



**American College of
Foot and Ankle Surgeons®**

Proven leaders. Lifelong learners. Changing lives.

2019 Arthroscopy of the Foot and Ankle Surgical Skills Courses

**Saturday and Sunday
March 23-24, 2019**

**Friday and Saturday
October 18-19, 2019**

**Saturday and Sunday
July 20-21, 2019**

**Saturday and Sunday
November 16-17, 2019**

**Saturday and Sunday
August 10-11, 2019**

**Orthopaedic Learning Center
9400 West Higgins Road
Rosemont, IL (Chicago)**



March 23-24, 2019
July 20-21, 2019
August 10-11, 2019

October 18-19, 2019
November 16-17, 2019

Location - Orthopaedic Learning Center (OLC), 9400 West Higgins Road, Rosemont (Chicago), IL
Tuition - ACFAS Members/Resident Members: \$1,900; Non-Members/Non-Member Residents: \$2,200
Continuing Education Contact Hours - 16

Course Hours

Check-in/Breakfast: 7:30 – 8:00 am

Day One – 8:00 am – 5:30 pm

Dinner and Fireside – 6:00 – 8:00 pm

Day Two – 8:00 am – 3:30 pm

Register online at acfas.org/education

These interactive two-day, hands-on courses are each led by a faculty of skilled arthroscopy surgeons and gives you the opportunity to learn and practice established and cutting edge techniques in surgery for the foot and ankle.

The course features 9+ hours of hands-on laboratory time with the latest equipment and techniques on fresh cadaver specimens. Lecture presentations will be enhanced with videos of actual arthroscopic cases. There will be ample opportunity for interaction with faculty. *One cadaver per two registrants.*

Learning Objectives:

- Refine arthroscopic techniques of the ankle and subtalar joint, with a focus on motor skill development.
- Identify and understand indications for arthroscopic foot and ankle surgery.
- Effectively perform soft tissue techniques including synovectomy, fibrous band resection, and gutter debridement.
- Be able to approach, resect and saucerize medial and lateral talar dome lesions.
- Be able to retrieve loose bodies in the ankle and be introduced to arthroscopic excision of the os trigonum.
- Be introduced to arthroscopy of the small joints of the foot.
- Understand the risks and complications of foot and ankle arthroscopy and their management.
- Manage patient cases involving staging principles, intra-op positioning, and fluoroscopy methods.

Dinner and Fireside Chat

BRING YOUR CASES and enjoy one of the highlights of the course...the fireside chat. **You are encouraged to bring radiographs of your cases on flash drive(s).**

Arthroscopy Courses Chairman:
Raymond M. Bleday, DPM, MD, FACFAS

March 23-24, 2019 (Saturday-Sunday)
Faculty - TBD

July 20-21, 2019 (Saturday-Sunday)
Faculty – TBD

August 10-11, 2019 (Saturday-Sunday)
Faculty - TBD

October 18-19, 2019 (Friday-Saturday)
Faculty - TBD

November 16-17, 2019 (Saturday-Sunday)
Faculty - TBD

Note: Course content and faculty are subject to change.

Hotel Accommodations

Marriott Suites O'Hare Hotel, 6155 N. River Rd., Rosemont, IL

Hotel room rate \$99+tax/night – cut-off date March 1, 2019 (for March course)

Hotel room rate \$109+tax/night – cut-off date June 28, 2019 (for July course)

Hotel room rate \$109+tax/night – cut-off date July 19, 2019 (for August course)

Hotel room rate \$139+tax/night – cut-off date September 26, 2019 (for October)

Hotel room rate \$119+tax/night – cut-off date October 31, 2019 (for November course)

Call 847.696.4400 and reference ACFAS

Complimentary airport van; walking distance to the OLC

Shuttle also provided between hotel and OLC Day 1 morning and afternoon; to OLC morning ONLY on Day 2.

There is **no shuttle service** from the OLC back to the Marriott Suites in the afternoon of Day 2.



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Foot and Ankle Arthroscopy Surgical Skills Course
Orthopaedic Learning Center – Rosemont, IL
Agenda

Day One

7:30 - 8:00 am **Check-in/Breakfast (OLC)**

Lecture Hall

8:00 – 8:10 am Welcome, Introduction and “The Rules”
8:10 – 8:40 am Overview and Indications for Foot and Ankle Arthroscopy
8:40 – 9:10 am Arthroscopic Instrumentation
9:10 – 9:40 am Practical Aspects of Arthroscopy
9:40 – 9:55 am Basics of Arthroscopic Technique
9:55 – 10:10 am Complications of Arthroscopy

