ACFAS 2016 Topped the Charts as a Recordbreaker

Like so many stars who have made their mark in Austin, ACFAS 2016 hit the stage in February and played for record-breaking crowds that shattered last year’s attendance numbers. More than 1,750 foot and ankle surgeons, residents and students, as well as 140 exhibiting companies, packed the Austin Convention Center to make this year’s conference the largest yet with a 17 percent increase in attendance over the record-breaking 2015 Phoenix Annual Scientific Conference.

Reed V. Tuckson, MD, author of *The Doctor in the Mirror: Living a Longer, Healthier, More Joyful Life Starts with You*, opened the show with a candid conversation that stressed the importance of embracing change and patient-centric care in medicine and urged those in the audience to empower patients to act in their best self-interest.

(continued on page 10)
Basketball has always been an important part of my life. I started playing in third grade and played consistently until about four years ago when I realized I was becoming “one of those guys” whom I used to laugh at for continuing to play with the “younger ball players” despite the game telling them it was time to walk away. Since I stopped playing, I have been able to coach my son’s team. As their coach, I’ve stressed the importance of teamwork, dedication and commitment to the team. Passing these life lessons down to my young team is important to me as I’ve carried these lessons with me through the years thanks to UCLA basketball coach John Wooden.

I anticipate many of my President’s Perspectives will be based on some of the teachings and quotes of Coach Wooden. He is one of the most-celebrated basketball coaches of all time with a .808 winning percentage; ten national championships in 12 years, including seven in a row; and an 88-game consecutive winning streak, just to name a few of his many achievements. Despite his basketball accomplishments, it is his view on life that has affected people in and out of the world of basketball. Many of his philosophies and teachings are able to bring out the best in people and can be used in everyday life. One of his quotes that has always stuck with me is “Don’t mistake activity for achievement.” This philosophy is one I hope to bring to ACFAS during the next year as president.

The College works hard on our behalf for the achievement of many goals benefiting the profession. While I see and hear it daily, it hit me a little differently as president. Recently, I was on a conference call with some of our most active members discussing the hurdles to get ankle privileges in the “final four” states. I am always amazed at the drive and passion our colleagues possess when it comes to advancing foot and ankle surgery, even when they are active with lobbying government officials and trying to push through all the bureaucracy. While they are extremely active and have had ACFAS’ help, these final four states have not yet achieved their final goal. As the College, we have a responsibility to continue to aid our colleagues in these states to achieve this important goal for the profession.

Another area where our activities can find achievement is in outcome studies. While we have many members actively performing high-quality research, we still need to achieve the outcome studies that will be required in the future. Outcome studies will drive future trends in healthcare policy and reimbursement, and we need to be key players in determining these policies.

While activities are always at hand, the College has recently posted some outstanding achievements. A few examples: Our recent Annual Scientific Conference in Austin was unprecedented. We broke attendance records three weeks before the event and also had the highest number of “walk-in” registrations on record. The College will also soon achieve its entrée into electronic publishing when the new Arthroscopy e-book becomes available this spring. Two more e-books will soon follow on orthobiologics and trauma.

Yes, Coach Wooden, we know the difference between activity and achievement. That’s what’s made ACFAS the home of proven leaders for nearly 75 years. And I am confident there will be no mistaking our achievements in the next year and beyond.

Sean T. Grambart, DPM, FACFAS
ACFAS President

Questions for Dr. Grambart? Write him at president@acfas.org.
Coming Soon: ACFAS’ First e-Book on Arthroscopy

One part history. Two parts surgery. All ankle arthroscopy. Our first e-book, *Arthroscopy of the Foot and Ankle*, will soon be your definitive resource for this fundamental surgical procedure.

Spanning everything from soft tissue pathology to postoperative care, this 16-chapter opus features:

- content written by nearly 40 experts in arthroscopic surgery
- practical videos and images to guide you through procedures
- self-assessments after each chapter to earn CME
- intuitive navigation and more!

Visit acfas.org to see interactive chapter previews and get a sneak peek at what’s in store. Stay tuned for purchasing details!

