

ACFAS student resident Update



NEWS FROM THE AMERICAN COLLEGE OF FOOT AND ANKLE SURGEONS

Have You Visited the New ACFAS.org?

Your College's website is new and improved! Not only has the look and style of the site been re-vamped aesthetically; it underwent a major re-structuring to ensure greater ease of use and navigation. As a part of the restructuring process, new "Centers" have been created to make content specific to Students, Residents and Members easier to locate.

The newly upgraded "**Student Center**" houses content specific to the ACFAS Student Clubs, including resources and information specific to students, information on preparing for residency, classic lists of articles covering clinical topics, and funds available to students. The "**Resident Center**" makes it easier to join the College (your first year of residency is free), and it holds valuable information about fellowships, job opportunities, and education and research resources specific to residents.



The new site is designed to be more useful and convenient for all, with user-friendly navigation and some new great features and content, such as:

- New, Interactive Education Calendar
- Twitter Feed on the Home Page
- Direct Links to the Latest JFAS Articles
- Mobile Friendly Optimization for Viewing on Your Smart Phone
- Enhanced Search Feature

Check out the new acfas.org today and enjoy your new website!

First-Year Residents Join Free

First of all, we'd like to congratulate you on becoming a DPM and moving into your Residency! Now, let us assure you that ACFAS members have walked in your shoes, so we know the level of hard work and dedication it took to get you to this point in your career. As a way of recognizing your recent achievement, and as an introduction to ACFAS, the College and its Regional Divisions would like to help you celebrate by giving you a complimentary first year of membership to your professional association. We hope you take advantage of this valuable gift.

To become a Resident Member, visit acfas.org/residents.



Three Times Congratulations to DMU



For the third consecutive year, the ACFAS Student Club at Des Moines University (DMU) was named the Student Club of the Year by the College of Podiatric Medicine and Surgery (CPMS) at DMU. The first- through third-year student body voted for the club they felt best embodied the goals of CPMS, specifically keeping in mind the sponsored activities, educational experiences, and service to the community.

What makes DMU club stand out? Educationally, students in this club made great use of the ACFAS surgical videos, while first-year liaisons highlighted aspects of these procedures. The club also used an ACFAS video presentation to instruct members on performing a Z-plasty, and students had the opportunity to try the procedure on pig's feet. "This was a fantastic way for many first-year students to have hands-on experience during a time of heavy book learning," said the club's First-Year Liaison and President-Elect Jordan Gardner.

Club members also benefited from a presentation by Past ACFAS President Michael S. Lee, DPM, FACFAS. "Dr. Lee included some challenging questions, great videos showing the use of ankle scopes, and his advice and suggestions from personal experience," said Gardner.

The ACFAS Student Club at DMU also excelled in community outreach: from fundraising for the Toys-for-Tots Foundation to volunteering at booths to provide instructional materials for the community at a Senior Health Fair and a Community Action event. ACFAS is proud of the work and accomplishments of its Student Club at DMU!

To view the videos used at DMU, visit acfas.org/e-learning, and see the listing under the "Surgical Techniques" heading.

Have You Considered A Fellowship?

Are you considering putting off practice to challenge yourself with specialized training after completing your residency? Do you want to differentiate yourself from your peers? Look no further than ACFAS' Recognized Fellowship Initiative.

Since the ACFAS Board of Directors approved the fellowship program in 2011, 21 programs have been granted "Recognized Status" by ACFAS and are categorized as either "Foot and Ankle Surgery & Reconstruction," "Sports Medicine," or "Research" in an effort to make the search for a specific fellowship easier for residents. Four more programs were also recently granted "Conditional Status," and are completing their first year of a fellow matriculating through their programs. These fellowships aim to foster high-quality learning opportunities through support, recognition and visibility, and the initiative comes highly recommended by ACFAS for the continuation of foot and ankle surgical education after residency in the form of a specialized fellowship.

The ACFAS Fellowship Committee ensures the top quality of each fellowship program it supports by requiring each one to meet a rigorous list of minimal criteria, which are established by an analysis of the program's educational processes and support structures to ensure that adequate post-graduate-level training is occurring in the fellowship. Programs meeting these minimal criteria are officially recognized by the College, which provides support for these recognized programs through grants and visibility. For a complete listing of fellowships recognized by the College, please visit the ACFAS website at acfas.org/fellowshipinitiative.

Considering a fellowship, but would like more information?

ACFAS has free podcasts for that! Please visit acfasdistancelearning.com/podcast/ and click on "Foot and Ankle Fellowships...Why They Might Be Right for You." If you're interested in hearing from fellowship directors, please check out the podcast titled "Starting a Successful Fellowship Alongside an Existing Residency," which also discusses a fellow's place in this type of setting, as well as the tools fellows gain by being trained alongside an existing residency.

Interested in a Fellowship in New Jersey?

If so, consider the newest program to receive "Conditional Status" by ACFAS – the North Jersey Reconstructive Foot and Ankle Fellowship in Lyndhurst, NJ. Under the direction of Michael Subik, DPM, FACFAS, this program hopes to welcome its first Fellow in September 2013.

For more information about this new program, or to be considered as a Fellow for the program's inaugural year, please visit acfas.org/fellowshipsubik.

Submit Your Research Posters for ACFAS 2014

Have you dreamt of impressing an audience of over 1,500 esteemed foot and ankle surgeons with your research? Here's your chance! ACFAS encourages the members of our nine student clubs to submit their scientific and case study format posters for presentation consideration at the 2014 Annual Scientific Conference in Orlando, FL, February 27-March 2.

To get the facts you need to submit a poster, visit acfas.org/asc. Please also note there are some changes in our submission requirements this year, which are highlighted below in bold.

- **Scientific Format posters accepted for presentation at the 2014 Annual Conference must be submitted in both paper and PDF format**, and poster size should not exceed 3.5 feet high x 7.5 feet wide.
- Student Club entries are to be a group effort, not an individual submission. Only one poster is accepted from each Student Club. (Note: No other student posters will be accepted for display.)
- **At least one of the poster authors must register for and attend the Annual Scientific Conference in order for their poster to be displayed.**
- If you would like your research to be considered for presentation, submit your application and abstract by the November 15, 2013 deadline (student deadline only; resident deadline is October 15) via the online submission system.

2013 Student Club Poster Research Winners

1st Place – New York College of Podiatric Medicine
Presentation and Treatment of a Fibrocartilaginous Navicular-Medial Cuneiform Coalition: A Case Report

2nd Place – College of Podiatric Medicine at Kent State University - Ohio
What Effect Does Release of the Deep Transverse Intermetatarsal Ligament have on the Intermetatarsal 1-2 Angle? A Cadaveric Study Comparing Pre-Operative Weight Bearing Anterior-Posterior Radiographs

3rd Place – Scholl College of Podiatric Medicine – Illinois
Surgical Repair of a Tibialis Anterior Rupture with a Bridging Allograft and Transposition of the Tibialis Anterior to a Non-anatomic Insertion in the Navicular

Residents: Would you like to submit a poster or manuscript for the 2014 Annual Scientific Conference? If so, please follow the instructions provided here for submitting a poster, and for manuscripts, be sure to read the 2014 Call for Manuscripts (Information and Policies) and Instructions for Authors Submitting a Manuscript.

The poster deadline is October 15, and all manuscripts must be submitted for review no later than August 15, 2013.