



American
College of
Foot and Ankle
Surgeons®

ACFAS BASIC LEARNING PATHWAY: Terrible Toes! Etiology, Treatment and Complications of Hammertoes

Learning Objectives of this Pathway:

- Understand fixation methods of IPJ arthrodesis
- Recognize and understand complications of hammertoe surgery

Day 1:

JFAS Journal Full Collection Articles:

[Hammertoes](#)

Clinical Sessions (individual):

- [5th Digit Pathology – Arthroplasty](#)
- [My Toe Won't Touch the Ground](#)

Day 2:

Clinical Sessions (full course):

[Complex Digital Work](#)

Day 3:

JFAS Journal Articles:

- [Radiographic and Clinical Comparison of Proximal Interphalangeal Joint Arthrodesis Between a Static and Dynamic Implant](#)
- [Clinical Comparison Between Shortening Osteotomy of the Proximal Phalanx Neck and Arthrodesis in Hammer Toe Surgery at Mid-Term Follow-Up](#)
- [Anatomic Reconstruction Versus Traditional Rebalancing in Lesser Metatarsophalangeal Joint Reconstruction](#)

The ACFAS learning pathways are a tool to be used by residency directors, fellowship directors and school faculty to aid with didactic learning during the COVID-19 crisis. They are not intended to replace a curriculum, but to supplement student and resident education during this time of need.

The learning pathways are divided into basic, intermediate, and advanced categories.

Pathways have been organized into specific topics that have a variety of educational materials from the ACFAS On Demand course content. They also include journal articles with links primarily from the Journal of Foot and Ankle Surgery (JFAS).

Additional Outside Journal References:

[Are Prophylactic Perioperative Antibiotics Required for Isolated Forefoot Procedures, Such as Hammertoes?](#)

Foot Ankle Int. 2019 Jul;40(1_suppl):17S-18S. doi: 10.1177/1071100719859374.

[Mallet Toes, Hammertoes, Neuromas, and Metatarsophalangeal Joint Instability: 40 Years of Development in Forefoot Surgery.](#)

Indian J Orthop. 2020 Jan 15;54(1):3-13. doi: 10.1007/s43465-019-00015-3. eCollection 2020 Feb.

[Risk Factors for Failure in Hammertoe Surgery.](#)

Foot Ankle Int. 2020 Feb 6:1071100720904931. doi: 10.1177/1071100720904931. [Epub ahead of print]

[Incidence and Risk Factors for Pin Site Infection of Exposed Kirschner Wires Following Elective Forefoot Surgery.](#)

Foot Ankle Int. 2019 Oct;40(10):1154-1159. doi: 10.1177/1071100719855339. Epub 2019 Jun 12.

[Effectiveness of the Cobb-Stainsby excision arthroplasty.](#)

Matthews AH, Jagodzinski NA, Westwood M, Metcalfe JE, Trimble KT.

Foot Ankle Surg. 2018 Feb;24(1):49-53. doi: 10.1016/j.fas.2016.11.007. Epub 2016 Nov 25.

[Treatment of Rigid Hammer-Toe Deformity: Permanent Versus Removable Implant Selection.](#)

Doty JF, Fogleman JA.

Foot Ankle Clin. 2018 Mar;23(1):91-101. doi: 10.1016/j.fcl.2017.09.007. Review.

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