

ACFAS 2021 Virtual Fellowship Fair: Get to Know the Fellow Questionnaire



American College of
Foot and Ankle Surgeons®

Fellow Name:

Angela Costa

Fellowship Program:

Summit Health Foot & Ankle Reconstructive Surgery Fellowship

City/State:

Hackensack, NJ

Program Director:

Dr Ralph Napoli

How many Attendings do you work with regularly?

Four

Describe the diversity of your cases so far in fellowship. (For example, has your experience included TAR? Is there an emphasis on: Pediatrics? Sports Medicine? Deformity correction? Complex reconstruction? What percentage of your cases are trauma? Rearfoot/ankle? Forefoot? Please be as descriptive as you'd like.

Sports medicine, with significant exposure to ankle arthroscopy, TARs, and trauma.

How many days per week do you typically spend in the OR? In clinic? Do you have your own "fellow" clinic?

OR days typically 3, with clinic days 5 days a week.

There are many half days of OR with after clinic.

At this time, the fellow does not have their own, separate clinic hours.



How many surgical cases do you typically scrub per month?

Anywhere from 20-35 cases monthly.

What conferences have you attended/are you encouraged to attend?

ACFAS yearly, encouraged to attend fellow courses held by various companies.

Any educational or academic conference is encouraged to be attended.

How would you describe your director's teaching style?

Supportive, discusses new techniques, and encourages the fellow to think and act with autonomy.

How is research incorporated into your experience? What resources are provided/available?

Resources are available through the teaching hospital the fellowship is affiliated with.

Do you take any "call"? If so, how often? What type of call? (general vs. trauma, hospital vs. private practice?)

I have call for the emergency dept at 3 different hospitals. Director/other DPMs affiliated with the program also take their own call weeks at each affiliated hospitals.

How many hospitals/surgery centers are you credentialed at?

Three hospitals and one surgery center

What is your didactic schedule like? What academic opportunities are available to you during fellowship? (Cadaver labs, journal club, radiology conference, etc.)

Program works with two residencies, fellow is able to be as involved in their didactics as they would like to be, or schedule permits.

Is your fellowship affiliated with a residency program? If yes, what are your responsibilities?

How often are you interacting with residents (What % of cases?)

The program works with residents from two different residencies.

There is a resident at 85% of cases.



Are you able to collect cases for board certification?

Yes, cases obtained via the fellows own emergency department call, the fellow is listed as primary surgeon.

When should interested applicants visit? What does a visit look like?

Visits are available throughout the year, they may consist of a full office visit day, and possibly an OR shadow day.

What is the interview process like at your program?

Do you have a co-fellow? What percentage of your cases are scrubbed with them?

No

What support is available for finding post-fellowship employment?

What qualities make an applicant a good fit for your program?

Why did you apply for fellowship? And why did you choose your fellowship program?

I wanted to increase my exposure to techniques that were different from my residency training. My thoughts are that additional training/exposure is never a bad thing.

Any advice for future fellowship applicants?