2016 EDUCATION PROGRAMS

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 15–16, 2016</td>
<td>On the Road: Complex Forefoot Surgery with Advanced Solutions</td>
</tr>
<tr>
<td>JW Marriott Houston</td>
<td>Houston, TX</td>
</tr>
<tr>
<td>April 16–17, 2016</td>
<td>Foot &amp; Ankle Arthroscopy</td>
</tr>
<tr>
<td>Orthopaedic Learning Center &amp; Marriott Suites O’Hare Rosemont, IL</td>
<td></td>
</tr>
<tr>
<td>June 11–12, 2016</td>
<td>Foot &amp; Ankle Arthroscopy</td>
</tr>
<tr>
<td>Orthopaedic Learning Center &amp; Marriott Suites O’Hare Rosemont, IL</td>
<td></td>
</tr>
<tr>
<td>July 8–9, 2016</td>
<td>Coding &amp; Practice Management for the Foot &amp; Ankle Surgeon</td>
</tr>
<tr>
<td>Denver Marriott City Center Denver, CO</td>
<td></td>
</tr>
<tr>
<td>August 6–7, 2016</td>
<td>Foot &amp; Ankle Arthroscopy</td>
</tr>
<tr>
<td>Orthopaedic Learning Center &amp; Marriott Suites O’Hare Rosemont, IL</td>
<td></td>
</tr>
<tr>
<td>September 24–25, 2016</td>
<td>Intensive Reconstruction</td>
</tr>
<tr>
<td>MedCure</td>
<td></td>
</tr>
<tr>
<td>October 1–2, 2016</td>
<td>Foot &amp; Ankle Arthroscopy</td>
</tr>
<tr>
<td>Orthopaedic Learning Center &amp; Marriott Suites O’Hare Rosemont, IL</td>
<td></td>
</tr>
<tr>
<td>October 21–22, 2016</td>
<td>Coding &amp; Practice Management for the Foot &amp; Ankle Surgeon</td>
</tr>
<tr>
<td>Hilton Hotel Downtown Chicago Chicago, IL</td>
<td></td>
</tr>
<tr>
<td>October 22–23, 2016</td>
<td>All About the Ankle</td>
</tr>
<tr>
<td>Fort Lauderdale, FL</td>
<td></td>
</tr>
<tr>
<td>November 5–6, 2016</td>
<td>All About the Ankle</td>
</tr>
<tr>
<td>Orthopaedic Learning Center &amp; Marriott Suites O’Hare Rosemont, IL</td>
<td></td>
</tr>
</tbody>
</table>

Watch for ACFAS on the Road dates finalizing for Fall 2016 and Spring 2017

*To be waitlisted for sold-out courses, contact Maggie Hjelm at hjelm@acfas.org.

For a full listing of upcoming educational opportunities, visit acfas.org/education.
Snapshots from the 2016 Conference

ACFAS
Austin, Texas

Update: News from the American College of Foot and Ankle Surgeons

www.acfas.org
With the foot and ankle surgery profession advancing at breakneck speed, it is critical for our members to stay abreast of new research. Each year, the Annual ACFAS Manuscript Awards of Excellence competition receives dozens of submissions from researchers eager to share their latest discoveries.

During ACFAS 2016, a panel of peers blind-reviewed all 60 manuscript entries received and selected 27 for presentation at the conference. Of those, seven were named the top winners.

Winners split $10,000 in award money generously funded in part by the Podiatry Foundation of Pittsburgh and presented at the ACFAS Honors and Awards Ceremony on February 12.

**First Place ($3,000)**
*A Prospective Comparison of Clinical, Radiographic and Intraoperative Features of Hallux Rigidus: Long-Term Follow-Up and Analysis*
Andrew D. Elliott, DPM
Andrew Borgert, PhD
Thomas S. Roukis, DPM, PhD, FACPAS

**Second Place ($2,500)**
*Anatomic Reconstruction versus Traditional Rebalancing in Lesser MTPJ Reconstruction*
Jeremy J. Cook, DPM, MPH, FACPAS
Emily A. Cook, DPM, MPH, FACPAS
Philip Basile, DPM, FACPAS
N. Jake Summers, DPM
Michael L. Sganga, DPM
Brandon W. Barrett, DPM
Timothy A. Karthas, DPM
Michael R. Matthews, DPM

**Third Place ($1,500)**
*A Review of 399 Total Ankle Replacements: Analysis of Ipsilateral Subtalar Joint Arthrodesis and Associated Talar Component Subsidence*
Mark A. Prissel, DPM, AACFAS
Christopher F. Hyer, DPM, MS, FACPAS
Gregory C. Berlet, MD

**Honorable Mention ($750)**
*Total Ankle Replacement Survival Rates Based on Kaplan-Meier Survival Analysis of National Joint Registry Data*
Annette Bartel, DPM
Thomas S. Roukis, DPM, PhD, FACPAS

**Long Second Metatarsals Are Associated with Progressive 2nd Metatarsopalangeal Joint Plantar Plate Tears**
Adam E. Fleischer, DPM, MPH, FACPAS
Erin E. Klein, DPM, MS, AACFAS
Maheen Ahmad, MPH
Shivang Shah, MS
Fernanda Catena, MD
Lowell Weil, Jr., DPM, FACPAS
Lowell Scott Weil, Sr., DPM, FACPAS

**Is Subtalar Joint Cartilage Resection Necessary for Tibio-talo-calcaneal Arthrodesis via Intramedullary Nail? A Multicenter Evaluation**
Jennifer L. Mulhern, DPM, AACFAS
Nicole M. Protzman, MS
Maxwell J. Levene, DPM, AACFAS
Scott M. Martin, DPM
Justin J. Fleming, DPM, FACPAS
J. Randolph Clements, DPM, FACPAS
Stephen A. Brigido, DPM, FACPAS

