



American College of  
Foot and Ankle Surgeons®

*Proven leaders. Lifelong learners. Changing lives.*

# ACFAS REGIONAL LEARNING SERIES

**Common Pathologies:  
How to Resolve and Maximize  
Function by Restoring Structure**  
*Workshop and Seminar*

## FALL 2021

### ~~Mid-Atlantic Region~~

~~September 24-25, 2021~~

~~Charlotte, NC~~

### ~~Midwest Region~~

~~November 5-6, 2021~~

~~St. Louis, MO~~

## SPRING 2022

### Big West Region

April 1-2, 2022

Denver, CO

### Tri-State Region

April 29-30, 2022

Berkeley Heights, NJ

### Southeast Region

May 20-21, 2022

Orlando, FL



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FOOT & ANKLE

Exclusively foot & ankle  
Paragon®

# ACFAS REGIONAL LEARNING SERIES

## Common Pathologies: How to Resolve and Maximize Function by Restoring Structure

*Local – Cost Effective –  
Convenient – Practical Hands-on Labs*

This program combines case presentations, lightning lectures, hands-on labs, and opportunities to share knowledge. You will gain insight into the depth and breadth of your current foot and ankle knowledge. Walk away with a better understanding of contributing factors associated with foot and ankle surgery complications and be able to apply new skills to help you maximize function and restore structure.

A partnered project between the College and five (5) ACFAS Regions is bringing a series of hands-on workshops to your area.

Labs will include a variety of products from multiple manufacturers. Panel discussions offer opportunities to challenge the course faculty and review problematic cases.

### 12 CONTINUING EDUCATION CONTACT HOURS

#### Objectives

- Gain understanding to common pathologies and their multifactorial impact to surrounding structures of the foot and ankle.
- Evaluate patients with isolated deformities and formulate a treatment plan to improve that condition before it leads to multiple planal pathology.
- Understand tri-planar mechanics and gain knowledge of how to apply a variety of surgical procedures to correct all deformity components.
- Become familiar with and improve skills with a variety of fixation methods and implant devices.
- Compare and contrast the indications and treatment for various stages of common pathologies impacting function of the foot and ankle.

#### FEES

**ACFAS Member - \$215**

**Non-Member - \$265**

**ACFAS Resident Member - \$89**

*The ACFAS extends sincere appreciation to our sponsors for educational grants received in support of these programs.*



## FACULTY

### Fall 2021

~~September 24-25, 2021 – Charlotte, NC~~

~~**Jason A. Piraino, DPM, MS, FACFAS, Chair**  
University of Florida-College of Medicine  
Jacksonville, FL~~

