

ACFAS Update

student resident

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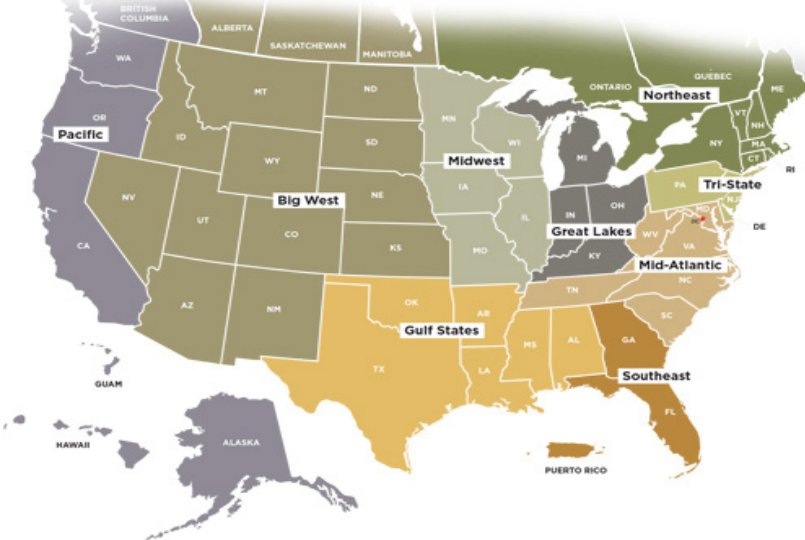
NEWS FROM THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

ACFAS Redistricts Divisions into Nine New Regions

On January 1, 2018, the College's 14 Divisions redistricted into nine Regions to better serve ACFAS members. This change comes two years after the Division Presidents Council began the process to level the field in terms of local support across all membership areas.

The nine Regions will continue to offer local support of ACFAS programming, such as:

- student scholarships;
- grants for local resident and post graduate Fellow research;
- local ACFAS On the Road programs;
- resident Complications Courses, other seminars and local educational offerings; and
- member support.



Find Your School's Region

REGION	SCHOOL(S)	REGION WEBSITE
Pacific	CSPM, WesternU	acfas.org/regionpacific
Big West	AZPod	acfas.org/regionbigwest
Midwest	DMU, Scholl	acfas.org/regionmidwest
Great Lakes	Kent State	acfas.org/regiongreatlakes
Southeast	Barry	acfas.org/regionsoutheast
Tri-State	Temple	acfas.org/regiontristate
Northeast	NYCPM	acfas.org/regionnortheast

ACFAS 2018

Register now for ACFAS 2018, March 22–25 in Nashville! Download the conference program at acfas.org/nashville to see the complete lineup of sessions, workshops and special events awaiting you!



How to Start a Journal Club



Starting a journal club at your school, residency or workplace is a great way to stay up to date on the latest foot and ankle surgical research while also connecting with your peers.

Here, **D. Scot Malay, DPM, MSCE, FACFAS**, editor of *The Journal of Foot & Ankle Surgery (JFAS)*, shares his tips for journal club success.

1. Have an attending foot and ankle surgeon participate in the journal club. "Although this isn't required," says Dr. Malay, "an experienced surgeon can offer useful commentary when challenging surgical questions arise." An attending experienced in clinical research can also address questions related to investigational methodology and can limit review of poorly designed studies or less meaningful articles.
2. Set a designated meeting time and place. Dr. Malay suggests meeting at least once a month or, preferably, every two weeks.
3. Do not limit the review to just one journal or to foot and ankle surgery only. "Key medical journals include high-quality articles that often apply to foot and ankle surgery," Dr. Malay notes.
4. Have one participant direct each journal club meeting. This person should select the article and run it by the attending a day or two prior to the meeting. S/he is responsible for introducing the article during the meeting and for directing the discussion. Participants should review the article before the meeting.
5. Read the [Users' Guides to the Medical Literature](#) published by JAMAevidence. Participants can also read any other publications that describe systematic approaches to the critical appraisal of an article.
6. Discuss the following during the meeting:
 - The article title, the journal in which the article appears, the authors and their affiliations and the financial and conflict of interest disclosures provided.
 - The article's primary and secondary goals and the hypothesis underlying the research question being studied.
 - Methodology, type of investigation and the level of clinical evidence.
 - The sample population studied, source of the patients or participants, selection bias, and inclusion and exclusion criteria.
 - Whether the treatment allocation was random or biased in some fashion.
 - Whether the assessors (blind or not) were qualified or trained to make the measurements.
 - Independent (risk factors, exposures, baseline demographics) and dependent (outcomes) variables and the validity of the information obtained with the measurements made.
 - Descriptive and inferential statistical analyses.
 - The roles of those involved in the study and whether or not they were unbiased.
 - Whether the results were clearly displayed (tables and figures) and informative.
 - Methodological shortcomings or limitations of the study.
 - Whether the authors' conclusions fit the results observed and presented in the report.
 - Whether the findings described in the report can be used in your own practice or to develop future investigations.