**Investigating the Effects of Harmonic Cold Plasma in the Management of Full-thickness Wounds in a Diabetic Murine Model**
N. Jake Summers, DPM
Nicole M. Protzman, MS
Jennifer L. Mulhern, DPM, AACFAS
Marc Jacofsky, PhD
Courtney McDonnell, BS
Stephen A. Brigido, DPM, FACPAS
ACFAS’ annual poster competition brings the latest podiatric research to life in a vibrant display that transforms hard data into visual results. This year’s competition in Austin featured 117 case study posters, 102 scientific posters and seven Student Club posters. Congratulations to this year’s award winners!

**CASE STUDY FORMAT**

**First Place** ($1,000)
*Surgical Management of Failed Ankle ORIF Resulting in Severe Valgus Displacement*
Patrick Thompson, DPM, MS
Lawrence M. Fallat, DPM, FACFAS

**Second Place** ($700)
*Supramalleolar Osteotomy for the Treatment of Lateral Tibial Plafond Avascular Necrosis*
Shannon M. Rush, DPM, FACFAS
Nicholas W. Todd, DPM, AACFAS
Matthew D. Doyle, MA, MS
Tanya J. Singleton, DPM

**Third Place** ($500)
*Simultaneous Bilateral Leg Fasciotomy for Chronic Extertional Compartment Syndrome: A Case Series with Diagnostic and Treatment Algorithm*
Troy Vargas, DPM, FACFAS
Jackie Pham, DPM

**SCIENTIFIC FORMAT**

**First Place** ($1,000)
*Red Cell Distribution Width as a Biomarker for Osteomyelitis of the Foot and Ankle*
Eric VonHerbulis, DPM
D. Scot Malay, DPM, MSCE, FACFAS
Paul Savelloni, DPM
Daniel Clymer, DPM
Shivani Chandhok, DPM
Christopher Bourke, DPM

**Second Place** ($700)
*Evans Calcaneal Osteotomy: The Effect of Graft Size on Multiplanar Correction*
Jessica Knight, DPM
Bradley M. Lamm, DPM, FACFAS

**Third Place** ($500)
*Medial Malleolar Fractures: ORIF vs. Percutaneous Fixation. A Retrospective Comparative Study*
Glenn M. Weinraub, DPM, FACFAS
Patrick Levine, DPM
Aaron Flowers, DPM

**STUDENT CLUB**

**First Place** ($1,000)
*Third Time’s a Charm: How to Spot a Marjolin’s Ulcer*
Scholl College of Podiatric Medicine, Illinois

**Second Place** ($700)
*Does Implantation of Verruca Plantaris into Abductor Hallucis Muscle Belly Prevent Recurrence?*
Kent State University College of Podiatric Medicine, Ohio

**Third Place** ($500)
*The Effect of Variable Lower Extremity Immobilization Devices on Brake Response Driving Outcomes*
Temple University School of Podiatric Medicine, Pennsylvania
A BIG THANK YOU TO OUR MANUSCRIPT & POSTER JUDGES!

Thank you to those members who volunteered to review and judge entries for the annual manuscript and poster competitions at ACFAS 2016 in Austin. The College greatly appreciates the time and effort the judges put into evaluating each submission.

2016 Manuscript Judges
J. Randolph Clements, DPM, FACFAS
Emily A. Cook, DPM, MPH, FACFAS
Thanh L. Dinh, DPM, FACFAS
Javier La Fontaine, DPM, FACFAS
Adam S. Landsman, DPM, PhD, FACFAS
Daniel K. Lee, DPM, PhD, FACFAS
Travis A. Motley, DPM, FACFAS
Naohiro Shibuya, DPM, MS, FACFAS, Chair
Nsima M. Usen, DPM, MPH, FACFAS

