

ACFAS ^{student resident} Update



NEWS FROM THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

ACFAS: It's a Wrap



Students and residents were in full force at ACFAS' Annual Scientific Conference in Phoenix in February and definitely experienced the limitless opportunities the popular conference provided! All nine podiatric schools were represented, with ACFAS Student Club leaders receiving ACFAS

Scholar and Division Scholar scholarships, as well as complimentary conference registrations.

The conference kicked off with general session speaker, David H. Newman, MD, an emergency physician, researcher and author, who called on attendees to lead healthcare reform and reminded them of the political capital they hold as physicians to influence this change.

ACFAS 2015 sessions geared toward young members addressed regenerative medicine, evolution of the treatment of hallux valgus, osteobiologics and more. Sessions held in the HUB showcased non-CME topics such as the board certification process, problem patients, contracts and effective public speaking.

Seven ACFAS Student Clubs participated in this year's poster contest. Congratulations to the winners:

1st Place:

The Diagnosis of Lower Extremity Deep Venous Thrombosis with Duplex Venous Ultrasound: Is this Sufficient?
- Temple University School of Podiatric Medicine

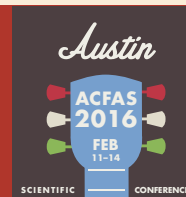
2nd Place:

A Retrospective Analysis of Tendo-Achilles Advancement in Comparison to Tendo-Achilles Lengthening in Cases of Pediatric Neurospastic Equinus
- School of Podiatric Medicine at Barry University

3rd Place:

The Hip Foot: A Case Report on Tibiotalocalcaneal Arthrodesis Using a Bulk Femoral Head Allograft Status-Post Talectomy
- Scholl College of Podiatric Medicine

Mark your calendar now to be among your future colleagues in the profession at **ACFAS 2016** set for **February 11-14** in **Austin, Texas** and help "Keep Austin Weird!"



Student Club Profile: Western University



Diana Perry, President
Western University's
ACFAS Student Club

According to Diana Perry, her role as president of Western University's ACFAS Student Club is threefold. She demonstrates a vision for the club's growth based on blueprints from past club presidents; collaborates with fellow students and club leaders to further ACFAS members' education; and serves as a role model to others through organization, thoughtful delegation and communication.

Under Perry's leadership this past year, the WesternU Student Club hosted guest speakers and surgical narrations and collaborated with other clubs. In addition, Western U hosted its ACFAS board liaison, Byron Hutchinson, DPM, FACFAS, for his guidance and feedback and to learn more about the residency program he oversees. "Through our communications with Dr. Hutchinson, we are creating a relationship as both ACFAS representatives and as students interested in his residency program. WesternU is not yet affiliated with his program, but affiliation is a shared goal," says Perry.

Finding residency is one of the greatest concerns for club members as is preparing for board examinations and doing well on rotations and externships. Perry hopes the club is lending a helping hand in the residency shortage by reinforcing the lower extremity anatomy, providing information on physical skills and surgical techniques, introducing classes to new residency programs and answering students' questions about residencies.

The club also worked to expose its members to surgical techniques beyond the traditional. "We've brought in physicians to discuss their current practice and imaging modalities, and one of our most popular meetings involved sports medicine," Perry explains.

Perry appreciates the opportunities she has had as club president to "interact with the best and brightest of our field, such as Dr. Hutchinson, and with members of the first- and second-year classes.

Resident Profile: Jim Callahan, DPM



Jim Callahan, DPM, always knew he wanted to pursue a career in medicine, specifically orthopaedics. However, when he began to learn about podiatry, he “jumped at the opportunity” to become specialized as a foot and ankle surgeon.

Now as chief resident under director Stephen Stern, DPM, FACFAS, in his final year with Inova Fairfax Hospital’s residency

program, Dr. Callahan currently serves on the limb salvage team at Georgetown University Hospital with John Steinberg, DPM, FACFAS, Paul Kim, DPM, FACFAS, and Christopher Attinger, MD. “For the first three months as chief, I oversaw the inpatient census at Inova Fairfax and received extensive rearfoot and reconstructive training operating with Richard Derner, DPM, FACFAS. At Georgetown, I operate on severe, often limb-threatening infections with complex soft tissue defects,” Dr. Callahan explains.

Inova Fairfax Hospital’s residency program is unique from others in a few ways. “I feel we have incredible balance between managing acute, medically unstable patients and those who present for elective surgery,” says Dr. Callahan. “Our program also affords autonomy within the operating room, as a member of the limb salvage team at Georgetown, and as a fully integrated resident on the orthopaedic trauma services team at Fairfax,” he adds.

For Dr. Callahan, the most challenging aspect of Inova Fairfax Hospital’s residency program has been evaluating how his attendings manage their patients, both in the hospital and clinical setting, and taking these experiences and methods to use in his own practice. “I am fortunate to have trained with a diverse and knowledgeable faculty, so it has been somewhat of a challenge to determine how to best develop my own treatment plans when I become a practitioner,” shares Dr. Callahan.

Dr. Callahan credits his residency program with helping him learn how to adapt to different services and to treat a range of medical ailments confidently. He counts ACFAS as a “tremendous resource” for education, job opportunities and communication within the profession.

Post-residency, Dr. Callahan plans to join a multispecialty group or established podiatry practice where he can use the full extent of his training and continue to grow as a physician and surgeon. He advises those who are about to enter into residency to find a program with balance between in-patient and outpatient management as well as broad diversity in attending training and surgical philosophy.

Check Out the Latest Free ACFAS Podcast Releases

Looking for guidance on where to work post-residency? Need tips for dealing with challenging patients? Wish you could hear firsthand perspectives on fellowships before you apply for one yourself? ACFAS’ latest podcast releases have the answers you need. Visit ACFAS’ e-Learning Podcast Library at acfas.org/e-Learning for the latest releases, including:

Employment Models: Where Should You Work?

Hear surgeons discuss the pros and cons of different podiatry practice models.

The Challenging Patient

For those times when a patient has been angry with you or tried to convince you to prescribe unnecessary pain medication.

What is a Fellowship Like?

Four DPMs explain how fellowships helped enhance their training, skills and experience.

Work/Life Balance

Learn how to best make use of your time when you’re not on call.



Use Classic Article Lists to Support Your Studies

If you need quality articles for your studies, see ACFAS’ Classic Article List available in the Student Center on acfas.org. Developed by the Membership Committee, these lists of journal articles on various topics are designed to assist you in your studies. Sixteen major topics are listed, including Hallux Valgus, Ankle Fractures, Diabetes and Lesser Ray Pathology.

To access the articles, visit the Student Resources section of the Student Center on acfas.org. Select each topic to see a complete bibliography of journal citations and visit the page often as new lists are added quarterly.