FOOT AND ANKLE
surgical skills
courses 2015

American College of
Foot and Ankle Surgeons*

see things differently
the perfect blend of the proven and the cutting edge

Through didactic lectures, focused panel discussions, surgical demonstrations, and hands-on workshops, ACFAS surgical skills courses update practicing surgeons on the latest approaches and techniques.
course highlights

hands-on workshops
About three-quarters of each course is spent in the lab, performing surgical procedures with personalized one-on-one instruction.

learning skills
Become familiar with advanced and restorative techniques of foot and ankle surgery, recognize the risks associated with a variety of treatment approaches and learn state-of-the-art pathways, the use of orthobiologic adjuncts and current trends.

fireside chat
Enjoy one of the highlights of each course. Bring radiographs of your most difficult case on a flash drive to this session that provides a collegial exchange of ideas and dialog on a variety of topics. This is a great opportunity to gather opinions and insight from experienced faculty and participants.
Acquiring surgical techniques and pearls for the O.R. can be invaluable in practice. Stacey Clarke, DPM, FACFAS

Fantastic! Meaningful, concise and well presented. Jason Keppler, DPM, FACFAS

Great experience and very valuable training in the lab – fantastic panel of instructors. Farwa Abid Hoffman, DPM

Excellent course. Would recommend to anyone; a refreshing combination of guidance and freedom. Ryan S. Ohlgart, DPM

Instructors are generous in hands-on instruction and technique pearls. There is never just one way to resolve a case. Christopher Chow, DPM, AACFAS

The Arthroscopy course allows for you to gain hands-on skills with guidance from some of the best in our profession. It is an unparalleled way to learn scopes. Michael Sgango, DPM

Great opportunity to exchange experiences and look at different approaches to surgical options. Marcio Paes Leme, MD Brasilia
Total Ankle Arthroplasty
one 2-day session in Aurora, CO
April 18 and 19

Comprehensive Flatfoot
Reconstruction and Arthrodesis
one 2-day session in Las Vegas, NV
October 17 and 18

Advanced Foot and Ankle Arthroscopy
one 2-day session in Rosemont, IL
November 7 and 8

Foot and Ankle Arthroscopy
four 2-day sessions in Rosemont, IL
May 2 and 3 – sold out
June 19 and 20 – sold out
August 1 and 2 – sold out
December 12 and 13 – sold out
**Total Ankle Arthroplasty**

Gain hands-on experience with the FDA-approved ankle replacement systems. Perform implantation of all four systems in one weekend. This unique skills course is taught by faculty who specialize in total ankle replacement and who will discuss their experiences and surgical decision making and will also offer proven tips to help improve your outcomes. Instructors will assist in hands-on approach to help you get the most out of the lab sessions.

**learning objectives**

- Identify the role of total ankle arthroplasty in managing degenerative, post-traumatic and systemic ankle arthritis.
- Understand patient selection, perioperative, intraoperative and postoperative protocols.
- Gain substantive platform of knowledge on Primary as well as Revision replacement.
- Identify the need for supplementary procedures done commensurate with or in advance of total ankle arthroplasty.
- Review the indications and evaluate the complications for total ankle arthroplasty vs. ankle fusion.

**course chair**

Benjamin D. Overley, Jr., DPM, FACFAS

**faculty**

Stephen A. Brigido, DPM, FACFAS
James A. Cottom, DPM, FACFAS
Lawrence D. DiDomenico, DPM, FACFAS
Christopher F. Hyer, DPM, FACFAS
Thomas S. Roukis, DPM, PhD, FACFAS
Shannon M. Rush, DPM, FACFAS

**Saturday and Sunday, April 18 and 19**

**Science Care, Inc. Lab, 19301 East 23rd Avenue in Aurora, CO (Denver Airport)**

maximum enrollment: 16

**accommodations**

Denver Airport Marriott at Gateway Park, 16455 East 40th Circle in Aurora, CO
complimentary shuttle to Science Care Lab
$99 per night – for room rate, book no later than one month in advance, reference ACFAS 303-371-4333

**schedule**

check-in and breakfast  7:30 – 8:00 am
first day    8:00 am – 5:30 pm
dinner      6:00 pm  fireside chat (required)  6:30 – 8:30 pm
second day  8:00 am – 3:30 pm

**course prerequisite**

This course is limited to Foot and Ankle–ABFAS Certified and RRA–ABFAS Certified physicians. Sorry, no residents will be accepted.