2016 Poster Judges
Justin T. Albright, DPM, FACFAS
John S. Anderson, DPM, FACFAS
John J. Anderson, DPM, FACFAS
Suneel K. Basra, DPM, FACFAS
Nicholas J. Bevilacqua, DPM, FACFAS
Brandon W. Bishop, DPM, FACFAS
Georgeanne Botek, DPM, FACFAS
Adam M. Budny, DPM, FACFAS
Maria M. Buitrago, DPM, MS, FACFAS
Bradley W. Bussie, DPM, FACFAS
Craig A. Camasta, DPM, FACFAS
Christopher Chow, DPM, FACFAS
Benjamin L. Clair, DPM, FACFAS
Paul B. Clayton, DPM, FACFAS
Maj. Hjalmar Contreras, DPM, FACFAS
Elizabeth Bass Daughtry, DPM, FACFAS
Michael G. David, DPM, FACFAS
Jason George DeVries, DPM, FACFAS
Brian T. Dix, DPM, AACFAS
Amy L. Duckworth, DPM, FACFAS
Katherine E. Dux, DPM, FACFAS
Erich G. Eriksen, DPM, FACFAS
Lawrence M. Fallat, DPM, FACFAS
Mindi J. Feilmeier, DPM, FACFAS
Robert D. Frankfather, DPM, FACFAS
Richard N. Goad, DPM, FACFAS
Jon R. Goldsmith, DPM, FACFAS
Shane M. Hollawell, DPM, FACFAS
Matthew A. Hopson, DPM, FACFAS
Amy J. Jaeger, DPM, FACFAS
Lindsay J. Johnson, DPM, FACFAS
Brad A. Katzman, DPM, FACFAS
Gerard J. Kerbleski, DPM, FACFAS
Kristopher W. Krannitz, DPM, FACFAS
Alan A. MacGill, DPM, FACFAS
Kieran T. Mahan, DPM, FACFAS
Jeffrey A. Marks, DPM, FACFAS
Jeffrey E. McAlister, DPM, FACFAS
Kathren D. McCarty, DPM, FACFAS
Michael C. McGlamry, DPM, FACFAS
Amanda Meszaros, DPM, FACFAS
Roya Mirmiran, DPM, FACFAS
Anoosh Moadab, DPM, FACFAS
L. Jolene Moyer, DPM, FACFAS
R. Dan Murphy, DPM, FACFAS
Dean T. Nakadate, DPM, FACFAS
Andres M. Perez, DPM, FACFAS
Travis D. Piper, DPM, FACFAS
Philip A. Radovic, DPM, FACFAS
Daniel F. Riley, DPM, FACFAS
Kathryne F. Rupley, DPM, FACFAS
Bryan S. Russell, DPM, FACFAS
Ryan T. Scott, DPM, FACFAS
Jonathan J. Sharpe, DPM, FACFAS
Matthew D. Sorensen, DPM, FACFAS, Chair
Gregory P. Still, DPM, FACFAS
Nicholas J. Tanner, DPM, FACFAS
Daniel J. Tucker, DPM, FACFAS
Michael D. Vaardahl, DPM, FACFAS
Michael D. VanPelt, DPM, FACFAS
Richard A. Walburg, DPM, FACFAS
Gregory E. Webb, DPM, FACFAS
Michael A. Wood, DPM, FACFAS
Qeena C. Woodard, DPM, FACFAS
Randal L. Wraalstad, DPM, FACFAS
Philip Wrotslavsky, DPM, FACFAS
Manuscript & Poster Chair Roles Vital to Competitions’ Success

ACFAS’ annual Manuscript and Poster Competitions bring together the best podiatric medical research from around the world and give those within the profession an inside look at leading topics and trends in foot and ankle surgery.

Coordinating these competitions is no small task, especially as they continue to grow in size and scope each year. ACFAS 2016 saw a record number of entries, but thanks to the hard work of Naohiro Shibuya, DPM, FACFAS, Manuscript Chair, and Matthew D. Sorensen, DPM, FACFAS, Poster Chair, this year’s competitions inspired a new generation of researchers and presented cutting-edge ideas and perspectives that will no doubt shape the profession’s future.

The roles of Manuscript Chair and Poster Chair require time, organization skills and objectivity as well as a thorough understanding of the submission criteria. As Manuscript Chair, Dr. Shibuya worked with the judges and ensured that the judging processes were fair and blinded, while Dr. Sorensen’s responsibilities included managing the high number of posters submitted and making recommendations for their acceptance to the College.

Among the manuscript and poster submissions received this year, Drs. Shibuya and Sorensen saw many new topics such as emerging technology and biologics and early weight-bearing protocols after reconstructive surgery.

“These are changing the way we practice and approach the surgical patient. Plus, they’re adding significant quality measures to patient outcomes,” says Dr. Sorensen.

Dr. Shibuya looks forward to seeing even more high-level studies, as was seen this year, in future competitions. “The quality of submissions we receive for these competitions continues to grow,” he says.

Adds Dr. Sorensen, “Even in hallux valgus etiology and subsequent treatment, we thought we knew the ins and outs of dynamic biomechanics of the first ray, yet new and exciting developments continue to arise that are changing how we practice. I think this same scenario is possible in nearly every subspecialty within foot and ankle surgery.”

Both Drs. Shibuya and Sorensen found it rewarding to chair this year’s competition, with both appreciating the opportunity to directly change the College’s culture toward science and research. Each took pride in seeing the team perform on a tight schedule to deliver an exceptional event.

Yet, serving in these roles does not come without its challenges. “Many quality papers deserved the spotlight this year but didn’t make it to the finals since spots were limited. I wanted to be supportive of these researchers and not discourage them from entering future manuscript competitions,” shares Dr. Shibuya.

Dr. Sorensen’s biggest challenge was assembling the right team to carefully review each submission. “It’s so important to find the right experts within the subspecialties of foot and ankle surgery to review research that aligns with their expertise,” he says.

