

Accreditation Statement:

The American College of Foot and Ankle Surgeons is approved by the Council on Podiatric Medical Education as a sponsor of continuing education in podiatric medicine.

Designation Statement:

The American College of Foot and Ankle Surgeons designates these educational activities for CPME Continuing Education Contact Hours. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learning Objectives:

At the conclusion of this activity, the participant will be able to:

1. Understand the relationship of patient selection, surgical technique when considering fusion
2. Understand successful fusion and technique success
3. Identify important pearls and pitfalls gleaned from case based discussions.
4. Develop your own treatment approach to fusion, weightbearing as you consider surgical options

Instructions

1. Watch the online video presentations.
2. Fill in your contact information on the CE Test.
3. Complete the CE Test.
4. Complete the Evaluation form.
5. E-Mail (must have Microsoft Outlook) your CE Test and Evaluation form to:
eLearning@acfas.org

OR

Mail your CE Test and Evaluation form to
[American College of Foot & Ankle Surgeons](#)
[Education Curriculum & Alliances](#)
8725 W. Higgins Road, Suite 555
Chicago, IL 60631-2724

6. Please allow 6 - 8 weeks to receive your CE confirmation.

* Please note: the minimum passing score is 70%.

Questions

- 1. Indications for the Lapidus arthrodesis include which of the following?**
 - a. Degenerative changes at the first tarsal-metatarsal joint (TMTJ)
 - b. Second metatarsal joint (MPJ) overload or dislocation syndrome
 - c. Gross instability at the TMTJ
 - d. Severe bunion deformity
 - e. All of the above

- 2. Successful arthrodesis is best accomplished by:**
 - a. Removal of all cartilage and subchondral bone
 - b. Fish scaling of the arthrodesis surface to increase surface area
 - c. Achieving a congruent fit of the arthrodesis surfaces
 - d. Stable transarticular fixation
 - e. All of the above

- 3. Technique variations may include which of the following?**
 - a. Two or three transarticular screws
 - b. Locked plate fixation
 - c. Intercuneiform fusion for instability
 - d. Resection of bone from either side of the joint or lateral flare of the first metatarsal
 - e. All of the above

- 4. Which of the following increase(s) the potential for non-union in a Jones fracture?**
 - a. Decreased blood flow
 - b. Increased motion at fracture
 - c. Increased blood glucose
 - d. Smoking
 - e. All of the above

- 5. Which of the following methods is/are used to treat Jones fractures?**
 - a. Casting
 - b. Kirshner wire (K-wire)
 - c. Medullary screw
 - d. Plate
 - e. All of the above

Questions (Cont'd.)

6. Key components in the treatment of Jones fractures include:
- Rigid fixation
 - Preserved blood flow
 - Limitation of soft tissue dissection
 - Follow-up with limited weightbearing
 - All of the above
7. Conventional plates and screws maintain fracture stability through which of the following?
- Friction
 - Luck
 - Olive wires
 - Intramedullary forces
 - None of the above
8. Which of the following is true of minimally invasive plate osteosynthesis (MIPO) techniques in ankle fracture repair?
- It preserves fracture hematoma
 - It limits disruptions to the extra osseous blood supply
 - It allows fracture site strain
 - It provides less stress shielding
 - All of the above
9. Locking plates do not rely on plate-bone compression for stability.
- True
 - False

CE Test

Please type your information.

ACFAS ID #			
Name:			
Company:			
Address 1:			
Address 2:			
City:			
State:		Zip Code:	
Daytime Phone:			
E-mail:			
Signature:			

Please select your answer.

Question	Answers				
1	<input type="checkbox"/> a	<input type="checkbox"/> b	<input type="checkbox"/> c	<input type="checkbox"/> d	<input type="checkbox"/> e
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Evaluation

1. The course achieved its learning objectives.

strongly agree agree neutral disagree strongly disagree

2. The course was relevant to my clinical learning needs.

strongly agree agree neutral disagree strongly disagree

3. The course was relevant to my personal learning needs.

strongly agree agree neutral disagree strongly disagree

4. The electronic method of instruction was conducive to learning.

strongly agree agree neutral disagree strongly disagree

5. The course validated my current practice.

strongly agree agree neutral disagree strongly disagree

6. I plan to change my practice based on what I learned in the course.

strongly agree agree neutral disagree strongly disagree

7. Any suggestions for the ACFAS e-Learning program?

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