Because online registration is not available for this course, please mail/fax your registration form and the required documentation.
Comprehensive Flatfoot Reconstruction and Arthrodesis

Lectures with an emphasis on indications and technical pearls will be enhanced with panel discussions, video presentations and extended dissection time. Participants will reconstruct a flatfoot in a stepwise fashion over the length of the course. Various surgical approaches will be experienced through a selection of procedures. A diverse and approachable faculty will rotate to different stations to provide technical guidance through differing philosophical approaches, allowing the surgeon to come away with a fresh approach to the surgical management of the adult flatfoot. One cadaver per registrant.

learning objectives

Be knowledgeable of complicated topics and current treatment trends to the adult flatfoot deformity.

Be knowledgeable in contemporary techniques utilized to address problems associated with flatfoot deformities, beginning with staging and evaluation of the PTTD Flatfoot.

Be able to perform reconstructive procedures for stages 2-4 PTTD and address the dilemma of stage 2 PTTD.

Refine a philosophy for procedure selection for treating flatfoot deformities with varying clinical characteristics.

Be familiar with more reconstruction vs. isolated fusion, which joint to fuse, what works and what doesn’t.

course chair

Amber M. Shane, DPM, FACFAS

faculty

Eric A. Barp, DPM, FACFAS
Christopher D. Lotufo, DPM, FACFAS
Ronald G. Ray, DPM, FACFAS
Brett D. Sachs, DPM, FACFAS
Naohiro Shibuya, DPM, FACFAS

Saturday and Sunday, October 17 and 18

Mobile Lab at SpringHill Suites, 2989 Paradise Road in Las Vegas, NV
maximum enrollment: 26

accommodations

SpringHill Suites Las Vegas Convention Center, 2989 Paradise Road in Las Vegas, NV $146 per night – for room rate, book no later than one month in advance, reference American College of Foot and Ankle Surgeons 702-433-5880

schedule

check-in and breakfast 7:30 – 8:00 am
first day 8:00 am – 5:30 pm
dinner and fireside chat 6:00 – 8:00 pm
second day 8:00 am – 3:30 pm
Advanced Foot and Ankle Arthroscopy

Rapidly advancing arthroscopy techniques are providing foot and ankle specialists with unprecedented new treatment options. This course is designed for those surgeons who are already doing arthroscopy in their practice and wish to add to their skill set. Recent advances covered in this course include advanced ankle procedures such as bone cysts, tendoscopy, trauma and arthroscopic fusions, as well as arthroscopic approach to traditionally open approaches and performing arthroscopy to other joints in the foot and ankle. This course provides extensive time in lab sessions to practice your new skills. One cadaver per registrant.

learning objectives
Evaluate and learn techniques for arthroscopic fusions of the ankle and subtalar joint.
Gain familiarity with arthroscopic techniques for the anterior and posterior aspects of the subtalar joint.
Discuss options and complications of arthroscopic techniques for the calcaneal cuboid and 1st MTPJ.
Endoscopic examination of tendons about the foot and ankle.
Learn minimally invasive techniques.

course chair
Michael S. Lee, DPM, FACFAS

faculty
James M. Cottom, DPM, FACFAS
Graham A. Hamilton, DPM, FACFAS
George Tye Liu, DPM, FACFAS
Alan Ng, DPM, FACFAS
Laurence G. Rubin, DPM, FACFAS
Glenn M. Weinraub, DPM, FACFAS

Saturday and Sunday, November 7 and 8
Orthopaedic Learning Center (OLC), 9400 West Higgins Road in Rosemont, IL (Chicago)
maximum enrollment: 36

accommodations
Marriott Suites O’Hare Hotel, 6155 North River Road in Rosemont, IL
complimentary airport van / walking distance to the OLC
$129 per night – for room rate, book no later than one month in advance, reference ACFAS
847-696-4400

schedule
check-in and breakfast  7:30 – 8:00 am
first day  8:00 am – 5:30 pm
dinner and fireside chat  6:00 – 8:00 pm
second day  8:00 am – 3:30 pm

course prerequisite
Prior to registering for this course, registrants must first have attended our Foot and Ankle Arthroscopy course or provide proof of attendance at another recognized 2-day course. Send a certificate of attendance/completion to Maggie Hjelm at hjelm@acfas.org or fax to 800-382-8270.
Foot and Ankle Arthroscopy

Led by a renowned faculty of skilled arthroscopy surgeons, this hands-on course gives you the opportunity to learn and practice established and cutting edge techniques in surgery for the foot and ankle. It features nine hours of laboratory time with the latest equipment and techniques on fresh cadaver specimens (one cadaver per two registrants). Lecture presentations will be enhanced with videotapes of actual arthroscopic cases.

**learning objectives**

Refine arthroscopic techniques of the ankle and subtalar joint, with a focus on motor skill development.

Identify and understand indications for arthroscopic foot and ankle surgery.

