

# First Year Post-Residency – Now What? Fair Winds and Following Seas

Scientific Conference

 **ACFAS**

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# Presenter Disclosures

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Chief Medical Director: PICA

## **Colin Mizuo, DPM, FACFAS**

Member: APMA Young Physician Leadership Panel

Member: APMA Clinical Practice Advisory Committee

Member: ABFAS Case Review Committee 2023

Article Reviewer: *The Journal of Foot and Ankle Surgery*

## **Patrick Robinson, DPM**

No conflicts to disclose.

# Communication

- Scheduling
- Central Supply
- In the O.R.
- In Recovery

# Communication

--- Kindness

# What Can You do Now as a Resident

## Clinical setting

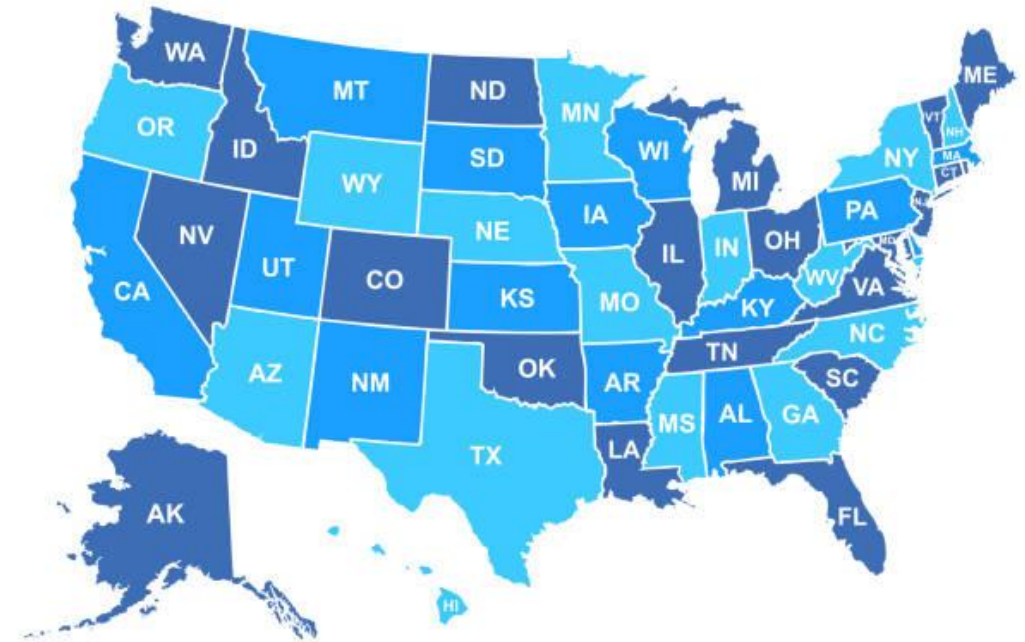
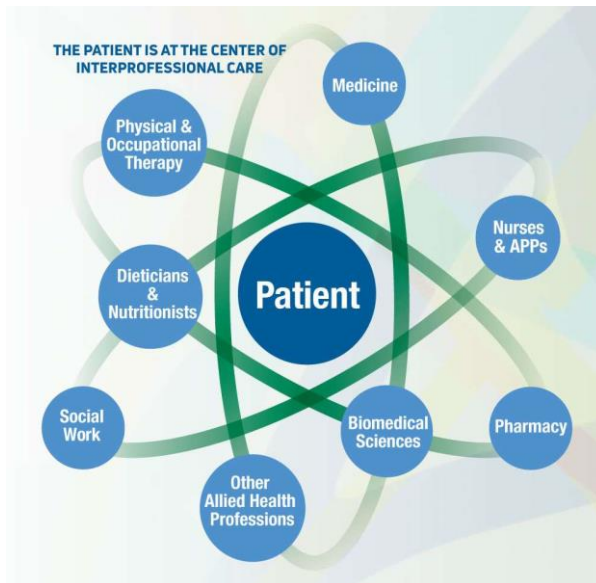
- Protocol for conservative treatment
- Postop protocols
- Brush up on orthotics/biomechanics
  - Less common pathology



# What Can You do Now as a Resident

## Geography

- Establish a referral system



# Surgery 101

## Hospital

- Pros
  - Support departments
  - More resources
- Cons
  - Slower
  - More expensive



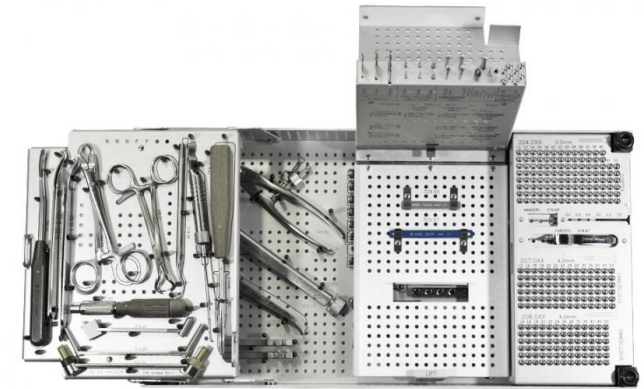
## ASC

- Pros
  - Fewer delays
  - Cheaper
- Cons
  - Fewer resources



# Other Considerations

- Is there another podiatrist on staff?
- OR equipment → What's on the shelf?
- Special equipment
- Sets can be modified/customized





# Other Considerations: OR Efficiency

- Know your staff: scrub tech, circulator, rad tech
- Do you have residents or assistants
- Anesthesia protocol → popliteal blocks
- Positioning materials → foam blocks, instruments, thigh holders
- Find out how your procedure time is calculated
  - Average time per procedure
- Do you have OR block time?
  - Use it or lose it
  - Typically earned



**DON'T FORGET TO LOG YOUR CASES!!!**

**THANK YOU!**

**Colin Mizuo, DPM, FACFAS**



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