ON THE ROAD WITH ACFAS

Fixing a Flat: Comprehensive Approach to Pes Valgus

Workshop and Seminar

Fall 2019

**Great Lakes Region**
November 1-2, 2019
Cincinnati, OH

**Pacific Region**
November 8-9, 2019
Torrance (Redondo Beach), CA

**Northeast Region**
December 6-7, 2019
Burlington, MA

Fall 2020

**Mid-Atlantic Region**
September 11-12, 2020
Charlotte, NC

**Midwest Region**
November 13-14, 2020
St. Louis, MO
ON THE ROAD WITH ACFAS
Fixing a Flat

Current strategies – local – cost effective – convenient practical hands-on (sawbone) labs

This program combines short to-the-point lectures and is dedicated to hands-on, small group, round robin discussions. Lecturers and attendees learn (best) from one another. There is time to talk one-on-one and review a variety of valuable Tips and Techniques.

A partnered project between the College and five (5) ACFAS Regions is bringing a series of hands-on workshops to your area.

Labs will include a variety of products from multiple manufacturers. Panel discussions offer opportunities to challenge the course faculty and review problematic cases.

12 Continuing Education Contact Hours

Objectives
- Gain understanding of the numerous mechanical, osseous and soft tissue pathologies associated with pediatric and adult acquired flatfoot.
- Evaluate patients with multiplanar deformity and formulate a treatment plan.
- Understand the tri-planar mechanics of the flatfoot and application of a variety of surgical procedures to correct the deformity components.
- Gain knowledge and skill with a variety of fixation and graft devices.
- Compare and contrast the indications and treatment for various stages of flatfoot pathology.

Fees
ACFAS Member - $215
Non-Member - $265
ACFAS Resident Member - $89

The ACFAS has designated an unrestricted educational grant from our sponsors to support this workshop.
Faculty

Fall 2019

November 1-2, 2019 – Cincinnati, OH
Michael D. Dujela, DPM, FACFAS, Chair
Washington Orthopaedic Center
Centralla, WA

Jeffrey E. McAllister, DPM, FACFAS
Arcadia Orthopedics and Sports Medicine
Phoenix, AZ

Mitzi L. Williams, DPM, FACFAS
Kaiser Permanente
Oakland, CA

November 8-9, 2019 – Torrance (Redondo Beach), CA
Brett D. Sachs, DPM, FACFAS, Chair
Rocky Mountain Foot & Ankle Center
Wheat Ridge, CO

Paul D. Dayton, DPM, MS, FACFAS
Foot & Ankle Center of Iowa
Ankeny, IA

Ryan T. Scott, DPM, FACFAS
The CORE Institute
Scottsdale, AZ

December 6-7, 2019 – Burlington, MA
Naohiro Shibuya, DPM, MS, FACFAS, Chair
Texas A&M University
Health & Science Center
Temple, TX

Shane M. Hollawell, DPM, FACFAS
Orthopaedic Institute of Central Jersey
Wall Township, NJ

Jonathan J. Sharpe, DPM, FACFAS
Orthopedic Associates Lake County
Concord, OH

Fall 2020

September 11-12, 2020 – Charlotte, NC
Thanh L. Dinh, DPM, FACFAS, Chair
Beth Israel Deaconess Medical Center
Boston, MA

Jason George DeVries, DPM, FACFAS
Orthopedic & Sports Medicine – BayCare Clinic
Manitowoc, WI

Kyle C. Fiala, DPM, FACFAS
Missouri Orthopaedic Institute
Columbia, MO

November 13-14, 2020 – St. Louis, MO
Laurence G. Rubin, DPM, FACFAS, Chair
Foot & Ankle Specialists of Virginia
Mechanicsville, VA

Benjamin D. Cullen, DPM, FACFAS
San Diego Podiatry Group
San Diego, CA

TBD

Attendee Hotel Accommodations

To reserve a room, contact the hotel directly and reference the American College of Foot and Ankle Surgeons or make reservations online via link at acfas.org/education.

Fall 2019

November 1-2, 2019
The Westin Cincinnati
21 East 5th Street
Cincinnati, OH 45202
$149/night
Hotel rate cut-off date:
October 16, 2019 (before 5pm ET)
Reservations by phone at 800-937-8461.