Understand and perform the two portal anterior approach to the ankle and be introduced to the posterior portal approach.

Effectively perform soft tissue techniques including synovectomy, fibrous band resection, and gutter debridement.

Be able to approach, resect and saucerize medial and lateral talar dome lesions.

Be able to retrieve loose bodies in the ankle and be introduced to arthroscopic excision of the os trigonum.

Be introduced to arthroscopy of the small joints of the foot.

Be introduced to endoscopic examination of tendons of the foot and ankle.

Understand and perform an arthroscopic ankle fusion.

Understand the risks and complications of foot and ankle arthroscopy and their management.

Become familiar with advanced arthroscopic equipment available including thermal ablation, motorized instrumentation, hand instruments, microvector techniques and distraction.

**course is sold out**

Please contact Maggie Hjelm at hjelm@acfas.org to be put on the waiting list.

Saturday and Sunday, May 2 and 3
Friday and Saturday, June 19 and 20
Saturday and Sunday, August 1 and 2
Saturday and Sunday, December 12 and 13

**Orthopaedic Learning Center (OLC), 9400 West Higgins Road in Rosemont, IL (Chicago)**

maximum enrollment: 48

**accommodations**

Marriott Suites O’Hare Hotel, 6155 North River Road in Rosemont, IL
complimentary airport van / walking distance to the OLC
$129 per night – for room rate, book no later than one month in advance, reference ACFAS 847-696-4400

**schedule**

check-in and breakfast 7:30 – 8:00 am
first day 8:00 am – 5:30 pm
dinner and fireside chat 6:00 – 8:00 pm
second day 8:00 am – 3:30 pm
surgical skills
committee 2015

chair
Christopher D. Lotufo, DPM, FACFAS

board liaison
John S. Steinberg, DPM, FACFAS

Eric A. Barp, DPM, FACFAS
William T. DeCarbo, DPM, FACFAS
Lewis H. Freed, DPM, FACFAS
Matthew A. Hopson, DPM, FACFAS
Allen M. Jacobs, DPM, FACFAS
Benjamin D. Overley, Jr., DPM, FACFAS
Amber M. Shane, DPM, FACFAS
Glenn M. Weinraub, DPM, FACFAS

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Des Moines, IA

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Mariana, FL

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HealthPartners Medical Group
St Paul, MN

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Foot & Ankle Center at Coordinated Health
Bethlehem, PA

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Omaha, NE

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Blair Orthopedic Associates
Altoona, PA

James M. Cottom, DPM, FACFAS
Sarasota Orthopedic Associates
Sarasota, FL

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Fort Dodge, IA

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Portland, OR

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Carle Clinic Association
Urbana, IL
Graham A. Hamilton, DPM, FACFAS
Kaiser Permanente Antioch
Antioch, CA

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Greeley, CO

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Orthopaedic Institute of Central Jersey
Manasquan, NJ

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TPMG Orthopedics and Sports Medicine
Williamsburg, VA

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Highline Foot & Ankle Clinic
Burien, WA

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Orthopedic Foot & Ankle Center
Westerville, OH

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Palo Alto Medical Foundation
Mountain View, CA

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Capital Orthopaedics & Sports Medicine, PC
Des Moines, IA

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UT Southwest Medical Center/Orthopaedics
Dallas, TX

Christopher D. Lotufo, DPM, FACFAS
The Vancouver Clinic
Vancouver, WA

Alan Ng, DPM, FACFAS
Advanced Orthopedic & Sports Medicine Specialists
Denver, CO

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The Sports Medicine Institute
Pottstown, PA

Sandeep B. Patel, DPM, FACFAS
Kaiser Permanente
Antioch, CA

Ronald G. Ray, DPM, FACFAS
Foot & Ankle Clinic of Montana
Great Falls, MT

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Gundersen Health System
La Crosse, WI

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Foot & Ankle Specialists of Virginia
Mechanicsville, VA

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Palo Alto Medical Foundation–Camino Division
Mountain View, CA

Brett D. Sachs, DPM, FACFAS
Rocky Mountain Foot & Ankle Center
Wheat Ridge, CO

Amber M. Shane, DPM, FACFAS
Orlando Foot & Ankle Clinic
Orlando, FL

Jonathan J. Sharpe, DPM, FACFAS
Orthopedic Associates of Lake County
Concord, OH

Naohiro Shibuya, DPM, FACFAS
Scott & White Memorial Hospital
Temple, TX

Matthew D. Sorensen, DPM, FACFAS
Weil Foot and Ankle Institute
Des Plaines, IL

Michael H. Theodoulou, DPM, FACFAS
Cambridge Health Alliance
Cambridge, MA

James L. Thomas, DPM, FACFAS
The Orthopaedic Clinic
Opelika, AL

Michael D. VanPelt, DPM, FACFAS
UT Southwestern Medical Center
Dallas, TX

Glenn M. Weinraub, DPM, FACFAS
The Permanente Medical Group
Union City, CA

Matthew E. Williams, DPM, FACFAS
Virginia Mason Medical Center
Lynnwood, WA
Accreditation  The American College of Foot and Ankle Surgeons is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The American College of Foot and Ankle Surgeons has approved each of these activities for a maximum of 16 continuing education contact hours. California Radiology Credit: Every hour of lecture in scientific sessions can confer up to 0.6 hour of radiology credit.