~~**Akbar A. Abyaneh, DPM, FACFAS**  
MAPMG~~

~~Gaithersburg, MD~~

~~**Brett D. Sachs, DPM, FACFAS**~~

~~Rocky Mountain Foot & Ankle Center  
Wheat Ridge, CO~~

~~**Jacob Wynes, DPM, MS, FACFAS**~~

~~University of Maryland Orthopaedic Associates  
Baltimore, MD~~

~~November 5-6, 2021 – St. Louis, MO~~

~~**John R. Clements, DPM, FACFAS, Chair**~~

~~Virginia Tech – Carilion School of Medicine  
Roanoke, VA~~

~~**Cody L. Fox, DPM, FACFAS**~~

~~Lake Regional Health System  
Osage Beach, MO~~

~~**Brandi M. Johnson, DPM, FACFAS**~~

~~Advanced Foot & Ankle Specialists  
Brandon, FL~~

~~**Kyle S. Peterson, DPM, FACFAS**~~

~~Suburban Orthopaedics  
Bartlett, IL~~

### Spring 2022

~~April 1-2, 2022 – Denver, CO~~

~~**Naohiro Shibuya, DPM, MS, FACFAS, Chair**~~

~~Texas A&M Univ, Health & Science Center,  
College of Medicine  
Temple, TX~~

**Jason A. Kayce, DPM, FACFAS**

Paradise Valley Foot and Ankle  
Phoenix, AZ

**Mark E. Maurer, DPM, FACFAS**

Parkview Foot and Ankle Clinic  
Pueblo, CO

**Michael H. Theodoulou, DPM, FACFAS**

Cambridge Health Alliance  
Cambridge, MA

**April 29-30, 2022 – Berkeley Heights, NJ**

**Sean T. Grambart, DPM, FACFAS, Chair**

Des Moines University  
Des Moines, IA

**Jarrett D. Cain, DPM, MS, FACFAS**

University of Pittsburgh Physicians  
Pittsburgh, PA

**Alan A. MacGill, DPM, FACFAS**

Spine & Orthopedic Center  
Coral Springs, FL

**Jennifer C. Van, DPM, FACFAS**

Temple University Foot & Ankle Institute  
Philadelphia, PA

**May 20-21, 2022 – Orlando, FL**

**Shane M. Hollawell, DPM, FACFAS, Chair**

Orthopaedic Institute of Central Jersey  
Wall Township, NJ

**Maryellen P. Brucato, DPM, FACFAS**

Brucato Foot and Ankle Surgery  
Clifton, NJ

**Adam D. Perler, DPM, FACFAS**

Alexander Orthopaedic Associates  
Largo, FL

**Thomas S. Roukis, DPM, PhD, FACFAS**

University of Florida-Jacksonville  
Jacksonville, FL

## HOTEL ACCOMMODATIONS

To reserve a room, contact the hotel directly and reference the American College of Foot and Ankle Surgeons or make **reservations online via link at [acfas.org/education](https://acfas.org/education)**.

### Fall 2021

~~September 24-25, 2021~~

~~**DoubleTree Suites by Hilton Charlotte SouthPark**~~

~~6300 Morrison Boulevard, Charlotte, NC 28211~~

~~\$159/night~~

~~Hotel rate cut-off date:~~

~~August 15, 2021 (before 5pm ET)~~

~~Reservations online via link at [acfas.org/education](https://acfas.org/education)  
or by phone at 800-445-8667 or 704-364-2400.~~

~~November 5-6, 2021~~

~~**Embassy Suites by Hilton St. Louis Downtown**~~

~~610 North 7th Street, St. Louis, MO 63101~~

~~\$155/Single or Double, \$165/Triple, \$175/Quad~~

~~Hotel rate cut-off date:~~

~~October 15, 2021 (before 5pm CT)~~

~~Reservations online via link at [acfas.org/education](https://acfas.org/education)  
or by phone at 800-362-2779.~~

### Spring 2022

~~April 1-2, 2022~~

~~**Renaissance Denver Downtown City Center Hotel**~~

~~918 17th Street, Denver, CO 80202-2827~~

~~\$169/night~~

~~Hotel rate cut-off date:~~

~~March 3, 2022 (before 5pm MT)~~

~~Reservations online via link at [acfas.org/education](https://acfas.org/education)  
or by phone at 844-898-2912 or 303-867-8100.~~

~~April 29-30, 2022~~

~~**Embassy Suites by Hilton Berkeley Heights**~~

~~250 Connell Drive, Berkeley Heights, NJ 07922~~

~~\$159/night~~

~~Hotel rate cut-off date:~~

~~April 8, 2022 (before 5pm ET)~~

~~Reservations online via link at [acfas.org/education](https://acfas.org/education)  
or by phone at 844-714-1511.~~

~~May 20-21, 2022~~

~~**Hilton Orlando Bonnet Creek**~~

~~14100 Bonnet Creek Resort Lane, Orlando, FL 32821~~

~~\$189/night~~

~~Hotel rate cut-off date:~~

~~April 20, 2022 (before 5pm ET)~~

~~Reservations online via link at [acfas.org/education](https://acfas.org/education)  
or by phone at 888-353-2013.~~