November 8-9, 2019
Torrance Marriott Redondo Beach
3635 Fashion Way
Torrance (Redondo Beach), CA 90503
$119/night
Hotel rate cut-off date:
October 18, 2019 (before 5pm PT)
Reservations by phone at 800-228-9290 or 310-316-3636.

December 6-7, 2019
Hilton Garden Inn Boston/Burlington
5 Wheeler Road
Burlington, MA 01803
$99/night
Hotel rate cut-off date:
November 22, 2019 (before 5pm ET)
Reservations by phone at 781-272-8800.

Fall 2020

September 11-12, 2020
DoubleTree Suites by Hilton Charlotte SouthPark
6300 Morrison Boulevard
Charlotte, NC 28211
$159/night
Hotel rate cut-off date:
August 21, 2020 (before 5pm ET)
Reservations by phone at 800-445-8667 or 704-364-2400.

November 13-14, 2020
Embassy Suites by Hilton St. Louis Downtown
610 North 7th Street
St. Louis, MO 63101
$159/Night
Hotel rate cut-off date:
October 23, 2020 (before 5pm CT)
Reservations by phone at 800-362-2779.
# AGENDA

## Day One: Friday
Complications & Challenging Cases – 3:30 - 7:30 pm

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>3:30 – 4:00 pm</td>
<td>Registration</td>
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</tbody>
</table>
| 4:00 – 5:00 pm | 1. Lightening Round: Faculty will each give an overview of their technique for Gastroc recession.  
                  2. FDL Transfer and Other Soft Tissue Procedures: Is there indication for soft tissue repair/balancing in every extra articualr correction? What is the role of soft tissue? |
| 5:00 – 5:30 pm | Network Reception  
                  (Appetizers and beverages will be served) |
| 5:30 – 7:30 pm | Flatfoot Complications / Revisions / Challenging Case Presentation  
                  Participants are invited to present cases for panel discussion. |

| 3.0 Continuing Education Contact Hours |

## Day Two: Saturday Morning Session – 7:30 am - 12:00 pm

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 – 8:00 am</td>
<td>Check-in/Continental Breakfast</td>
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<tr>
<td>8:00 – 8:10 am</td>
<td>Overview of Pertinent Mechanics and Deformity Planal Components</td>
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<tr>
<td>8:10 – 8:30 am</td>
<td>Evaluation of the Patient &amp; Imaging</td>
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<tr>
<td>8:30 – 8:45 am</td>
<td>Factors for Successful Patient Selection</td>
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<tr>
<td>8:45 – 9:00 am</td>
<td>Posterior Lengthening for Equinus: What is the Effect on Mechanics of the Foot?</td>
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<tr>
<td>9:00 – 9:10 am</td>
<td>What Does the Evans Calcaneal Osteotomy Accomplish Mechanically?</td>
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<tr>
<td>9:10 – 9:25 am</td>
<td>Evans Osteotomy Technique with Fixation: Screw vs. Plate</td>
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<tr>
<td>9:25 – 9:45 am</td>
<td>Graft Choice for Evans: Allograft, Autograft, Ceramics, Titanium</td>
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<tr>
<td>Time</td>
<td>Session</td>
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<tr>
<td>9:45 – 10:00 am</td>
<td>Posterior Calcaneal Osteotomy: What is the Role?</td>
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<tr>
<td>10:00 – 10:15 am</td>
<td>Posterior Calcaneal Osteotomy Technique &amp; Fixation Options</td>
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<tr>
<td>10:15 – 10:30 am</td>
<td>Q&amp;A / Discussion / Break</td>
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<tr>
<td>10:30 – 12:00 pm</td>
<td>Lab (Sawbones): Evans Osteotomy, Posterior Calcaneal Osteotomy</td>
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<tr>
<td>12:00 – 12:45 pm</td>
<td>Lunch / Discussion: Is There a Role for Arthroeresis in the Adult Acquired Flatfoot?</td>
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<tr>
<td>12:45 – 1:00 pm</td>
<td>Medial Column Procedure Overview (Cotton, TMTJ Fusion, Medial Column Fusion)</td>
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<tr>
<td>1:00 – 1:15 pm</td>
<td>Isolated STJ Fusion: Rational, Technique and Fixation Options</td>
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<tr>
<td>1:15 – 1:30 pm</td>
<td>Medial Double Fusion: Rational, Technique and Fixation Options</td>
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<tr>
<td>1:30 – 1:45 pm</td>
<td>Isolated TN Fusion</td>
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<tr>
<td>1:45 – 3:00 pm</td>
<td>Lab (Sawbones): Fusion Procedures and Soft Tissue Anchor Techniques</td>
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<tr>
<td>3:00 – 3:15 pm</td>
<td>Break</td>
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<tr>
<td>3:15 – 6:00 pm</td>
<td>Breaking Down the Controversies</td>
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<tr>
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<td>• Is the Triple Arthrodesis Dead?</td>
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<td>• How Many Procedures is Too Many: When to Stage Procedures?</td>
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<td></td>
<td>• Should the Evans Osteotomy be Fixated?</td>
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<td></td>
<td>• The Overcorrected &amp; Under Corrected Flatfoot: Options for Salvage</td>
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<td>• Is there Indication for Soft Tissue Repair / Balancing in Every Extra Articular Correction?</td>
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<td>• Is a Double Calcaneal Osteotomy Procedure Really Necessary?</td>
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<td></td>
<td>• Surgical Myths and Folklore</td>
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</tbody>
</table>