10:10 – 10:25 am **Break**

Lab

10:25 – 11:25 am Dry Lab

11:25 am – 12:20 pm **Lunch**

12:20 – 12:35 pm Establish Portal
12:35 – 12:55 pm Arthroscopic Anatomy
12:55 – 1:15 pm Soft Tissue Pathology

Lab

1:15 – 3:00 pm Ankle Lab

3:00 – 3:10 pm **Break**

Lecture Hall

3:10 – 3:30 pm Arthroscopic Ankle Arthroplasty
3:30 - 4:00 pm Arthroscopy of OCD

Lab

4:00 - 5:30 pm Anterior Arthroplasty and OCD Microfracture Lab

8 Continuing Education Contact Hours

6:00 - 8:00 pm **Dinner and Fireside -- Marriott Suites O'Hare**
Case Presentations

2 Continuing Education Contact Hours

Day Two

7:30 - 8:00 am **Check-in/Breakfast (OLC)**

Lecture Hall

8:00-8:20 am Subtalar Arthroscopy

8:20 – 9:00 am Arthroscopic Arthrodesis

9:00 – 9:15 am Break

Lab

9:15 - 11:30 am Subtalar Arthroscopy and Ankle Arthrodesis Lab

11:30 am - 12:30 pm **Lunch**

Arthroscopic Assisted Trauma Surgery

Lecture Hall

12:30 – 1:00 pm Posterior Joint Pathology

1:00 – 1:15 pm Miscellaneous Procedures

Lab

1:15 - 3:30 pm Small Joint, Miscellaneous Procedures, Tendoscopy, Trauma, and
Free time lab

6 Continuing Education Contact Hours

General Information

Accreditation

The American College of Foot and Ankle Surgeons is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The American College of Foot and Ankle Surgeons has approved each of these activities for a maximum of 16 continuing education contact hours.

California Radiology Credit: Every hour of lecture in scientific sessions can confer up to 0.6 hour of radiology credit.

Surgical Course Policies

To participate in surgical courses, you will be required to sign a waiver of liability prior to the course. College policy mandates that every individual must wear protective wear provided by the laboratory during the lab sessions in order to participate in these courses. **Course registrants are to bring their own scrubs to wear in the lab.**

Disclaimer

The ACFAS surgical skills courses are made available as an educational service to its members and other members of the podiatric profession. The ACFAS has not independently evaluated the content or techniques discussed or demonstrated by any faculty member. The ACFAS does not warrant or endorse any content or technique discussed or demonstrated by any faculty member. Statements about commercial products are solely the opinion(s) of the presenter(s) and do not represent a College endorsement or evaluation of these products. Additionally, any instrumentation shown/demonstrated during this program may or may not have received FDA approval.

Photographs/Videos

Audio/video taping or recording or photographing of sessions is prohibited.

ACFAS routinely takes photos or video of participants in meetings and other course venues for news and other purposes. By registering for the course, you grant ACFAS permission to utilize photos of you taken at the course for ACFAS purposes.

Tax Deduction for Education Purposes

In the United States, an income tax deduction may be allowed for education expenses undertaken to maintain or improve professional skills. This includes registration, travel, meals and lodging, subject to applicable limitations (see Treas. Reg. 1.162-5: Coughlin v Commissioner, 203 F.2d 307 (2d Cir.1953)).

Attendees with Special Needs

If you have special needs addressed by the Americans with Disabilities Act, or if you have special dietary needs, notify ACFAS at the time you register. Kosher meals can only be provided if requested two (2) weeks prior to the start of the course. E-mail: hjelm@acfas.org.

Cancellation Policy

Cancellations requests must be in writing. ACFAS incurs significant expenses prior to the event, so to minimize losses it is necessary that we maintain the following refund and cancellation policy:

- Notification in writing by mail or by fax (800.382.8270) or via email at hjelm@acfas.org:
- Requests received a minimum of 6 weeks prior to the start of the course: full refund will be provided for all cancellations, less a \$100 administrative fee.
- Less than 6 weeks: no refunds will be provided. Exceptions will be considered for extenuating circumstances only, such as medical issues or a death in the family.
- An alternate attendee from the same organization may be substituted at any time prior to the conference start with no penalty. However, if the original attendee is an active member and alternate is not, the difference in member/non-member rate must be paid at the time of substitution. Once a registration is made, it is considered final.

Event Cancellation/Postponement

ACFAS reserves exclusive right to modify, postpone/reschedule or cancel programs for any reason, including but not limited to emergency, inclement weather, or other 'acts of God'. Every attempt will be made to reschedule and registration fees will be applied to the rescheduled event date. Any travel, lodging, or incidental expenses incurred cannot be refunded by ACFAS under any circumstance. You may wish to consider personal travel insurance for such expenses. If a cancelled event cannot be rescheduled, ACFAS will determine an equitable basis for the refund of a portion, or all, of the registration fee.