

ACFAS Board of Directors Candidate Profile



Ryan Rigby, DPM, FACFAS

Logan, UT

Logan Regional Orthopedics

Diplomate, American Board of Foot and Ankle Surgery (2015)

Fellow, American College of Foot and Ankle Surgeons (2015)

Education

Doctorate: DPM, Midwestern University

Residency: Oakwood Healthcare System

Fellowship: Sarasota Orthopedic Associates

Experience

ACFAS Leadership Experience

- Annual Scientific Conference (ASC) Committee Chair, ACFAS (2023, 2024)
- Annual Scientific Conference (ASC) Committee Co-Chair, ACFAS (2022)
- Manuscript Chair, ACFAS (2020, 2021)
- Section Editor, Journal of Foot & Ankle Surgery

Other Professional Leadership Experience

- Team Physician, Utah State University
- 450+ Guest Lectures, U.S. & International

Publications

- A comparison of the “All-Inside” arthroscopic Broström procedure with the traditional open modified Broström-Gould technique: A review of 62 patients. Feb 2018 – Foot and Ankle Surgery.
- Role for Primary Repair of Deltoid Ligament Complex in Ankle Fractures. 2018 Clinics – Master Techniques in Foot & Ankle
- Achilles Tendon Rupture. eTrauma Textbook, ACFAS 2019.
- Ankle Ligament Reconstruction. McGlamry e Operative Textbook. Chapter 58 2019.
- Results of a Multicenter Prospective Randomized Trial: Traditional Modified Brostrom versus Internal Brace Ligament Augmentation” FAI Oct 2020.
- Nonunion Rate Following Primary Arthrodesis for Acute Lisfranc Injuries. JFAS
- Impact of BMI on the Surgical Management of Chronic Insertional Achilles Tendinopathy. JFAS 2024 May-Jun
- Incidence of Medial Deltoid Ligament Instability in 226 Patients With Chronic Ankle Instability. JFAS 2024 Mar-Apr
- Anterior Talofibular Ligament Repair With Suture Tape Augmentation. Arthrosc Tech. 2020 Nov



Position Statement

Early in my career, while sitting in the audience watching Dr. Alan Ng moderate the Recon Madness session at the ACFAS Annual Scientific Conference, I realized something. In that auditorium were gathered more Foot and Ankle Surgeons in one place than anywhere else in the world. It was an impressive sight! They were simultaneously learning and enjoying themselves as they watched panelists debate over controversial topics. I realized in that moment, that I belonged to something great... an association...or better yet, a College. As a member of this great College, I was part of something more than just my personal practice. I had colleagues who were a lot like me, trying their best to be educated so they could treat their patients better. It was in that moment that I began to truly appreciate the American College of Foot and Ankle Surgeons. I am grateful for what the College has done for me and I'm proud to be a lifelong member.

Experiences like this have led me to be engaged in the College as much as possible, and fortunately, I've had many opportunities to do so. I have served on the Annual Scientific Committee as the Conference Chair, Manuscript Chair, and Conference Co-Chair. While serving as the Committee Chair, we hit an all-time record number of attendees during the 2024 Tampa Florida ASC, despite the national decline of conference attendance in other professions. This is much in part to the excellent ACFAS staff and the ASC committee members. I was humbled and grateful to lead such an incredible group of people. It is impressive to see so many people coming together to create the premier educational experience the ASC has become. As a member of the Board of Directors, I will make it a priority to ensure we provide the best educational experiences for our members.

As I look into the rearview mirror and reflect upon all that I personally have enjoyed and benefited from as a member, it makes me excited for the future, and I know there are incredible days ahead. That doesn't mean however, that we aren't without issues and challenges.

I am personally concerned about student enrollment. Part of our strength lies in our numbers. If we ignore declining enrollment, we will find ourselves weakened with fewer voices and less influence. It is imperative that we don't wait for students to find us. Instead, I envision pre-medical students seeing the ACFAS logo more frequently and understanding who we are and the amazing opportunities we can provide them. Recruitment to high school and undergraduate students to increase awareness is vital.

The College does a fantastic job of providing excellent data and research. We cannot slow down. We must pick up the pace and I know we have the power to do so. The secret lies with empowering our members by providing them with the resources and means to be involved. I believe we can provide more collaborative opportunities to our young members; they are motivated and have much to contribute in this regard.

I know we will always have challenges, but challenges give us the chance to rise, to improve and to excel. As a member of the Board of Directors, I will do everything I can to build upon the work of those who have gone before, while looking with excitement and optimism to the future.

