## Sailing the Ocean: Best Practices



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#### **Robert Mendicino, DPM, FACFAS**

Dr. Mendicino is a Past President of the American College of Foot and Ankle Surgeons and is currently the Program Director of the OhioHealth Grant Medical center Foot and Ankle Surgical Residency

**Disclosures:** Intellectual Property Rights: Biomet, through a patent with CMU

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**Disclosures**: Case Review Committee: ABFAS





#### **Brett Sachs, DPM, FACFAS**

Dr. Sachs is in private practice in Denver, Colorado and is the current Program Director of the Highlands Presbyterian/St. Luke's Podiatric Surgical Residency Program.

Dr. Sachs specializes in reconstructive foot and ankle surgery, arthroscopy, trauma, total ankle replacement and sports medicine.

Dr. Sachs is also a Section Editor for the Journal of Foot and Ankle Surgery.

Dr. Sachs also serves as vice president on the Colorado State Podiatry Board and past president of the Colorado Foot & Ankle Society.

Dr. Sachs is currently on the Board of Directors for the Highlands Foot and Ankle Institute.

**Disclosures**: Consultant: Zimmer Biomet, Kinos Medical, DJO Foot and Ankle/Trilliant Surgical, Stryker Sports Medicine, Medartis, Artelon, Ossio Integrative

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Board of Directors: Highlands Foot and Ankle Institute

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## **Presenter Disclosures**

#### **Eric Walter, DPM, FACFAS**

Dr. Walter is the Program Director for the Montefiore Medical Center Residency Program. He is an Assistant Professor with the Albert Einstein College of Medicine, Department of Orthopedic Surgery. Dr. Walter is a Diplomate of both ABFAS and ABPM, and a fellow of both ACFAS And AAPSM.

#### **Disclosures:**

Nothing to disclose





- Discuss the evolving strength of podiatry programs and how to "sail the ocean" with changes being made at hospital
  with lack of podiatry support.
- Learn how to structure academics to include but not limited to lectures, chapter review, journal club, board prep.
- Learn to structure topics and implement learning plans to include practice management, billing, medicine, surgical, complication.
- Hear best practices to involve industry with interaction with residents and financial support with avoiding industry bias.
- Learn how to implement a strong academic base with honoring work life balance and managing burnout.





Discuss the evolving strength of podiatry programs and how to "sail the ocean" with changes being made at hospital with lack of podiatry support

- What changes have you noticed or experienced first hand at your residency program?
- Was this a medical education change or strictly podiatry change?
- How did you manage the changes and how would you of done things differently?







#### Academic Structure and Schedule

- Lectures
- Chapter Reviews
- Journal club
- Board prep







#### Implementation of learning plans to include

- Practice Management
- Billing
- Medicine
- Surgical
- Complication







#### Best practices to involve industry

- Interaction with residents
- Financial support with
- Avoiding industry bias







How to implement a strong academic base with honoring work life balance and managing

burnout







### **Q & A**