# AGENDA

## Day One: Friday

### Complications & Challenging Cases – 3:30 - 7:30 pm

<b>3:30 – 4:00 pm</b>	Check-in/Registration
<b>4:00 – 5:00 pm</b>	Introductions / Faculty Case Presentations – Complications / Revisions
<b>5:00 – 5:30 pm</b>	Network Reception (Hors d'oeuvres / Beer and Wine)
<b>5:30 – 6:30 pm</b>	Challenging Cases Karaoke – Have a challenging case you want to share? In this informal learning experience, you'll have the opportunity, in three minutes or less get up to the microphone and share your most challenging case with your peers.
<b>6:30 – 7:30 pm</b>	Pathology Busters – In this exercise, we'll address controversies and "urban legend" common to our profession. What's fact and what's fiction? Faculty will share their professional opinions and open it up to discussion as we "debunk" these professional myths.
<b>7:30 pm</b>	Adjourn

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### 3.0 Continuing Education Contact Hours

## Day Two: Saturday

### Morning Session – 7:30 am - 12:15 pm

<b>7:30 – 8:00 am</b>	Check-in/Continental Breakfast
<b>8:00 – 8:10 am</b>	Introduction to Course
<b>LIGHTNING LECTURES – FOREFOOT/LESSER MPJ</b>	
<b>8:10 – 8:25 am</b>	Plantar Plate Tear – Advantages of Dorsal vs Plantar Approach
<b>8:25 – 8:40 am</b>	Indication for Osteotomy – Type, Positioning, Fixation Options
<b>8:40 – 8:55 am</b>	The Recurrent / Recalcitrant 2nd Digit / MPJ Deformity – How to Successfully Revise
<b>8:55 – 9:10 am</b>	How to Manage an Arthritic Lesser MPJ
<b>9:10 – 9:30 am</b>	Windswept Transverse Plane Digital Deformity – What to do?
<b>9:30 – 9:45 am</b>	Panel Discussion
<b>9:45 – 10:00 am</b>	Break
<b>10:00 – 11:15 am</b>	LAB <ul style="list-style-type: none"><li>• Lesser Metatarsal Osteotomies</li><li>• Forefoot Osteotomies</li><li>• Digital Arthrodesis</li><li>• Lesser MPJ Arthrodesis</li><li>• Implant/Fixation Options</li></ul>
<b>11:15 – 11:30 am</b>	Panel Discussion
<b>11:30 – 12:15 pm</b>	Lunch

# AGENDA

## Day Two: Saturday

### Afternoon Session – 12:15 pm - 6:15 pm

#### LIGHTNING LECTURES – LATERAL ANKLE

- 12:15 – 12:30 pm** Fixing an Unstable Ankle: Anatomic vs Non-Anatomic Repair...  
Is There Still Indication for Tendon Transfer
- 12:30 – 12:45 pm** The Resistant Peroneals – Chronic Tear with Tendinosis: Is Repair  
an Option? Is Tenodesis, Augmentation, or Transfer Necessary?
- 12:45 – 1:00 pm** The Flummoxing Peroneal Subluxation: Retinacular Repair  
Pearls / Groove Deepening
- 1:00 – 1:15 pm** Cavus Impact on Ankle Instability: Lateralizing the Heel,  
Uncompensated Forefoot Valgus Correction Options
- 1:15 – 1:30 pm** Chronic Sprainers: The Role of the Syndesmosis –  
Why so Challenging?
- 1:30 – 1:45 pm** Panel Discussion
- 1:45 – 3:00 pm** LAB
- Calcaneal Osteotomy  
- Ex. Koutsogiannis, Evans, Dwyer
  - Cotton Osteotomy
  - Metatarsal Base Osteotomy
  - Rearfoot Arthrodesis
  - Fixation Options and Techniques
- 3:00 – 3:15 pm** Panel Discussion
- 3:15 – 3:30 pm** Break

