

ACFAS ^{student resident} Update



NEWS FROM THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

From Fellow to Fellowship Director



Ryan Scott, DPM, FCFAS, believes in the value of fellowships so strongly, he became a fellowship director just four years after he completed postresidency training at the Orthopedic Foot & Ankle Center in Westerville, Ohio in 2012. He also serves as chair of the ACFAS Fellowship Committee.

Dr. Scott had always dreamed of leading his own fellowship program, and once the opportunity to do so presented itself after he joined the CORE Institute in Phoenix four years ago, he seized

it. "We wanted to create a surgical foot and ankle fellowship to complement the other orthopaedic subspecialty fellowships already offered," he explains. The CORE Foot and Ankle Advanced Reconstruction Fellowship not only allows Dr. Scott and his partners to give back to the profession, it also exposes fellows to high-volume, complex surgical cases and the business aspect of medicine.

In addition to teaching a DPM how to manage a busy clinic, both from a surgical and business perspective, a fellowship can often open doors to other opportunities. "Fellowship training can lead to new job positions, fellows-only surgical cases and a distinction among colleagues," notes Dr. Scott.

For those who may be undecided about pursuing a fellowship, Dr. Scott points out that a fellowship is one of the best ways to close the gap between foot and ankle surgeons and their allopathic and

osteopathic peers. The advanced surgical training gained through a fellowship can also help a DPM stand out from other candidates for a job position.

He advises those considering a fellowship to determine:

- 1) *what type of physician they would like to be;*
 - 2) *the location in which they would like to work;*
 - 3) *the patient base they would like to serve; and*
 - 4) *with whom they would like to practice.*
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"Once you answer these questions, you will have a better idea of which fellowship to attain," he says.

However, Dr. Scott points out that his fellowship might not be for everyone. "Not all DPMs want to specialize in forefoot or hindfoot surgery. Some would rather focus on sports medicine, research or another area of foot and ankle pathology," he notes. "I often tell candidates that if they already have their dream job lined up, fellowship can take a backseat."

When it comes to their own fellowship candidates, Dr. Scott and his team look for well-rounded surgeons who are self-driven, hardworking, responsible and teachable. Once on board, new fellows should be ready to adjust their schedule at any given moment and should treat every case, no matter how simple, as a learning opportunity. Above all, Dr. Scott says fellows should always be punctual and prepared for every case and patient in clinic."

For more advice on applying for fellowships, contact Dr. Scott at scottryt@gmail.com.

Class of 2016: Your PGY1 ACFAS Membership is Free!

Thanks to the Regional Divisions' support, your dues for the first year are waived (a \$118 savings), plus you receive member pricing on conferences, products and services.

You will enjoy access to of *The Journal of Foot & Ankle Surgery (JFAS)* online and through the app, as well as members-only resources on acfas.org. Join now and receive an additional two months of membership, through September 2017.

Congratulations, Class of 2016! The Regional Divisions look forward to welcoming you to the College.



Student Club President Profile: Emily Zulauf



When Emily Zulauf became president of the ACFAS Student Club at Kent State University College of Podiatric Medicine (KSUCPM), she faced several challenges: the club had no permanent faculty advisor or clearly defined roles and infrastructure. However, with the support of her fellow board members, Senior Associate Dean Dr. Vincent Hetherington and new Faculty Advisor Duane J. Ehredt Jr., DPM, AACFAS, Zulauf has helped get the club back on track.

Today, the club operates with one goal in mind—to advance the surgical education of its members by providing opportunities to learn, engage and grow. Zulauf leads yearly ACFAS research initiatives, communicates and coordinates with board members to hold special events and ensures that dues are spent appropriately to provide maximum benefit to all members.

This past year, the student club invited Jordan Grossman, DPM, FACFAS, 2013–2014 ACFAS president, to hold a collaborative suturing workshop with his residents and would like to make this workshop an annual event.

Christopher Hyer, DPM, FACFAS, the club's 2015 board liaison, also held a tendon transfer workshop for student club members. "They were able to throw stitches and dissect alongside one of the best in our profession," recounts Zulauf.

This October, the student club will host the entire ACFAS board

of directors who will participate in a panel discussion to address students' questions and concerns about pursuing a career in foot and ankle surgery.

The club also plans to offer an ACFAS Welcome Workshop for incoming first-year students at KSUCPM. "Currently, first-year students begin dissections in gross anatomy during the second week of class," says Zulauf, "yet many students have never been trained in proper tissue dissection techniques or have even held a scalpel." She asserts that a workshop on the basics of proper dissection would benefit students' academic and surgical careers. "Providing this workshop in the first few weeks of classes would also help students see firsthand why becoming an ACFAS student member is a valuable investment," she adds.

Zulauf has set high goals for the club to achieve before her term as president ends, including:

- Win first place in ACFAS' annual student poster competition;
- Publish research in *The Journal of Foot & Ankle Surgery*;
- Organize and hold the first formal *Journal Club* meeting;
- Initiate an annual ACFAS Welcome Workshop to teach proper dissection techniques and tool use.

Zulauf thanks ACFAS and its board for supporting the student club's endeavors and for connecting students with leaders in the profession. "Your participation in our education is crucial to the advancement of podiatry and to the achievement of professional excellence within the entire medical community."

To learn more about KSUCPM's activities, contact Emily Zulauf at ezulauf@kent.edu or visit kent.edu.

Classic Article Review

Jonathon Srour, Student Club representative on the Membership Committee and 2015–2016 NYCPM Student Club president, recently reviewed the article *Ankle Arthroscopy: Technique and Indications* by Drez, Guhl and Gollehon (*Foot Ankle*) for the [Classic Article List](#) in the Student Center on acfas.org.

"This article succinctly describes the procedure of ankle arthroscopy, giving emphasis to the portals of entry. Additionally, it lists the anatomical structures that are at risk for iatrogenic damage at each portal, showing accurate drawings of the relevant anatomy to avoid confusion.

"As a third-year student at NYCPM, I recently took an examination on ankle arthroscopy. This article concisely covers much of the material on which we were tested.

Finally, this article concludes with a discussion of indications, such as osteochondritis dissecans of the talus and chronic inversion sprains, both of which are highly tested academic subjects for podiatry students."

To read more article reviews, visit the [Classic Article List](#) on acfas.org, which covers 22 different topics, handpicked by the ACFAS Membership Committee, that students and residents should be aware of during their residency.



Jonathon Srour
ACFAS Student Club President
New York College of Podiatric Medicine
Class of 2017