

2 Lateral Ankle Instability: It's All About the Soft Tissues and the Bone (Cadaveric)

Wednesday, February 13, 2019

7:00 am - 12:00 Noon

4 Continuing Education Contact Hours | Maximum enrollment: 26 registrants

This workshop will expose the attendees to solutions of pes cavus and lateral ankle instability.

7:00 - 7:30 am

Check-in/Breakfast

7:30 - 8:30 am

Lectures

8:30 am - 12:00 Noon

Wet Lab

Generalized Workup

- **Ligament Assessment**
 - Anterior Draw and Inversion Manual Stress Exams
- **Forefoot vs. Rearfoot Etiology**
 - Coleman Block
 - Weightbearing X-ray Assessment
 - Stress X-ray
 - Role for CT and MRI
 - Role for Arthroscopy

Soft Tissue Repair Options

- **Ligament Repair**
 - Primary (Broström)
 - Secondary (Tendon Rerouting, Synthetic Augmentation)
- **Peroneal Tendon Repair / Transfer**

Mechanical Deformity Repair

- **Forefoot Deformity**
 - Repair Plantarflexed First Ray (Osteotomy v. Fusion)
 - Role for Jones Tenosuspension
- **Varus Heel**
 - Calcaneal Osteotomies
- **Varus Ankle**
- **Role for Rearfoot or Ankle Fusion**

Learning Objectives

- Effectively evaluate and manage complex acquired foot deformities
- Gain knowledge and experience in the execution of techniques essential to obtaining ankle stabilization
- Review post op protocols
- Manage patient cases involving staging principles, intra-op positioning and fluoroscopy methods

Faculty

Amber M. Shane, DPM, FACFAS, Chair

Benjamin D. Cullen, DPM, FACFAS

Shane M. Hollawell, DPM, FACFAS

Zeeshan S. Husain, DPM, FACFAS

Jeffrey E. McAlister, DPM, FACFAS

Fees

\$200 — ACFAS Member

\$330 — Non-ACFAS Member

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Note: Course content and faculty are subject to change.