Course Policies  To participate in surgical skills courses, you will be required to sign a waiver of liability prior to the course. College policy mandates that every individual must wear protective wear provided by the laboratory during the lab sessions in order to participate in these courses. Course registrants are to bring their own scrubs to wear in the lab.

Disclaimer  The ACFAS surgical skills courses are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

Course content and faculty are subject to change.
For over 20 years, our hands-on workshops have helped enrich clinical knowledge and expedite surgical decision-making.

Each course provides busy surgeons with a way to keep current and learn about new alternatives, while earning 16 Continuing Education Contact Hours.
registration only for
Total Ankle Arthroplasty
Course fee includes breakfasts, refreshment breaks, lunches, dinner/fireside chat and 16 Continuing Education Contact Hours.

mail/fax this form with documentation
American College of Foot and Ankle Surgeons
8725 West Higgins Road, Suite 555
Chicago, IL 60631-2724
800-421-2237 | 800-382-8270 fax

I am registering for the Total Ankle Arthroplasty Course | April 18 and 19

NAME

ADDRESS

CITY
STATE & ZIP

TEL
FAX

EMAIL

Please indicate type of the certification, and provide ONE of the documentation options:

☐ Foot and Ankle—ABFAS Certified
☐ I have performed Ankle Replacement Surgery | 3 redacted operative reports included
☐ I have performed 10 Ankle Fusions in the last 3 years | 3 redacted operative reports included
☐ I have privileges to do Ankle Fusion at my hospital, but do not have access to patient records | confirmation letter from hospital included

☐ RRA—ABFAS Certified
☐ I have performed Ankle Replacement Surgery | 3 redacted operative reports included
☐ I have performed 10 Ankle Fusions in the last 3 years | 3 redacted operative reports included
☐ I have privileges to do Ankle Fusion at my hospital, but do not have access to patient records | confirmation letter from hospital included
☐ I have not performed Ankle Fusion in practice | copy of residency log included

ACFAS members = $2200, non-members = $2500
NOTE: resident registrations not accepted

☐ My check payable to American College of Foot and Ankle Surgeons is enclosed.

☐ Visa ☐ MasterCard ☐ AmEx

ACCOUNT NO. EXP DATE

SECURITY NO. Visa/MC: last 3 digits on back | AmEx: 4 digits on front

SIGNATURE

If you have special needs addressed by the Americans with Disabilities Act, or if you require kosher meals, call us or email hjelm@acfas.org. Kosher meals can only be provided if requested one (1) week prior to the start of the course.

office use only: BATCH NO. CHECK NO. APPROVAL NO. AMOUNT $
### I am registering for the following ACFAS Surgical Skills Course(s):

- [ ] Comprehensive Flatfoot | October 17 and 18
- [ ] Advanced Foot and Ankle Arthroscopy | November 7 and 8
- [xxx] Foot and Ankle Arthroscopy | course is sold out

*Please contact Maggie Hjelm at hjelm@acfas.org to be put on the waiting list.*

### NAME

Enter your name here.

### ADDRESS

Enter your address here.

### CITY | STATE & ZIP

Enter your city and state zip here.

### TEL | FAX

Enter your telephone number and fax number here.

### EMAIL

Enter your email address here.

### ACFAS member/resident member = $1725 each course

### non-member/resident non-member = $1990 each course

### TOTAL $

Enter the total cost here.

- [ ] My check payable to **American College of Foot and Ankle Surgeons** is enclosed.

- [ ] Visa    [ ] MasterCard    [ ] AmEx

### ACCOUNT NO. | EXP DATE

Enter your account number and expiration date here.

### SECURITY NO.

Enter your security number here. Visa/MC: last 3 digits on back | AmEx: 4 digits on front

### SIGNATURE

Signature required.

**secure your spot in these 2 courses by registering online now at** [acfas.org/education](http://acfas.org/education)

If you have special needs addressed by the Americans with Disabilities Act, or if you require kosher meals, call us or email hjelm@acfas.org. Kosher meals can only be provided if requested one (1) week prior to the start of the course.