

ACFAS Update

STUDENT & RESIDENT

VOLUME 6 ISSUE 3 NEWS from the AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

Residents' Day at ACFAS 2019 a Huge Success



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The College's first-ever Residents' Day, held a day before ACFAS 2019 in New Orleans, proved to be a runaway success that helped attendees better navigate the transition from residency to full-time practice.

Many of the soon-to-be practitioners in attendance appreciated the speakers' candid, real-life advice on how to stand out from the crowd, land a job and grow professionally as foot and ankle surgeons. Hearing tips not often shared during residency helped ease some of the anxiety residents at any stage can experience before they start practicing full time.

With sessions such as "Don't Let the Start Be the End: Facilitating the Process" to "Outreach/Make Time: Get Your Name Out There" coming in as attendee favorites, attendees gave high praise to the program's offerings.

Attendees topped off their day with an informal networking event featuring open Q&A and left well-equipped with tools, contacts and insights to prepare them for this next exciting stage of their career.

"Residents' Day was an innovative new forum to provide resident foot and ankle surgeons with straightforward career advice on everything from competing for that first job to finding that perfect practice fit a few years down the road. We wanted to give our newest surgeons the best opportunity be

successful, and I believe this program absolutely helped make that happen," said Matthew E. Williams, DPM, FACFAS, a Residents' Day faculty member.

Faculty member Barry I. Rosenblum, DPM, FACFAS, added, "It was great to see a room full of residents—who will very soon become our colleagues—eagerly soak up as much information as possible about how to ease the transition from the relative safety net of residency to real-world practice."

Based on the successful outcome of this pilot program, plans are already underway for a second Residents' Day to be held during ACFAS 2020 in San Antonio. Watch ACFAS publications later this year for details.

Congrats to ACFAS Student Club Poster Winners

Eight of the nine ACFAS Student Clubs participated in this year's poster contest held during ACFAS 2019 in New Orleans. Congratulations to the winners:

First Place (\$1,000)

Comparison of Neurovascular Risk with the Lateral Extensile Incision Versus the Sinus Tarsi Incision: A Cadaveric Study

California School of Podiatric Medicine at Samuel Merritt College

Second Place (\$700)

Utilization of External Fixation for the Management of Complicated Soft-Tissue Wounds Across the Foot and Ankle

Des Moines University College of Podiatric Medicine & Surgery

Third Place (\$500)

The Effect of Three-Dimensional Printed Models on Reliability of the Assessment of the Lauge-Hansen Classification System

Temple University School of Podiatric Medicine

Hats Off to Our 2019 ACFAS & Region Scholars



Congratulations to this year's ACFAS Scholars, who are the ACFAS Student Club Presidents at each of the podiatric medical schools. The Board of Directors thanks these young members for their year of service to the College by honoring them with a scholarship to attend the Annual Scientific Conference. Pictured here with Sharon Chestnut, President, and other representatives from sponsor Medartis US® are the 2019 ACFAS Scholars:

Natasha Bhagat, Club President,
Kent State Class of 2020

Robert Clements, Club President,
DMU Class of 2020

Stephanie Golding, Club President,
Temple Class of 2020

Byron Lemon, Club President,
WesternU Class of 2021

Kyleigh Pierson, Club President,
AZPod Class of 2021

Jonathan Shalot, Club President,
NYCPM Class of 2020

Misha Tavaf, Club President,
Barry Class of 2020

Sherjeel Hassan, Club President,
Scholl Class of 2020 (not pictured)

Varsha Salunkhe, Club President,
CSPM Class of 2020 (not pictured)



ACFAS Region Scholars are awarded scholarships from their local Region in recognition of their exemplary academic performance.

Congratulations to the 2019 ACFAS Region Scholars, pictured here with Region Presidents Council Representatives:

Top, L-R: Adam Budny, DPM, FACFAS, Tri-State Region President; Robert Fridman, DPM, FACFAS, Northeast Region President; Jordan Richardson, Club Member, WesternU Class of 2021; Harry Schneider, DPM, FACFAS, Region Presidents Council Chair; Amol Saxena, DPM, FACFAS, Pacific Region President; Ross Groeschl, Club President-Elect, AZPod Class of 2021; Alan MacGill, DPM, FACFAS, Southeast Region President; Justin Carney, Club President-Elect, Barry Class of 2021

Bottom, L-R: Samuel Straus, Club President-Elect, Temple Class of 2021; Rahim Lakhani, Club Member, NYCPM Class of 2020; Deana Lewis, Club President-Elect, Kent Class of 2021; Ambreen Sharif, Club Member, Scholl Class of 2021; Bill Finn, DPM, FACFAS, Midwest Region President; Joseph Brown, Club President-Elect, DMU Class of 2021; Fred Mechanik, DPM, FACFAS, Big West Region President

Mirmiran Family Scholarship Recipients Attend ACFAS 2019



Congratulations to New York College of Podiatric Medicine students Grant Yonemoto (Class of 2020) and Throy Austero (Class of 2020) on receiving the 2019 Mirmiran Family Scholarship. The family of Roya Mirmiran, DPM, FACFAS, of Sacramento, California, established the scholarship to provide two podiatric surgery students with \$1,000 each in support. Students are hand-selected by faculty at their school. The funds are intended to offset travel expenses and costs for attending the ACFAS Annual Scientific Conference.

WATCH OUR LATEST WEBINARS ON DEMAND

If you missed our last two webinars, don't worry! Both are available in the Member Center on acfas.org for you to view anytime, anywhere at your convenience.

In **Residency Director Panel: Candid Advice for Prospective Residents**, two residency directors share their tips and tricks for everything from researching residency programs, applying, interviewing and man-

aging the CASPR Match process. They also delve into what you need to know as you head out to externships.

Get honest, straightforward advice in **The Price of Success: Managing Student Loan Repayment** to help you manage your student loan debt. Learn the differences between time-driven and income-driven repayment plans, the pros and cons of

refinancing and what to watch out for when developing your repayment strategy.

Access these and our complete webinar library (including downloadable webinar slides) in the Member Resources section of the Member Center at acfas.org/members, and stay tuned for new releases.