9.0 Continuing Education Contact Hours

Note: Course content and faculty are subject to change.
GENERAL INFORMATION

Accreditation
The American College of Foot and Ankle Surgeons (ACFAS) is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The ACFAS has approved this activity for a maximum of 12 continuing education contact hours.

California Radiology Credit: Every hour of lecture in scientific sessions can confer up to 0.6 hour of radiology credit.

Disclaimer
ACFAS workshops and seminars are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

Photographs/Videos
Audio/video taping or recording or photographing of sessions is prohibited.

ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the program for ACFAS purposes.

Tax Deduction for Education Purposes
In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: Coughlin v Commissioner, 203 F.2d 307 (2d Cir.1953)).

Attendees with Special Needs
If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify ACFAS at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: sheila.alegria@acfas.org.

Seminar Cancellation Policy
Cancellation requests must be in writing. Requests received by the ACFAS four (4) weeks prior to the course date will receive a full refund minus a $75 administrative fee. No refunds will be given for cancellations received less than four (4) weeks prior to the course.

ACFAS reserves exclusive right to modify, postpone/reschedule or cancel programs for any reason, including but not limited to emergency, inclement weather, or other ‘acts of God.’ Every attempt will be made to reschedule and registration fees will be applied to the rescheduled event date. Any travel, lodging, or incidental expenses incurred cannot be refunded by ACFAS under any circumstance. You may wish to consider personal travel insurance for such expenses. If a cancelled event cannot be rescheduled, ACFAS will determine an equitable basis for the refund of a portion or all of the registration fee.
On the Road with ACFAS –
Fixing a Flat: Comprehensive Approach to Pes Plano Valgus Workshop and Seminar

Limited space available

(Please print clearly)

Name: _____________________________________________ □ DPM □ Other ________

Address: ________________________________________________________________

City: ___________________________________________State:________Zip:_________

Daytime Phone: (_____)_________________Fax: (____)___________________

Email Address:____________________________________________________

Seminar Site Requested

Fall 2019

❑ Great Lakes Region
   November 1-2, 2019
   Cincinnati, OH

❑ Northeast Region
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Seminar Registration Fees

❑ ACFAS Member $215  ❑ Non-Member $265  ❑ ACFAS Resident Member $89

Seminar registration fee includes 12 continuing education contact hours, Friday evening refreshments, continental breakfast, lunch and refreshment breaks on Saturday.

Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify us at the time you register. E-mail: sheila.alegria@acfas.org; phone: 800-421-2237. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course.

❑ My check payable to American College of Foot and Ankle Surgeons is enclosed.

Please charge my credit card:  ❑ AMEX  ❑ MC  ❑ VISA

Card Number: __________________________________________ Exp. Date: ________

Security Number (VISA/MC - last 3 digits on back; AMEX - 4 digits on front)__________

Signature: _______________________________________________________________

Register online: acfas.org.

You may mail or fax completed registration form(s) to:
American College of Foot and Ankle Surgeons Attn: Education Department
8725 West Higgins Road, Suite 555 Chicago, IL 60631-2724
Phone: 800-421-2237   Fax: 800-382-8270

Office Use Only:

Batch No._________ Check No._________ Approval No._________ Amount:$__________