



**American College of  
Foot and Ankle Surgeons®**

*Proven leaders. Lifelong learners. Changing lives.*

# ACFAS ON THE ROAD

In the Trenches  
Workshop and Seminar

## FALL 2018

**Midwest Region**  
October 5-6, 2018  
Minneapolis, MN

**Tri-State Region**  
October 26-27, 2018  
Berkeley Heights, NJ

**Big West Region**  
December 7-8, 2018  
Denver, CO

## SPRING 2019

**Southeast Region**  
April 26-27, 2019  
Orlando, FL

**Gulf States Region**  
May 3-4, 2019  
Houston, TX

INTEGRA  
LIMIT UNCERTAINTY

Exclusively foot & ankle  
Paragon<sup>20</sup>

stryker<sup>®</sup>

WRIGHT  
FOCUSED EXCELLENCE

## ACFAS IN THE TRENCHES

### Current strategies – local – cost effective – convenient practical hands-on (sawbone) labs

The focus of this seminar is intended to be both informative and inspirational, providing insights into challenges, techniques and philosophy. Multiple treatment options exist...we are, "In the Trenches" together. Learn from expert faculty and each other. This advanced-level content includes interactive case discussion.

A partnered project between the College and five (5) ACFAS Regions is bringing a series of hands-on workshops to your area.

Each program will begin Friday evening with a presentation on "Controversies and Complications", followed by beer, wine and heavy appetizers along with case studies. *Participants, please bring work cases to share.* Saturday will provide a full day schedule of succinct lectures followed by hands-on workshops.

Labs will include a variety of products from multiple manufacturers. Panel discussions offer opportunities to challenge the course faculty and review problematic cases.

### 12 Continuing Education Contact Hours

#### Objectives

- Understand relevant surgical approaches for a variety of foot and ankle surgery.
- Apply technical skills in a variety of fixation options for treatment of foot surgery.
- Evaluate patients and select the appropriate surgical approach using indications and outcomes following a variety of foot fixation.
- Manage patient cases involving staging principles, positioning, and fluoroscopy methods.

#### Fees

ACFAS Member - \$215  
Non-Member - \$265  
ACFAS Resident Member - \$89

ACFAS extends sincere appreciation for support of these programs by the following:

