On the Road with ACFAS – Fixing a Flat: Comprehensive Approach to Pes Plano Valgus Seminar and Workshop

Agenda

Day One: Friday - Complications & Challenging Cases – 3:30 - 7:30 pm

3:30 – 4:00 pm Registration
4:00 – 5:00 pm 1. Lightening Round: Faculty will each give an overview of their technique for Gastroc recession.
                2. FDL Transfer and Other Soft Tissue Procedures: Is there indication for soft tissue repair/balancing in every extra articular correction? What is the role of soft tissue?
5:00 – 5:30 pm Network Reception (Appetizers and beverages will be served)
5:30 – 7:30 pm Flatfoot Complications / Revisions / Challenging Case Presentation
                Participants are invited to present cases for panel discussion.

3.0 Continuing Education Contact Hours

Day Two: Saturday Morning Session – 7:30 am - 12:00 pm

7:30 – 8:00 am Check-in/Continental Breakfast
8:00 – 8:10 am Overview of Pertinent Mechanics and Deformity Planal Components
8:10 – 8:30 am Evaluation of the Patient & Imaging
8:30 – 8:45 am Factors for Successful Patient Selection
8:45 – 9:00 am Posterior Lengthening for Equinus: What is the Effect on Mechanics of the Foot?
9:00 – 9:10 am What does the Evans Calcaneal Osteotomy Accomplish Mechanically?
9:10 – 9:25 am Evans Osteotomy Technique with Fixation: Screw vs. Plate
9:25 – 9:45 am Graft Choice for Evans: Allograft, Autograft, Ceramics, Titanium
9:45 – 10:00 am Posterior Calcaneal Osteotomy: What is the Role?
10:00 – 10:15 am Posterior Calcaneal Osteotomy Technique & Fixation Options
10:15 – 10:30 am Q&A / Discussion / Break
10:30 am – 12:00 pm Lab (Sawbones): Evans Osteotomy, Posterior Calcaneal Osteotomy
Day Two: Saturday Afternoon Session – 12:00 pm - 6:00 pm

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>12:00 – 12:45 pm</td>
<td>Lunch / Discussion: Is There a Role for Arthroeresis in the Adult Acquired Flatfoot?</td>
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<td>12:45 – 1:00 pm</td>
<td>Medial Column Procedure Overview (Cotton, TMTJ Fusion, Medial Column Fusion)</td>
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<td>Fusion Techniques of Flat Foot</td>
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<td>1:00 – 1:15 pm</td>
<td>Isolated STJ Fusion: Rational, Technique and Fixation Options</td>
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<td>1:15 – 1:30 pm</td>
<td>Medial Double Fusion: Rational, Technique and Fixation Options</td>
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<td>1:30 – 1:45 pm</td>
<td>Isolated TN Fusion</td>
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<td>1:45 – 3:00 pm</td>
<td>Lab (Sawbones): Fusion Procedures and Soft Tissue Anchor Techniques</td>
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<td>3:00 – 3:15 pm</td>
<td>Break</td>
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| 3:15 – 6:00 pm | Breaking Down the Controversies  
|               | • Is the Triple Arthrodesis Dead?  
|               | • How Many Procedures is too Many: When to Stage Procedures?  
|               | • Should the Evans Osteotomy be Fixated?  
|               | • The Overcorrected & Under Corrected Flatfoot: Options for Salvage  
|               | • Is there Indication for Soft Tissue Repair / Balancing in Every Extra Articular Correction?  
|               | • Is a Double Calcaneal Osteotomy Procedure Really Necessary?  
|               | • Surgical Myths and Folklore |

9.0 Continuing Education Contact Hours

Note: Course content and faculty are subject to change.