



**American College of
Foot and Ankle Surgeons®**

Proven leaders. Lifelong learners. Changing lives.

ON THE ROAD WITH ACFAS

Fixing a Flat: Comprehensive Approach to Pes Valgus *Workshop and Seminar*

Fall 2019

Great Lakes Region

November 1-2, 2019
Cincinnati, OH

Pacific Region

November 8-9, 2019
Torrance (Redondo Beach), CA

Northeast Region

December 6-7, 2019
Burlington, MA

Spring 2020

Mid-Atlantic Region

May 1-2, 2020
Charlotte, NC

Midwest Region

May 15-16, 2020
St. Louis, MO

Exclusively foot & ankle
Paragon²⁰

MEDLINE
UNITE[®]
FOOT & ANKLE

ON THE ROAD WITH ACFAS

Fixing a Flat

Current strategies – local – cost effective – convenient practical hands-on (sawbone) labs

This program combines short to-the-point lectures and is dedicated to hands-on, small group, round robin discussions. Lecturers and attendees learn (best) from one another. There is time to talk one-on-one and review a variety of valuable Tips and Techniques.

A partnered project between the College and five (5) ACFAS Regions is bringing a series of hands-on workshops to your area.

Labs will include a variety of products from multiple manufacturers. Panel discussions offer opportunities to challenge the course faculty and review problematic cases.

12 Continuing Education Contact Hours

Objectives

- Gain understanding of the numerous mechanical, osseous and soft tissue pathologies associated with pediatric and adult acquired flatfoot.
- Evaluate patients with multiplanar deformity and formulate a treatment plan.
- Understand the tri-planar mechanics of the flatfoot and application of a variety of surgical procedures to correct the deformity components.
- Gain knowledge and skill with a variety of fixation and graft devices.
- Compare and contrast the indications and treatment for various stages of flatfoot pathology.

*The ACFAS
has designated an
unrestricted
educational grant
from our sponsors
to support
this workshop.*

Exclusively foot & ankle
Paragon

ACELLINE
UNITE
FOOT & ANKLE

Fees

ACFAS Member - \$215

Non-Member - \$265

ACFAS Resident Member - \$89

Faculty

Fall 2019

November 1-2, 2019 – Cincinnati, OH

Michael D. Dujela, DPM, FACFAS, Chair
Washington Orthopaedic Center
Centralia, WA

Jeffrey E. McAlister, DPM, FACFAS
Arcadia Orthopedics and Sports Medicine
Phoenix, AZ

Mitzi L. Williams, DPM, FACFAS
Kaiser Permanente
Oakland, CA

November 8-9, 2019 – Torrance (Redondo Beach), CA

Brett D. Sachs, DPM, FACFAS, Chair
Rocky Mountain Foot & Ankle Center
Wheat Ridge, CO

Paul D. Dayton, DPM, MS, FACFAS
Foot & Ankle Center of Iowa
Ankeny, IA

Ryan T. Scott, DPM, FACFAS
The CORE Institute
Scottsdale, AZ

December 6-7, 2019 – Burlington, MA

Naohiro Shibuya, DPM, MS, FACFAS, Chair
Texas A&M University
Health & Science Center
Temple, TX

Shane M. Hollawell, DPM, FACFAS
Orthopaedic Institute of Central Jersey
Wall Township, NJ

Jonathan J. Sharpe, DPM, FACFAS
Orthopedic Associates Lake County
Concord, OH

Spring 2020

May 1-2, 2020 – Charlotte, NC

Thanh L. Dinh, DPM, FACFAS, Chair
Beth Israel Deaconess Medical Center
Boston, MA

Jason George DeVries, DPM, FACFAS
Orthopedic & Sports Medicine – BayCare Clinic
Manitowoc, WI

Kyle C. Fiala, DPM, FACFAS
Missouri Orthopaedic Institute
Columbia, MO

May 15-16, 2020 – St. Louis, MO

Laurence G. Rubin, DPM, FACFAS, Chair
Foot & Ankle Specialists of Virginia
Mechanicsville, VA

Benjamin D. Cullen, DPM, FACFAS
San Diego Podiatry Group
San Diego, CA

Brandi M. Johnson, DPM, FACFAS
Advanced Foot & Ankle Specialists
Brandon, FL

Attendee Hotel Accommodations

To reserve a room, contact the hotel directly and reference the American College of Foot and Ankle Surgeons or make **reservations online via link at [acfas.org/education](https://www.acfas.org/education)**.

