

ACFAS Update

student resident

NEWS FROM THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS



Save the Date: ACFAS 2015 in Phoenix



As a student or resident, what can you expect from the 2015 Annual Scientific Conference? The theme says it best—Limitless: Potential and Opportunities, which perfectly captures the impact the conference can have on your career.

Join us February 19–22, 2015, in Phoenix, at the Phoenix Convention Center, and see why this event is considered one of the most valuable conferences those in the profession can attend. ACFAS 2015 features clinical sessions tailored specifically to young practitioners; intensive hands-on workshops; presentations of the latest research, papers, posters and case studies; and much more. You'll also have the opportunity to post your resume, job hunt and interview with potential employers during the second annual Job Fair—sponsored by PodiatryCareers.org.

And to ensure that you put your best foot forward in your resumes and social media profiles, a photographer will be available once again in the Exhibit Hall to take free professional headshots.

It's also the perfect time to network with leaders in the profession at the annual invitation-only Resident and Student Networking event. Meet new professional peers and expand your circle while enjoying refreshments and taking part in prize drawings.

Visit acfas.org/phoenix to register now and get ready to jumpstart your career!

Student & Resident Conference Registration Fees

	ACFAS Resident Member	Non-Member Resident ¹	Student ²
Registration Fees After Dec. 5, 2014	\$365	\$445	\$170
On-Site Registration Fees Apply After Feb. 6, 2015	\$395	\$495	\$185

¹ Must provide letter from Residency Director (on letterhead) confirming registrant's Resident status.

² Must provide copy of student ID card and name of school.

Welcome to ACFAS!

All Resident and Student Club Members of ACFAS have access to all of the members-only content on acfas.org. At this time, your record has been activated. Unless you've already accessed the website and created your own login details, the login and password to acfas.org are as follows:

Login: ACFAS ID (provided in your welcome email)

Password: ACFAS ID, plus your first initial and last initial

Once you are logged into the site, you can change your ID and password to something more memorable. Be sure to also add ACFAS@infoinc.com to your email "safe senders" list to ensure you'll receive the College's weekly e-newsletter *This Week @ ACFAS*.

All ACFAS Resident Members receive a hardcopy subscription to the *Journal of Foot & Ankle Surgery (JFAS)*, the College's official peer-reviewed scientific journal and highest-rated member benefit. Resident and Student Club Members have full access to an online version of *JFAS* with new issues posted on the date of publication, as well as archived issues from 1995 to the present.



Resident Profile: Cliff Burmeister, DPM



Cliff Burmeister, DPM, credits his father, a practicing physician in Jacksonville, FL, for leading him on the path to podiatry. "My father is an amazing role model who really got me excited about the profession. I have shadowed him since I was in elementary school," he says.

Today, as a resident in his third and final year at Bethesda Memorial Hospital in Boynton

Beach, Dr. Burmeister has learned to balance a wide range of responsibilities, including managing the weekly surgery schedule, arranging hardware, publishing research and assisting in complex forefoot and rearfoot reconstructions. When he is not in surgery, Dr. Burmeister spends time in various private clinics and offices.

"It is easy to become so overwhelmed with the daily requirements of a residency, especially the first year, that other aspects of life are simply neglected," says Dr. Burmeister. "Let's just say I was much more fit and had a lot more hair before I started residency!" he admits.

However, even with his demanding schedule, Dr. Burmeister still makes time to see patients in the ED, engage with hospital staff and work with other specialties. In fact, working in the hospital environment is what he enjoys most about his residency. "Every staff member, from Intensivist to RN, has something to share and teach," says Dr. Burmeister. "Being a resident at Bethesda is such a privilege, and I am thankful every day that I have the opportunity to learn at this institution," he adds.

To round out his residency experience, Dr. Burmeister serves on ACFAS' Post-Graduate Affairs committee, which helps enhance residency education and programs and also supports residency directors. "As a resident, I felt I could provide insight about the problems and pitfalls we face daily," he says.

Dr. Burmeister advises those who are about to enter into residency to "go all out" since residency is only three short years. "Take time to read before and after a case, attend workshops, conferences and lectures, spend time in clinics and follow your post-operative patients," he says. "Most importantly, do not get down on yourself," he continues. "Residency is stressful, and everyone makes mistakes. Learn

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To access *JFAS* online:

1. Log into the ACFAS website, acfas.org.
2. Go to the *JFAS* landing page on the ACFAS website, acfas.org/jfas.
3. Click on the link, "Read Current and Past Issues Online."
4. You are now on the *JFAS* site. Since you are already logged into the ACFAS website, you do not need to log into the *JFAS* site again.
5. Read the current issue or search for archived articles.

As a member and/or subscriber, you are also entitled to the *JFAS* iPad version for free. Register with Elsevier at jfas.org to activate your access and download the app. The app allows you to:

- Bookmark your favorite articles
- Take notes and highlight within articles
- Quickly swipe through articles and issues
- Save to your favorite reader app
- Get up-to-the-minute alerts on new issues and featured articles

Please contact us with any questions. ACFAS looks forward to helping you start a successful career path as a foot and ankle surgeon!

from your mistakes to help prevent them in the future."

Post-residency, Dr. Burmeister hopes to join a small podiatry group, preferably in Florida. "Until then," he concludes, "I will just take life one day at a time and learn what I can at every opportunity."

Apply Now for USBJI Grant Mentoring Program

The United States Bone and Joint Initiative (USBJI) has developed a grant mentoring program to provide early-career investigators an opportunity to work with experienced researchers in our field to assist them in securing funding. This program is open to junior faculty, senior fellows or post-doctoral researchers nominated by their department or division chairs; senior fellows or residents who are conducting research and have a faculty appointment in place or confirmed; and basic and clinical investigators, without or with training awards (including K awards).

Investigators selected to participate attend two workshops, 12 to 18 months apart, and work with faculty between workshops to develop their grant applications. The next workshop will take place **April 24-26, 2015** in Rosemont, IL (Chicago). The deadline to apply for the Spring 2015 Workshop is **January 15, 2015**. To apply for this program, visit usbji.org/programs/yii/call-for-applications.