Drs. Shibuya and Sorensen advise those wishing to enter next year’s competitions to focus on methodology, validity and impact rather than on what is surgically impressive. Notes Dr. Shibuya, “Sexy topics may get attention, but they don’t add much to the body of knowledge.” He encourages surgeons to collaborate with those with research experience to present unbiased results and to discuss their findings with other experts.

Dr. Sorensen recommends following the submission guidelines closely and determining how the new research will ultimately benefit the ACFAS membership and patient care. “Understand your own work as well as the global work that has been presented previously within your research area so the context and delivery are appropriate,” he says.

Looking ahead, Dr. Shibuya would like to see the competition entries continue to grow at each Annual Scientific Conference. He encourages conference attendees to participate in next year’s manuscript session, especially since “some of the highest-level discussions take place there.”

Details and deadlines for the 2017 Manuscript and Poster Competitions in Las Vegas will be available during the summer. Check acfas.org for updates.
Attendees then spent the next three days bustling to and from jam-packed sessions and workshops covering the latest topics and trends in foot and ankle surgery, such as 2nd MTPJ Unanswered Questions, Have We Figured Out Charcot Arthropathy, and Trending Therapies. With new approaches and studies to explore, as well as new techniques to add to their surgical arsenal, attendees came away reinvigorated in their practice and ready to take on the challenges ahead.

The sights and sounds of Austin invited attendees to embrace the Texas atmosphere with their colleagues during many after-hours gatherings, including the Premier Connection Opening Event and wrap party at Buffalo Billiards. Fueled by live music, games and local cuisine, attendees and their guests celebrated both the start and finish of yet another historic conference while getting a true sense of what makes Austin one of a kind.

This year, ACFAS had booths at the Austin Marathon Expo and finish line where several ACFAS members and ACFAS staff distributed 5,000 icepacks and educational handouts to runners and their families. This event gave the College and profession exposure to more than 15,000 runners and their families from all 50 states while letting ACFAS give back to the Austin community for its hospitality during the conference.

“We had great attendance with this scientific conference involving educators who demonstrate a passion for sharing information and leading relevant discussions in the latest research and trends in foot and ankle surgery. When you have a talented group, success is inevitable. We would not have achieved this record-breaking conference without the hard work of the Annual Scientific Conference Committee and our members who believe in and support the College’s mission. Thank you to everyone involved,” says George T. Liu, DPM, FACFAS, Annual Scientific Conference committee chair.

“ACFAS 2016 proved the College continues to be at the forefront of foot and ankle surgery, and I have no doubt more recordbreakers are on the horizon,” says ACFAS President Sean T. Grambart, DPM, FACFAS. “Our members value the educational programs we provide and consider us their top resource for expanding their knowledge and skills.”

Be sure to join us next year for our 75th Anniversary Annual Scientific Conference in Las Vegas, Feb. 27–March 2, 2017!

“ACFAS 2016 proved the College continues to be at the forefront of foot and ankle surgery, and I have no doubt more recordbreakers are on the horizon.”

—ACFAS President Sean T. Grambart, DPM, FACFAS
They say if you want something done, give it to the busiest person you know. If that doesn’t describe Troy, I don’t know who it would be.”

When ACFAS President Richard Derner, DPM, FACFAS, presented Troy J. Boffeli, DPM, FACFAS, with the prestigious ACFAS Distinguished Service Award during the Honors and Awards Ceremony in Austin, many in the audience agreed Dr. Boffeli has gone above and beyond in serving the profession and advancing the College’s mission.

Dr. Boffeli’s volunteer service with ACFAS began more than 20 years ago when he was a resident. “I learned then the College represents our profession’s future and that it’s important to get involved,” he says. “Our volunteer members each bring a unique perspective and level of expertise to the table,” Dr. Boffeli continues. “And as a residency program director, I understand the crucial connection between young members and the College; I want my residents to also see the importance of giving back to the profession.”

For Dr. Boffeli, volunteering for ACFAS as a speaker, moderator, committee chair, peer reviewer, author and board member over the years has helped him grow professionally in areas related to leadership skills, medical knowledge and publication interests. He most values the opportunity to work alongside other volunteer leaders within the College and appreciates the positive impact this experience has had on his career as a foot and ankle surgeon. “I gain much more from the College than I give,” he says, “and my investment of time has greatly benefitted my practice, my patients and my ability to train residents.”

Teaching at ACFAS conferences and seminars and participating in the clinical consensus statement (CCS) panel on thromboprophylaxis stand out as two memorable highlights from Dr. Boffeli’s past year of volunteer service. “Attendees are always so thankful, especially at the arthroscopy skills courses and Division workshops. Contributing to the CCS was very rewarding because the published report will have a lasting effect on patient safety,” he notes.