INTEGRA<sup>®</sup>  
LIMIT UNCERTAINTY

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Paragon<sup>®</sup>

stryker<sup>®</sup>

WRIGHT<sup>®</sup>  
FOCUSED EXCELLENCE

## FACULTY

### Fall 2018

#### October 5-6, 2018 – Minneapolis, MN

**Michael D. Dujela, DPM, FACFAS, Chair**  
Washington Orthopaedic Center  
Centralia, WA

**Aksone Nouvong, DPM, FACFAS**  
Western University of Health Sciences  
Pomona, CA

**Harry P. Schneider, DPM, FACFAS**  
Cambridge Health Alliance  
Cambridge, MA

#### October 26-27, 2018 – Berkeley Heights, NJ

**Brett D. Sachs, DPM, FACFAS, Chair**  
Rocky Mountain Foot & Ankle Center  
Wheat Ridge, CO

**Katherine E. Dux, DPM, FACFAS**  
Loyola University Health System  
Maywood, IL

**Jeffrey E. McAlister, DPM, FACFAS**  
The CORE Institute  
Phoenix, AZ

#### December 7-8, 2018 – Denver, CO

**Naohiro Shibuya, DPM, MS, FACFAS, Chair**  
Texas A&M University  
Health & Science Center  
Temple, TX

**Shane M. Hollawell, DPM, FACFAS**  
Orthopaedic Institute of Central Jersey  
Wall Township, NJ

**Paul D. Dayton, DPM, MS, FACFAS**  
Foot & Ankle Center of Iowa  
Ankeny, IA

### Spring 2019

#### April 26-27, 2019 – Orlando, FL

**Thanh L. Dinh, DPM, FACFAS, Chair**  
Israel Deaconess Medical Center  
Boston, MA

**Kyle C. Fiala, DPM, FACFAS**  
Missouri Orthopaedic Institute  
Columbia, MO

**Jonathan J. Sharpe, DPM, FACFAS**  
Orthopedic Associates Lake County  
Concord, OH

#### May 3-4, 2019 – Houston, TX

**Laurence G. Rubin, DPM, FACFAS, Chair**  
Foot & Ankle Specialists of Virginia  
Mechanicsville, VA

**J. Randolph Clements, DPM, FACFAS**  
Virginia Tech - Carilion School of Medicine  
Roanoke, VA

**Brandi M. Johnson, DPM, FACFAS**  
Advanced Foot & Ankle Specialists  
Brandon, FL

## ATTENDEE HOTEL ACCOMMODATIONS

To reserve a room, contact the hotel directly and reference the American College of Foot and Ankle Surgeons or make reservations online via link at [acfas.org/education](http://acfas.org/education).

### Fall 2018

#### October 5-6, 2018

##### Minneapolis Airport Marriott

2020 American Boulevard E  
Bloomington, MN 55425  
\$124/night

Hotel rate cut-off date:

September 14, 2018 (before 5:00 pm CT)

Reservations by phone at  
800-228-9290 or 952-854-7441

#### October 26-27, 2018

##### Embassy Suites by Hilton

250 Connell Drive  
Berkeley Heights, NJ 07922  
\$139/Single or Double, \$149/Triple, \$159/Quad

Hotel rate cut-off date:

September 26, 2018 (before 5:00 pm ET)

Reservations online via link at  
[acfas.org/education](http://acfas.org/education) or by phone  
at 844-714-1511

#### December 7-8, 2018

##### Renaissance Denver Downtown City Center Hotel

918 17th Street  
Denver, CO 80202  
\$149/Single or Double, \$159/Triple, \$169/Quad

Hotel rate cut-off date:

November 7, 2018 (before 5:00 pm MT)

Reservations by phone at  
800-627-7468

### Spring 2019

#### April 26-27, 2019

##### Hilton Orlando Bonnet Creek

14100 Bonnet Creek Resort Lane  
Orlando, FL 32821

\$179/Single or Double

Hotel rate cut-off date:

April 5, 2019 (before 5:00 pm ET)

Reservations online via link at  
[acfas.org/education](http://acfas.org/education)

#### May 3-4, 2019

##### Hilton Americas - Houston

1600 Lamar Street

Houston, TX

\$175/Single or Double, \$200/Triple,  
\$225/Quad

Hotel rate cut-off date:

April 12, 2019 (before 5:00 pm CT)

Reservations online via link at  
[acfas.org/education](http://acfas.org/education)

# AGENDA

## DAY ONE - FRIDAY – 3:30 – 7:30 PM

<b>3:30 – 4:00 pm</b>	<b>Registration</b>
<b>4:00 – 5:00 pm</b>	<b>Complications—Faculty Presentations</b>
<b>5:00 – 5:30 pm</b>	<b>Reception</b> <i>(Appetizers and libations will be served)</i>
<b>5:30 – 7:30 pm</b>	<b>Audience Cases: Controversies and Complications</b> <i>Participants are invited to present cases for panel discussion.</i>

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### *3.0 Continuing Education Contact Hours*

## DAY TWO - SATURDAY – 7:30 AM - 6:00 PM

<b>7:30 – 8:00 am</b>	<b>Check-in/Continental Breakfast</b>
<b>8:00 – 9:30 am</b>	<b>Everyday Issues</b> <ul style="list-style-type: none"><li>• Osteotomy Tips &amp; Pearls - HAV</li><li>• Anatomy &amp; Mechanics of the First Ray</li><li>• Jones Fracture—Fix or Cast?</li><li>• PIPJ Fusion Options for Hammertoes</li><li>• First MTP Arthritis Repair Options</li><li>• Bone Grafting Options &amp; Techniques</li><li>• Lesser Metatarsal Osteotomy Options</li></ul>
<b>9:30 – 9:45 am</b>	<b>Panel Discussion</b>
<b>9:45 – 10:00 am</b>	<b>Break</b>
<b>10:00 – 11:30 am</b>	<b>Lab (Sawbones)</b> <ul style="list-style-type: none"><li>• Jones Fracture Fixation Options</li><li>• Tri-plane TMTJ Fusion</li><li>• First Metatarsal Osteotomy Variations</li><li>• First MTP Fusion</li></ul>
<b>11:30 – 11:45 am</b>	<b>Panel Discussion</b>

