members: $825
Non-Members/Non-Member
Residents: $1,095

Hotel Accommodations:
Hyatt Regency
2 Exchange Place
Jersey City, NJ

Rate: $199
Hotel room rate cut-off date
October 13, 2011
Call 201.469.1234
or 800.233.1234
and reference ACFAS

Maximum Enrollment:
26 participants

Please note: Course content and faculty are subject to change.
Faculty

Eric A. Barp, DPM, FACFAS
Iowa Clinic, PC
Des Moines, IA

Edward G. Blahous, Jr., DPM, FACFAS
The Sports Medicine Clinic
Seattle, WA

Raymond M. Bleday, MD, DPM, FACFAS
Private Practice
Marianna, FL

Troy J. Boffeli, DPM, FACFAS
HealthPartners Specialty Center
St Paul, MN

Richard T. Bouché, DPM, FACFAS
The Sports Medicine Clinic
Seattle, WA

Stephen A. Brigido, DPM, FACFAS
Foot & Ankle Center at Coordinated Health
Bethlehem, PA

Michelle L. Butterworth, DPM, FACFAS
Pee Dee Foot Center
Kingstree, SC

James M. Cottom, DPM, FACFAS
Sarasota Orthopedic Associates
Sarasota, FL

Richard Derner, DPM, FACFAS
Lake Ridge Foot & Ankle Center
Woodbridge, VA

Kris A. DiNucci, DPM, FACFAS
Foot & Ankle Center of Arizona
Scottsdale, AZ

Lewis H. Freed, DPM, FACFAS
Private Practice
Mesa, AZ

Sean T. Grambart, DPM, FACFAS
Carle Clinic Association
Urbana, IL

Jordan P. Grossman, DPM, FACFAS
Private Practice
Akron, OH

George S. Gumann, Jr., DPM, FACFAS
Martin Army Hospital
Ft. Benning, GA

Dennis N. Gusman, DPM, FACFAS
Auburn Ankle & Foot Clinic
Auburn, WA

Graham A. Hamilton, DPM, FACFAS
Kaiser Permanente Antioch
Antioch, CA

Daniel J. Hatch, DPM, FACFAS
Private Practice
Greeley, CO

Christopher F. Hyer, DPM, FACFAS
Orthopedics Foot & Ankle Center
Westerville, OH

Keith L. Jacobson, DPM, FACFAS
Advanced Orthopedic and Sports Medicine Specialists
Denver, CO

Meagan M. Jennings, DPM, FACFAS
Palo Alto Medical Foundation
Mountain View, CA

Michael S. Lee, DPM, FACFAS
Capital Orthopaedics and Sports Medicine Specialists, PC
Des Moines, IA
George T. Liu, DPM, FACFAS
UT SW Medical Center/Orthopaedics
Dallas, TX

Christopher D. Lotufo, DPM, FACFAS
Advanced Foot & Ankle Centers
Newnan, GA

Samuel S. Mendicino, DPM, FACFAS
Foot & Ankle Institute
Houston, TX

Alan Ng, DPM, FACFAS
Advanced Orthopedic & Sports Medicine Specialists
Denver, CO

Benjamin D. Overley, Jr., DPM, FACFAS
The Sports Medicine Institute
Pottstown, PA

Ronald G. Ray, DPM, FACFAS
Foot & Ankle Clinic of Montana
Great Falls, MT

Laurence G. Rubin, DPM, FACFAS
Foot & Ankle Specialists of Virginia
Mechanicsville, VA

John J. Stienstra, DPM, FACFAS
The Permanente Medical Group
Union City, CA

James L. Thomas, DPM, FACFAS
West Virginia University
Morgantown, WV

Glenn M. Weinraub, DPM, FACFAS
Kaiser Permanente Medical Group
Freemont, CA

Matthew E. Williams, DPM, FACFAS
Virginia Mason Medical Center
Lynnwood, WA
General Information

Accreditation
The American College of Foot and Ankle Surgeons is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine.

Course Policies
To participate in surgical skills courses, you will be required to sign a waiver of liability prior to the course. College policy mandates that every individual must wear protective wear provided by the laboratory during the lab sessions in order to participate in these courses. Course registrants are to bring their own scrubs to wear in the lab.

Disclaimer
The ACFAS surgical skills courses are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

Photographs/Videos
ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the course for ACFAS purposes.