#### LIGHTNING LECTURES - PTTD

- 3:30 – 3:45 pm** Etiology / Progression – Is There Ever Indication for  
Primary Repair?
- 3:45 – 4:00 pm** Soft Tissue Role: FDL Transfer / Spring Ligament Repair /  
Managing the Posterior Muscle Group
- 4:00 – 4:15 pm** Flexible – Osseous Management: Joint Preservation Options
- 4:15 – 4:30 pm** Non-Flexible – Is Arthrodesis Always Necessary?
- 4:30 – 4:45 pm** Stage IV – Managing Angle Valgus: Role of the Deltoid Ligament
- 4:45 – 5:00 pm** Panel Discussion
- 5:00 – 6:15 pm** **Interactive Case Presentations:**  
In this, “choose your own adventure”-style presentation, faculty will  
break down controversial cases, allowing you and your peers to decide  
how you would handle it. During the presentation, you’ll have the  
opportunity to decide each step in the case – and learn about the  
potential outcomes of your decisions.
- 6:15 pm** Adjourn

#### 9.0 Continuing Education Contact Hours

Note: Course content and faculty are subject to change.

# GENERAL INFORMATION

## Accreditation

The American College of Foot and Ankle Surgeons (ACFAS) is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The ACFAS has approved this activity for a maximum of 12 continuing education contact hours.

**California Radiology Credit:** Every hour of lecture in scientific sessions can confer up to 0.5 hour of radiology credit.

## Disclaimer

ACFAS workshops and seminars are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

## Photographs/Videos

**Audio/video taping or recording or photographing of sessions is prohibited.**

ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the program for ACFAS purposes.

## Tax Deduction for Education Purposes

In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: *Coughlin v Commissioner*, 203 F.2d 307 (2d Cir.1953)).

## Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify ACFAS at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: [sheila.alegria@acfas.org](mailto:sheila.alegria@acfas.org).

## Seminar Cancellation Policy

Cancellation requests must be in writing. Requests received by the ACFAS four (4) weeks prior to the course date will receive a full refund minus a \$75 administrative fee. No refunds will be given for cancellations received less than four (4) weeks prior to the course.

ACFAS reserves exclusive right to modify, postpone/reschedule or cancel programs for any reason, including but not limited to emergency, inclement weather, or other 'acts of God'. Every attempt will be made to reschedule and registration fees will be applied to the rescheduled event date. Any travel, lodging, or incidental expenses incurred cannot be refunded by ACFAS under any circumstance. You may wish to consider personal travel insurance for such expenses. If a cancelled event cannot be rescheduled, ACFAS will determine an equitable basis for the refund of a portion or all of the registration fee.

# REGISTRATION FORM

## ACFAS REGIONAL LEARNING SERIES

### Common Pathologies: How to Resolve and Maximize Function by Restoring Structure

Limited space available

(Please print clearly)



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Name: \_\_\_\_\_  DPM  Other \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

### Seminar Site Requested

#### Fall 2021

- Mid-Atlantic Region**  
September 24-25, 2021  
Charlotte, NC
- Midwest Region**  
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#### Spring 2022

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- Tri-State Region**  
April 29-30, 2022  
Berkeley Heights, NJ
- Southeast Region**  
May 20-21, 2022  
Orlando, FL

### Seminar Registration Fees

- ACFAS Member \$215     Non-Member \$265     ACFAS Resident Member \$89

**Seminar registration fee includes** 12 continuing education contact hours, Friday evening refreshments, continental breakfast, lunch and refreshment breaks on Saturday.

### Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify us at the time you register. E-mail: [sheila.alegria@acfas.org](mailto:sheila.alegria@acfas.org); phone: 800-421-2237. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course.

- My check payable to *American College of Foot and Ankle Surgeons* is enclosed.

Please charge my credit card:  AMEX  MC  VISA

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Security Number (VISA/MC - last 3 digits on back; AMEX - 4 digits on front) \_\_\_\_\_

Signature: \_\_\_\_\_

### Register online: [acfas.org](http://acfas.org).

You may mail or fax completed registration form(s) to:  
American College of Foot and Ankle Surgeons Attn: Education Department  
8725 West Higgins Road, Suite 555 Chicago, IL 60631-2724  
Phone: 800-421-2237 Fax: 800-382-8270

Office Use Only:

Batch No. \_\_\_\_\_ Check No. \_\_\_\_\_ Approval No. \_\_\_\_\_ Amount: \$ \_\_\_\_\_



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