**11:45 am – 1:00 pm**

**Lunch/Debate the Finer Points of Patient Management**

- Role of Equinus in Foot Pathology
- Gastrocnemius Lengthening Options & Techniques
- Plantar Fasciitis Solutions: Beyond Plantar Fasciotomy
- Early vs. Delayed Postoperative WB for First Ray Fusions
- The New AO Principles: Relative Stability vs. Rigid Fixation
- Post-operative Pain Management Pearls
  - Multimodal Pain Management

**1:00 – 1:15 pm**

**Panel Discussion**

**1:15 – 2:45 pm**

**Lab**

- Lesser Metatarsal Osteotomy Options
- TMT Fusion Options
- Understanding the Options - Comparison Exercise: Screws, Plates & Staples

**2:45 – 3:00 pm**

**Panel Discussion**

**3:00 – 3:15 pm**

**Break**

**3:15 – 6:00 pm**

**Getting It Right! Our Top Pearls of Wisdom – Tips, Tricks and Quips from Faculty**

- Peroneal Tendon Repair vs. Transfer
- Assessing Ankle Instability – It's Not Only the Ligaments
- Achilles Tendon Rupture—Who Needs Surgery Anyway?
- Retrocalcaneal Exostosis Repair Approaches
- Perioperative Myths and Folklore

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**9.0 Continuing Education Contact Hours**

*Note: Course content and faculty are subject to change.*

## GENERAL INFORMATION

### Accreditation

The American College of Foot and Ankle Surgeons (ACFAS) is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The ACFAS has approved this activity for a maximum of 12 continuing education contact hours.

*California Radiology Credit:* Every hour of lecture in scientific sessions can confer up to 0.6 hour of radiology credit.

### Disclaimer

ACFAS workshops and seminars are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

### Photographs/Videos

**Audio/video taping or recording or photographing of sessions is prohibited.**

ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the program for ACFAS purposes.

### Tax Deduction for Education Purposes

In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: *Coughlin v Commissioner*, 203 F.2d 307 (2d Cir.1953)).

### Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify ACFAS at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: [sheila.alegria@acfas.org](mailto:sheila.alegria@acfas.org).

### Seminar Cancellation Policy

Cancellation requests must be in writing. Requests received by the ACFAS four (4) weeks prior to the course date will receive a full refund minus a \$75 administrative fee. No refunds will be given for cancellations received less than four (4) weeks prior to the course.

ACFAS reserves exclusive right to modify, postpone/reschedule or cancel programs for any reason, including but not limited to emergency, inclement weather, or other 'acts of God'. Every attempt will be made to reschedule and registration fees will be applied to the rescheduled event date. Any travel, lodging, or incidental expenses incurred cannot be refunded by ACFAS under any circumstance. You may wish to consider personal travel insurance for such expenses. If a cancelled event cannot be rescheduled, ACFAS will determine an equitable basis for the refund of a portion or all of the registration fee.

# REGISTRATION FORM

## ACFAS ON THE ROAD—

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Limited space available

(Please print clearly)



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Name: \_\_\_\_\_  DPM  Other \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

### Seminar Site Requested

#### Fall 2018

**Midwest Region**

October 5-6, 2018

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### Seminar Registration Fees

ACFAS Member \$215     Non-Member \$265     ACFAS Resident Member \$89

**Seminar registration fee includes** 12 continuing education contact hours, Friday evening refreshments, continental breakfast, lunch and refreshment breaks on Saturday.

#### Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify us at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: sheila.alegria@acfas.org; phone: 800-421-2237.

My check payable to *American College of Foot and Ankle Surgeons* is enclosed.

Please charge my credit card:  AMEX  MC  VISA

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Number (VISA/MC - last 3 digits on back; AMEX - 4 digits on front) \_\_\_\_\_

Signature: \_\_\_\_\_

### Register online: [acfas.org](http://acfas.org).

You may mail or fax completed registration form(s) to:

American College of Foot and Ankle Surgeons Attn: Education Department

8725 West Higgins Road, Suite 555

Chicago, IL 60631-2724

Phone: 800-421-2237 Fax: 800-382-8270

Office Use Only:

Batch No. \_\_\_\_\_ Check No. \_\_\_\_\_ Approval No. \_\_\_\_\_ Amount: \$ \_\_\_\_\_