

Accreditation Statement:

The American College of Foot and Ankle Surgeons is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine.

Designation Statement:

The American College of Foot and Ankle Surgeons designates these educational activities for CPME Continuing Education Contact Hours. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learning Objectives:

At the conclusion of this activity, the participant will be able to:

1. Review of risk factors and patient considerations when performing foot and ankle surgery.
 2. Discussion and review of CRPS preventative measures and early stage diagnosis.
 3. Identify important pearls and pitfalls gleaned from case based discussions.
 4. Evaluate treatment options and evaluation of infected hardware.
 5. Identify your approach to meeting patient expectations and documentation of your surgical decisions.
-

Instructions

1. Watch the online video presentations.
2. Fill in your contact information on the CE Test.
3. Complete the CE Test.
4. Complete the Evaluation form.
5. E-Mail (must have Microsoft Outlook) your CE Test and Evaluation form to:
eLearning@acfas.org

OR

Mail your CE Test and Evaluation form to
[American College of Foot & Ankle Surgeons](#)
Education Department
8725 W. Higgins Road, Suite 555
Chicago, IL 60631-2724

6. Please allow 6 - 8 weeks to receive your CE confirmation.

* Please note: the minimum passing score is 70%.

Questions

1. All of the following are risk factors for impaired bone healing *except*:
 - a. Vitamin D deficiency
 - b. Gastric bypass
 - c. Osteoporosis
 - d. Smoking
 - e. Simvastatin

2. What is the *least* important part of an effective surgical time-out?
 - a. Patient identification
 - b. Identification of members in the room
 - c. Reading of procedures on the consent
 - d. Identification of surgical limb
 - e. Identification of equipment and/or implants

3. Which of the following is a best practice for informed consent?
 - a. Informed consent should be done as a presurgical visit in the office
 - b. Making sure the patient has consented at least 30 minutes before surgery
 - c. Phone or verbal consents are adequate
 - d. Addition of procedures just before surgery is a good practice
 - e. Allowing the nurses to do the consent is a good practice

4. Which of the findings below are common in complex regional pain syndrome (CRPS)?
 - a. Temperature changes
 - b. Allodynia
 - c. Motor changes
 - d. Pain out of proportion
 - e. All of the above

5. The key to successful treatment of CRPS includes which of the following?
 - a. Topical analgesics
 - b. Early diagnosis
 - c. Oral ketamine
 - d. Immobilization
 - e. All of the above

6. Which drug has been shown in recent studies to potentially prevent CRPS?
 - a. Aspirin
 - b. Vitamin C
 - c. Ibuprofen
 - d. Amitriptyline
 - e. None of the above

Questions (Cont'd.)

7. The most commonly abused prescription drugs include:

- a. Antidepressants
- b. Stimulants
- c. Opioids
- d. Both b and c
- e. All of the above

8. Which of the following statements is true?

- a. Doctor involvement in criminal diversion for prescription drugs is common
- b. Acute pain should be treated with narcotics because of the increased side effects and risks of NSAIDs
- c. Use of prescription pain killers now kill more people than heroin and cocaine combined
- d. The number of prescriptions for opioids in the United States has been decreasing
- e. Women rarely utilize prescription drugs recreationally

9. Hazards of opioid use include:

- a. Possibility for addiction
- b. Interaction with other drugs
- c. Death
- d. Availability to other individuals besides the patient for whom the drug was prescribed for.
- e. All of the above

10. Why is managing patient expectations important?

- a. It can prevent medical malpractice lawsuits
- b. You can be better ensured of getting good reviews online
- c. Your colleagues will be impressed
- d. You will be better paid
- e. Patients will bring you presents

11. What is the most common allegation in medical malpractice suits?

- a. Infection following surgery
- b. Deep vein thrombosis/pulmonary embolism
- c. Poor wound healing
- d. Failure to obtain proper informed consent
- e. Non-union

Questions (Cont'd.)

12. All of the following help shape patient expectations *except*:

- a. Family
- b. Past experience
- c. Personality type
- d. Internet
- e. Gender

13. All of the following regarding hardware infection are true *except*:

- a. Leave stable fixation intact if the wound is still healing
- b. Leave unstable fixation intact until the bone heals
- c. Treat with antibiotics after removing the hardware
- d. Avoid chronic osteomyelitis in cases of hardware infection
- e. Achieve union of bone in cases of hardware infection

14. What is the recommendation regarding internal hardware infection once bony union has been achieved?

- a. Remove hardware only
- b. Remove hardware and treat with antibiotics for 4 to 6 weeks
- c. Leave hardware intact without treatment
- d. Remove hardware and immediately replace it with new hardware

15. All the following help diagnose a hardware infection *except*?

- a. Erythrocyte sedimentation rate/C-reactive protein
- b. X-rays
- c. Pain/swelling
- d. Sinus tract
- e. MRI

CE Test

Please type your information.

ACFAS ID #			
Name:			
Company:			
Address 1:			
Address 2:			
City:			
State:		Zip Code:	
Daytime Phone:			
E-mail:			
Signature:			

Please select your answer.

Question	Answers				
1	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
2	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
3	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
4	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
5	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
6	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
7	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
8	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
9	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
10	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
11	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
12	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
13	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
14	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
15	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e

Evaluation

1. The course achieved its learning objectives.

strongly agree agree neutral disagree strongly disagree

2. The course was relevant to my clinical learning needs.

strongly agree agree neutral disagree strongly disagree

3. The course was relevant to my personal learning needs.

strongly agree agree neutral disagree strongly disagree

4. The electronic method of instruction was conducive to learning.

strongly agree agree neutral disagree strongly disagree

5. The course validated my current practice.

strongly agree agree neutral disagree strongly disagree

6. I plan to change my practice based on what I learned in the course.

strongly agree agree neutral disagree strongly disagree

7. Any suggestions for the ACFAS e-Learning program?

E-Mail (must have Microsoft Outlook) your CE Test and Evaluation form to:
eLearning@acfas.org

OR

Mail your CE Test and Evaluation form to:
American College of Foot & Ankle Surgeons
Education Department
8725 W. Higgins Road, Suite 555
Chicago, IL 60631-2724