Dr. Boffeli credits his involvement with the College for exposing him to new ideas from other speakers and committee members. “I take what I’ve learned back to my partners and residency program where we can implement new protocols and techniques to improve patient care,” he says. “In addition, lecture and task force assignments have allowed me to develop expertise in areas I may not have pursued otherwise, such as bone graft substitutes and safety protocols in the OR.”

According to Dr. Boffeli, ACFAS members who would like to become more involved with the College do not need to be a committee chair or board member in order to make a difference, but they do need to “show up and be engaged.” He notes that young members frequently have a unique role on committees due to advanced training as researchers, healthcare administrators, patient safety advocates and other roles. “The College is run by those who show up, and committee involvement is the place to put your skills to work as a volunteer,” he concludes.

ACFAS congratulates Dr. Boffeli on this honor and thanks him for his dedicated service to the College.
Arthrex, a global leader in new product development and medical education, highlights the latest innovations and technology in foot and ankle surgery.

PICA is a true partner with today’s podiatric physicians! Many products to choose from when it comes to medical professional malpractice liability and other insurance.

Stryker is dedicated to providing innovative product solutions and outstanding service to the foot and ankle community worldwide. Stryker’s dedication is through innovation, education and research.

Wright Medical is a global orthopaedic company that provides solutions, which enable clinicians to alleviate pain and restore their patients’ lifestyles. The company is the recognized leader of surgical and biologic solutions for the foot and ankle market and markets its products in more than 60 countries worldwide.

CrossRoads Extremity Systems is an integrated extremity company focused on providing NOVEL innovation, SUSTAINABLE solutions, and PROVEN products to a global payment world.

DePuy Synthes Companies of Johnson & Johnson offers an unparalleled breadth of products, services and programs that are designed to advance patient care and deliver clinical and economic value to healthcare systems throughout the world.

Integra LifeSciences is a world leader in medical devices used in podiatric, reconstructive, orthopaedic and general surgery. The reconstructive product portfolio focuses on extremity fixation, wound repair, tendon and peripheral nerve repair/protection.

Smith & Nephew is a global medical technology business with leadership positions in orthopaedic reconstruction, endoscopy, sports medicine, trauma fixation, extremities and limb restoration, and advanced wound management.

Zimmer Biomet

Founded in 1927 and headquartered in Warsaw, Indiana, Zimmer Biomet is a global leader in musculoskeletal healthcare. We design, manufacture and market orthopaedic reconstructive products; sports medicine, biologics, extremities and trauma products; spine, bone healing, craniomaxillofacial and thoracic products; dental implants; and related surgical products.
Through its certification process, ABFAS works to protect and improve the health and welfare of the public by the advancement of the art and science of podiatric (foot and ankle) surgery.

Amniox Medical, a leader in restorative tissue therapy, is the only provider of amniotic membrane/umbilical cord matrix offering enhanced levels of cytokines and growth factors. Product lines include Clarix (surgical adhesion barrier) and Neox (wound covering).

Podiatry Foundation of Pittsburgh supports research through the Annual Scientific Conference Manuscript Competition.

Horizon Pharma’s mission is to improve patient care by developing and marketing pharmaceutical products that significantly improve outcomes.

A world leader in orthopaedic solutions, Acumed® continues to innovate for the patient, surgeon and hospital community as a whole.

For ACFAS 2016, Treace introduces an exciting advancement in the surgical treatment of bunion deformities. Our patent-pending Lapiplasty™ system offers a revolutionary new approach, enabling surgeons to perform Triplanar Deformity Correction™ with precision and control.

Claim Your ACFAS 2016 CME Credits Online

You can now download your Continuing Medical Education (CME) credits via certificate of attendance, curriculum listing or both, whichever you need for your license or privileging, for ACFAS 2016 in Austin. Just visit acfas.org and click on the Access Conference CME link.

If you have any questions or need assistance, contact the ACFAS Education Department at (800) 421-2237.

Handouts from ACFAS 2016 Sessions Available

If you attended ACFAS 2016 in Austin, you can revisit your favorite discussions and case presentations by viewing the session handouts of those speakers who allowed ACFAS to post. Visit acfas.org/austin to log in and access the handouts then use them to review any sessions you need a refresher on or may have missed.
The ACFAS Board of Directors met on February 9, immediately prior to the 2016 Annual Scientific Conference in Austin.

The board welcomed newly elected director Thanh L. Dinh, DPM, FACFAS, and reelected director Randal L. Wraalstad, DPM, FACFAS. Also joining the board was new Division President’s Council Chair Eric G. Walter, DPM, FACFAS, who serves as an ex-officio board director. Retiring from the board was Thomas S. Roukis, DPM, PhD, FACFAS, and Director Christopher F. Hyer, DPM, FACFAS, who resigned from the board effective February 7.