Tax Deduction for Education Purposes
In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: Coughlin v Commissioner, 203 F.2d 307 (2d Cir.1953)).

Attendees with Special Needs
If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify the ACFAS at the time you register. We will make every effort to accommodate your needs.

Cancellation Policy
Cancellation requests must be in writing. Requests received by the ACFAS four (4) weeks prior to the course date will receive a full refund minus $75 administrative fee. No refunds will be made for cancellations received less than four (4) weeks prior to the course. ACFAS is unable to assume risk or responsibility for the registrant's time or expenses should an act of God, government action, aviation disruption, disaster, weather, or other force beyond the control of ACFAS make it inadvisable or impossible to conduct this event. The registrant may wish to consider purchasing personal travel insurance to insure his/her expenses.
### Registration Form

**I wish to register for the following ACFAS Continuing Education Course(s):**

<table>
<thead>
<tr>
<th>Course</th>
<th>Dates</th>
<th>Tuition MemBERS/Residents</th>
<th>Tuition Non-MEMBERS/Non-MEMBER Residents</th>
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<tbody>
<tr>
<td>Foot and Ankle Arthroscopy Surgical Skills Course</td>
<td>June 17–18, 2011 (Friday/Saturday)</td>
<td>$1,595</td>
<td>$1,850</td>
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<tr>
<td>Foot and Ankle Arthroscopy Surgical Skills Course</td>
<td>September 25-26, 2011 (Sunday/Monday)</td>
<td>$1,595</td>
<td>$1,850</td>
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<td>$1,595</td>
<td>$1,850</td>
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<tr>
<td>Intensive Arthrodesis Surgical Skills Courses</td>
<td>November 4, 2011—Forefoot (Friday)</td>
<td>$825</td>
<td>$1,095</td>
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<tr>
<td>Arthrodesis Forefoot or Rearfoot Surgical Skills Course</td>
<td>November 5, 2011—Rearfoot (Saturday)</td>
<td>$825</td>
<td>$1,095</td>
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<tr>
<td>Foot and Ankle Arthroscopy Surgical Skills Course</td>
<td>December 10–11, 2011 (Saturday/Sunday)</td>
<td>$1,595</td>
<td>$1,850</td>
</tr>
</tbody>
</table>

ACFAS Member/Resident Member?  
- Yes—$1,595  
- No—$1,850

Arthrodesis Forefoot or Rearfoot Surgical Skills Course  
ACFAS Member/Resident Member?  
- Yes—$825  
- No—$1,095

**Method of Payment**

- My check payable to American College of Foot and Ankle Surgeons is enclosed.
- Charge my:  
  - Visa  
  - MC  
  - AMEX

**Card #:**  
**Exp. Date:**

**Card Holder Signature:**

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**American College of Foot and Ankle Surgeons®**


Mail or Fax your registration form to:  
American College of Foot and Ankle Surgeons  
Mary V. Meyers, Director of Education Curriculum and Alliances  
8725 W. Higgins Road, Suite 555  
Chicago, IL 60631-2724  
Phone: (800) 421-2237  
Fax: (800) 382-8270

Register online by visiting our web site at [www.acfas.org](http://www.acfas.org)

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### Office Use Only

- Batch No.
- Check No.
- Approval No.
- Amount $
People are saying … about Surgical Skills Courses

This was my second time taking the course. 1st time was 6-years ago. The 2nd time (after performing arthroscopy clinically), I gained much more knowledge and feel more comfortable with my ability to expand my use of arthroscopy in private practice.
—Todd N. Smith, DPM, FACFAS

By far, in ten years, this is the best course that I have attended! You cannot beat the hands on experience that you get with all of the equipment and cadavers. I would recommend this course to everyone. Thank you for a wonderful learning experience!
—Frederick S. Mechanik, DPM, FACFAS

The arthroscopy course gives knowledge and hands-on technique that can be carried out in the lifetime of your career… just overall amazing. Thank you.
—Raha Mobarak, DPM, AACFAS

Trauma Course was just excellent!
—Vadium Glukh, DPM, FACFAS

What a fantastic time at the arthroscopy course in Chicago. Please let the faculty know that is was well worth the 19-hour there-and-back flight time between Australia and Chicago.
—Simon E. Smith, B.Pod, M. Pod, FACPS