Questions about how to get your journal club off the ground?

Visit any of the many online evidence-based medicine websites, such as:

- The Centre for Evidence-Based Medicine
- McMaster University's resources for evidence-based practice
- *Users' Guides to the Medical Literature*

If you still have questions about your journal club, you can contact Dr. Malay at editor@jfas.org.

To access *JFAS*, log into acfas.org/members and then click on the *Journal of Foot & Ankle Surgery* under the Member Communications section or [download the JFAS app](#) from your app store.

Also visit acfas.org/SLR for monthly Scientific Literature Reviews that can supplement your journal club discussions.

For more information on starting a journal club, or to see one in action, visit jfas.org.

ACFAS Board Liaisons & ACFAS Members Visit Student Clubs

Seven ACFAS Student Clubs welcomed visits from ACFAS Board Liaisons and members during the fall.



Randal L. Wraalstad, DPM, FAFAS, visited the AZPod Student Club and presented Student Club President Kyle Schwickerath, with the club's annual stipend check.



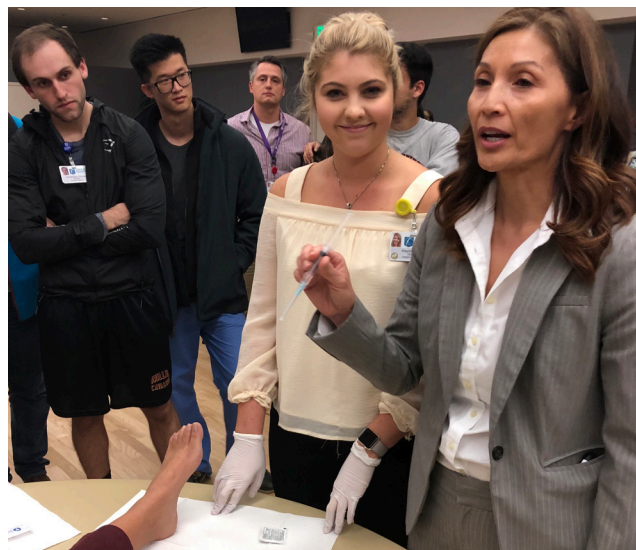
Tri-State Region President Keith Cook, DPM, FAFAS, visited the Temple University Student Club and presented Student Club President Anthony Samaan with the club's annual stipend check.



Scott C. Nelson, DPM, FAFAS, visited the Des Moines University Student Club and presented club leaders with their annual stipend check.



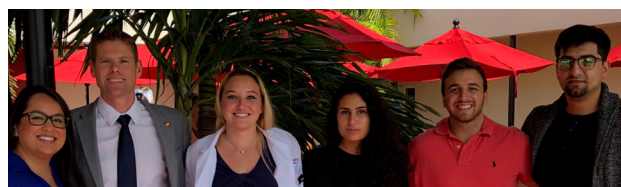
Eric G. Walter, DPM, FAFAS, visited the Kent State Student Club and presented club leaders with their annual stipend check.



Michael J. Cornelison, DPM, FAFAS, and Aksone Nouvong, DPM, FAFAS, met with the CSPM Student Club and conducted a hallux block workshop.



John S. Steinberg, DPM, FAFAS, visited the NYCPM Student Club and presented on surgical approaches to diabetic limb salvage.



Southeast Region President Alan G. MacGill, DPM, FAFAS, visited the Barry University Student Club. He gave club members an overview of ACFAS and presented them with their annual stipend check.



ACFAS member Roya Mirmiran, DPM, FAFAS, held a suture workshop for the AZPod Student Club and spoke with club members about residency.

ACFAS Board of Directors Visits AZPod Student Club

The entire ACFAS Board of Directors met with the AZPod Student Club. Aksone Nouvong, DPM, FAFAS, presented a clinical lecture, then four residency directors on the Board held a Q&A session with students on how to prepare for the residency process.