Pursuant to the bylaws, the board elected Aksone Nouvong, DPM, FACFAS, to fill the two-year vacancy in Dr. Hyer’s term. Dr. Nouvong just completed a two-term year as DPC chair and ex-officio director.

The highlight of the meeting was the board’s approval of a $1.2 million public relations campaign targeting nurse practitioners, family physicians and diabetes educators on why they should refer patients to ACFAS members. Titled *Take a New Look at Foot and Ankle Surgeons*, the campaign will include advertising, email, social media, a website, exhibits and other ways to educate these healthcare provider audiences. Public relations firm Fleishman Hillard will conduct the campaign and will be paid from reserve funds earmarked for long-term strategic programs. The “New Look” program will be highlighted in the next issue of *ACFAS Update*.

Other actions at the board meeting included:

**Appointments:**
- Richard Derner (Chair), DPM, FACFAS; Scott C. Nelson, DPM, FACFAS; and Randal L. Wraalstad, DPM, FACFAS, to constitute the 2016 Conflict of Interest Committee
- Board liaisons to ACFAS Student Clubs at podiatry schools
- Members to the Credentialing and Privileging Advisors Team
- Members to the National Quality Forum Surgical Measures Committee

**Approval of:**
- A new policy reducing the electronic voting period 30 to 15 days
- “Housekeeping” bylaw amendments to be voted upon by the membership
- Administrative changes to the College’s 457(b) Deferred Compensation Plan
- Presentation and discussion with PICA CEO Ross Taubman, DPM, FACFAS

The next board meeting will be held July 15–16 in Monterey, California. Questions on any board issues may be directed to Executive Director Chris Mahaffey, CAE, at mahaffey@acfas.org.
Bylaw Amendments Vote This Spring

This spring the ACFAS Board of Directors will propose bylaw amendments to the College’s voting members by electronic ballot. This is the first time bylaw amendments have been proposed in over ten years. The proposed amendments have been recommended by the Regional Divisions President’s Council and the College’s legal counsel. They are largely “housekeeping” amendments that conform to federal or not-for-profit corporation laws and current practices.

All voting members will receive an email one week prior to balloting with voting instructions. A minimum of 10 percent of voting members must approve the amendments by a two-thirds majority.

2016 Residency Directors Forum Recap

Fifty-three program directors from across the US attended a complimentary four-hour educational program during ACFAS 2016 in Austin. This forum featured sessions on various educational and compliance issues program directors may encounter throughout the course of the academic year, including:

- HIPAA Compliance for Training Programs
- How Residents Learn
- Teaching Complex Skills Using Performance Cues
- Managing the Problem Resident
- How to Teach Research Methodology
- Program Director’s Corner: Report from CPME and PRR

ACFAS’ Post-Graduate Affairs Committee collaborated with the Council of Teaching Hospitals and Health Systems to present the event. PowerPoints and many sample documents from the forum are available in the Residency Director Center on acfas.org.

FootNotes Gets a Fresh New Look

ACFAS’ seasonal patient education newsletter, FootNotes, just got a facelift starting with the Spring 2016 issue! Visit the acfas.org/marketing to download this newly redesigned edition and share it with your patients. While we have refreshed the look and feel of FootNotes to keep it consistent with our other publications, we will continue to include the timely articles and helpful foot care tips your patients trust and enjoy.

In Memory

Bruce D. Gorlick, DPM, FACFAS, Sacramento, CA
Ancillary services can help you increase practice revenue and meet patients’ needs, but to manage these services successfully, you need to do your research, properly train your staff and truly listen to your patients.

**Bela Pandit, DPM, FACFAS,** owner of Pandit Foot and Ankle, offers ancillary services at each of her three Chicago-area practices and appreciates how they have helped set her apart from other local foot and ankle surgeons. Dr. Pandit follows the practice management model of keeping as much as possible in house, and while handling many different types of services can be time-consuming and can incur expenses up front to train and hire new staff, she says the long-term results are worth the effort as long as you maintain focus on your surgical and primary practice.

To manage the logistics of providing ancillary services within her practices, Dr. Pandit relies on her office manager as a point of guidance and training for staff issues. “I delegate one service to each staff member to oversee and know backward and forward to his or her best ability. This way, they can train other staff and are empowered to fix problems, like calling the appropriate service rep if a piece of equipment is not working,” she says. “Also, it’s essential to use software systems for accounting and charting.”

Charting software has helped reduce the amount of time Dr. Pandit and her staff spend matching new local coverage determinations and codes for certain services. And since many ancillary services are fee-for-service/cash-based, ICD-10 does not apply.

Over the past year, Dr. Pandit has seen a positive correlation between the Affordable Care Act and fee-for-service/cash-based services. “Patients who have chosen high-deductible plans understand they will be paying out of pocket for many visits or services until they meet their deductible. Many concede they may never meet it in a year and want to discuss ancillary services for their treatments,” she explains. She has also noticed an increase in the number of patients who receive ancillary services that are billed to their insurance because more people are now insured.