Fall 2019

November 1-2, 2019

The Westin Cincinnati

21 East 5th Street
Cincinnati, OH 45202

\$149/night

Hotel rate cut-off date:

October 16, 2019 (before 5pm ET)

Reservations by phone at 800-937-8461.

November 8-9, 2019

Torrance Marriott Redondo Beach

3635 Fashion Way

Torrance (Redondo Beach), CA 90503

\$119/night

Hotel rate cut-off date:

October 18, 2019 (before 5pm PT)

Reservations by phone at 800-228-9290
or 310-316-3636.

December 6-7, 2019

Hilton Garden Inn Boston/Burlington

5 Wheeler Road

Burlington, MA 01803

\$99/night

Hotel rate cut-off date:

November 22, 2019 (before 5pm ET)

Reservations by phone at 781-272-8800.

Spring 2020

May 1-2, 2020

DoubleTree Suites by Hilton Charlotte SouthPark

6300 Morrison Boulevard

Charlotte, NC 28211

\$159/night

Hotel rate cut-off date:

April 10, 2020 (before 5pm ET)

Reservations by phone at 800-445-8667
or 704-364-2400.

May 15-16, 2020

Embassy Suites by Hilton St. Louis Downtown

610 North 7th Street

St. Louis, MO 63101

\$159/Night

Hotel rate cut-off date:

April 24, 2020 (before 5pm CT)

Reservations by phone
at 800-362-2779.

AGENDA

Day One: Friday

Complications & Challenging Cases – 3:30 - 7:30 pm

3:30 – 4:00 pm	Registration
4:00 – 5:00 pm	1. Lightening Round: Faculty will each give an overview of their technique for Gastroc recession. 2. FDL Transfer and Other Soft Tissue Procedures: Is there indication for soft tissue repair/balancing in every extra articular correction? What is the role of soft tissue?
5:00 – 5:30 pm	Network Reception <i>(Appetizers and beverages will be served)</i>
5:30 – 7:30 pm	Flatfoot Complications / Revisions / Challenging Case Presentation <i>Participants are invited to present cases for panel discussion.</i>

3.0 Continuing Education Contact Hours

Day Two: Saturday Morning Session – 7:30 am - 12:00 pm

7:30 – 8:00 am	Check-in/Continental Breakfast
8:00 – 8:10 am	Overview of Pertinent Mechanics and Deformity Planal Components
8:10 – 8:30 am	Evaluation of the Patient & Imaging
8:30 – 8:45 am	Factors for Successful Patient Selection
8:45 – 9:00 am	Posterior Lengthening for Equinus: What is the Effect on Mechanics of the Foot?
9:00 – 9:10 am	What Does the Evans Calcaneal Osteotomy Accomplish Mechanically?
9:10 – 9:25 am	Evans Osteotomy Technique with Fixation: Screw vs. Plate
9:25 – 9:45 am	Graft Choice for Evans: Allograft, Autograft, Ceramics, Titanium

AGENDA

9:45 – 10:00 am	Posterior Calcaneal Osteotomy: What is the Role?
10:00 – 10:15 am	Posterior Calcaneal Osteotomy Technique & Fixation Options
10:15 – 10:30 am	Q&A / Discussion / Break
10:30 – 12:00 pm	Lab (Sawbones): Evans Osteotomy, Posterior Calcaneal Osteotomy

Day Two: Saturday Afternoon Session – 12:00 pm - 6:00 pm

12:00 – 12:45 pm	Lunch / Discussion: Is There a Role for Arthroeresis in the Adult Acquired Flatfoot?
12:45 – 1:00 pm	Medial Column Procedure Overview (Cotton, TMTJ Fusion, Medial Column Fusion)