Dr. Pandit recommends reviewing a patient’s insurance plan and coverage with him or her prior to providing a service. “Patients want to understand and want their voice and concerns heard. They don’t want ‘surprise’ bills,” she says.

If you would like to add ancillary services to your practice but do not know where to start, Dr. Pandit encourages listening to your patients to provide a good starting point for determining which services are in high demand. “If ten of your patients mention massage therapy over the course of one month, acknowledge this demand. Weigh the costs. A massage table is inexpensive, but a trained massage therapist can be pricey,” notes Dr. Pandit.

She also recommends asking yourself the following questions when considering a new service:

---

**Dr. Pandit’s Top 3 Tips for Providing Ancillary Services**

1. **Listen to your patients to determine demand.**
2. **Thoroughly research the type of service you wish to provide.**
3. **Evaluate office space, staffing and time plus costs to advertise.**
Do I have the room, staff and time to offer this new service?
Do I know where to advertise?
Can I train my staff to talk about this new service to existing patients?
Will I lose revenue because it takes up too much of my time?

For ancillary services to become more widespread among podiatry practices within the US, Dr. Pandit believes foot and ankle surgeons need to embrace new technology and understand the large consumer demand for such services. “I would love to add 3-D printed devices, fitness trackers that analyze gait, more extensive computer analysis and custom-made creams to my current array of ancillary services,” she indicates.

With so many practices looking to increase their income in 2016, ancillary services may be a worthwhile option to explore. Concludes Dr. Pandit, “If the decision seems right, it’s a great way to take a calculated risk that can pay off in the long run.”
2016 ACFAS Scholars

ACFAS Scholars are the current ACFAS Student Club presidents at each of the podiatric medical schools. The Board of Directors thanks these young members for their year of service to the College by giving them a scholarship to attend the Annual Scientific Conference. This year’s ACFAS Scholars who attended ACFAS 2016 are:

L–R:
Jonathan Srour, New York College of Podiatric Medicine
Jason Spector, Barry University School of Podiatric Medicine
Kelsey Millonig, Des Moines University College of Podiatric Medicine and Surgery
Drew Burdi, Dr. William M. Scholl College of Podiatric Medicine

Emily Zulauf, Kent State University College of Podiatric Medicine
Ali Spangler, Temple University School of Podiatric Medicine
Daniel Spencer, Western University College of Podiatric Medicine
Christopher Sullivan, California School of Podiatric Medicine

2016 Division Scholars

ACFAS Division Scholars are funded by the ACFAS Division Presidents Council, specifically their home Divisions, and most are the president-elect of their Student Club. Their local Divisions honor them as future leaders of the profession. The 2016 ACFAS Division Scholars are:

L–R:
Joshua Wolfe, Des Moines University College of Podiatric Medicine and Surgery
Tyler Mulkey, Dr. William M. Scholl College of Podiatric Medicine
William Finn, DPM, FACFAS
Dylan Grau, Barry University School of Podiatric Medicine
Alan MacGill, DPM, FACFAS
Eric Walter, DPM, FACFAS
Kale Meeks, Western University College of Podiatric Medicine
Brian Derner, Temple University School of Podiatric Medicine
Jolene Moyer, DPM, FACFAS
Drew Burdi, Dr. William M. Scholl College of Podiatric Medicine

Mirmiran Family Scholarship Winner Attends ACFAS 2016

Congratulations to Shontal Behan, a student at the California School of Podiatric Medicine (Class of 2018), on receiving the 2016 Mirmiran Family Scholarship.

The family of Roya Mirmiran, DPM, FACFAS, of Albuquerque, New Mexico, established the scholarship last year to provide $1,000 of annual support to one podiatric medical school student. The funds are intended to offset travel expenses and costs for the student to attend the ACFAS Annual Scientific Conference.

(L–R) Mirmiran Family Scholarship Winner Shontal Behan, a California School of Podiatric Medicine student, and Roya Mirmiran, DPM, FACFAS.
We help your business bank healthy.

- Revolving Lines of Credit
- Special Purpose Lines of Credit
- Term Loans for new or used equipment
- Term Loans for practice acquisition
- Real Estate Construction Loans
- Real Estate Acquisition Loans

ACFAS CORPORATE SPONSORS

Gold Level
- Arthrex
- PICA
- Stryker
- Wright

Silver Level
- Crossroads Extremity Systems
- DePuy Synthes
- Integra
- Smith and Nephew
- Zimmer Biomet

Bronze Level
- ABFAS
- Amniox Medical
- Horizon Pharma

Pewter Level
- Acumed
- Podiatry Foundation of Pittsburgh

Friends Level
- Treace Medical Concepts, Inc.
in this issue

Troy J. Boffeli Receives Distinguished Service Award

Claim Your CME for ACFAS 2016

ACFAS to Debut First e-Book on Arthroscopy

page 11

page 13

page 3