FUSION TECHNIQUES OF FLAT FOOT

1:00 – 1:15 pm	Isolated STJ Fusion: Rational, Technique and Fixation Options
1:15 – 1:30 pm	Medial Double Fusion: Rational, Technique and Fixation Options
1:30 – 1:45 pm	Isolated TN Fusion
1:45 – 3:00 pm	Lab (Sawbones): Fusion Procedures and Soft Tissue Anchor Techniques
3:00 – 3:15 pm	Break
3:15 – 6:00 pm	Breaking Down the Controversies <ul style="list-style-type: none">• Is the Triple Arthrodesis Dead?• How Many Procedures is Too Many: When to Stage Procedures?• Should the Evans Osteotomy be Fixated?• The Overcorrected & Under Corrected Flatfoot: Options for Salvage• Is there Indication for Soft Tissue Repair / Balancing in Every Extra Articular Correction?• Is a Double Calcaneal Osteotomy Procedure Really Necessary?• Surgical Myths and Folklore

9.0 Continuing Education Contact Hours

Note: Course content and faculty are subject to change.

GENERAL INFORMATION

Accreditation

The American College of Foot and Ankle Surgeons (ACFAS) is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The ACFAS has approved this activity for a maximum of 12 continuing education contact hours.

California Radiology Credit: Every hour of lecture in scientific sessions can confer up to 0.6 hour of radiology credit.

Disclaimer

ACFAS workshops and seminars are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

Photographs/Videos

Audio/video taping or recording or photographing of sessions is prohibited.

ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the program for ACFAS purposes.

Tax Deduction for Education Purposes

In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: *Coughlin v Commissioner*, 203 F.2d 307 (2d Cir.1953)).

Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify ACFAS at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: sheila.alegria@acfias.org.

Seminar Cancellation Policy

Cancellation requests must be in writing. Requests received by the ACFAS four (4) weeks prior to the course date will receive a full refund minus a \$75 administrative fee. No refunds will be given for cancellations received less than four (4) weeks prior to the course.

ACFAS reserves exclusive right to modify, postpone/reschedule or cancel programs for any reason, including but not limited to emergency, inclement weather, or other 'acts of God'. Every attempt will be made to reschedule and registration fees will be applied to the rescheduled event date. Any travel, lodging, or incidental expenses incurred cannot be refunded by ACFAS under any circumstance. You may wish to consider personal travel insurance for such expenses. If a cancelled event cannot be rescheduled, ACFAS will determine an equitable basis for the refund of a portion or all of the registration fee.

REGISTRATION FORM

On the Road with ACFAS –

Fixing a Flat: Comprehensive Approach to Pes Plano Valgus Workshop and Seminar

Limited space available

(Please print clearly)



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Name: _____ DPM Other _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone: (____) _____ Fax: (____) _____

Email Address: _____

Seminar Site Requested

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Great Lakes Region

November 1-2, 2019
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Seminar Registration Fees

ACFAS Member \$215 Non-Member \$265 ACFAS Resident Member \$89

Seminar registration fee includes 12 continuing education contact hours, Friday evening refreshments, continental breakfast, lunch and refreshment breaks on Saturday.

Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify us at the time you register. E-mail: sheila.alegria@acfas.org; phone: 800-421-2237. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course.

My check payable to *American College of Foot and Ankle Surgeons* is enclosed.

Please charge my credit card: AMEX MC VISA

Card Number: _____ Exp. Date: _____

Security Number (VISA/MC - last 3 digits on back; AMEX - 4 digits on front) _____

Signature: _____

Register online: acfas.org.

You may mail or fax completed registration form(s) to:

American College of Foot and Ankle Surgeons Attn: Education Department
8725 West Higgins Road, Suite 555 Chicago, IL 60631-2724
Phone: 800-421-2237 Fax: 800-382-8270

Office Use Only:

Batch No. _____ Check No. _____ Approval No. _____ Amount: \$ _____