ACFAS 2026
Meet the Fellow Questionnaire

American College of Foot and Ankle Surgeons®

Fellow Name: Allyne Andrade

Fellowship Program: HCA Florida Westside

City/State: Plantation, Florida

Program Director: Dr. Warren Windram

How many Attendings do you work with regularly? 5+ including podiatrists, plastics, and foot and ankle ortho.

Describe the diversity of your cases so far in fellowship. (For example, has your experience included TAR? Is there an emphasis on: Pediatrics? Sports Medicine? Deformity correction? Complex reconstruction? What percentage of your cases are trauma? Rearfoot/ankle? Forefoot? Please be as descriptive as you'd like. Variety of cases with great focus on trauma, limb salvage, complex reconstruction, deformity correction, sports medicine. I can't pinpoint one vs another due to being in different types of cases weekly.

How many days per week do you typically spend in the OR? In clinic? Do you have your own "fellow" clinic? In OR everyday, in the clinic 2-3x per week. Do not have your own fellow clinic.

How many surgical cases do you typically scrub per month? 25-35

What conferences have you attended/are you encouraged to attend? MILES, ACFAS, SAM

How would you describe your director's teaching style? He encourages critical thinking, provides feedback, and uses real-world clinical and surgical experiences as learning opportunities.

How is research incorporated into your experience? What resources are provided/available? Research is incorporated into the training experience through opportunities to develop case reports, conduct literature reviews, and present findings at conferences. Fellows have access to faculty mentorship, journal databases, and opportunities to participate in hospital research initiatives and academic presentations.

Do you take any "call"? If so, how often? What type of call? (general vs. trauma, hospital vs. private practice?) No call.

How many hospitals/surgery centers are you credentialed at? 4-5 hospitals and some surgery centers

What is your didactic schedule like? What academic opportunities are available to you during fellowship? (Cadaver labs, journal club, radiology conference, etc.) Academic schedule is 2x per

week with Westside Podiatry residency. Consisting of journal clubs, labs, in service dinners, grand rounds, case reviews.

Is your fellowship affiliated with a residency program? If yes, what are your responsibilities? How often are you interacting with residents (What % of cases?) It is part of HCA westside just like the residency but they are not affiliated. They are separate programs.

Are you able to collect cases for board certification? No

When should interested applicants visit? What does a visit look like? What is the interview process like at your program? Interested applicants are encouraged to visit during the application and interview season to learn more about the program, meet the faculty and current fellow, and experience the clinical environment firsthand. A visit may include an introduction to the program, discussions about surgical training and educational opportunities, and the chance to ask questions about the curriculum, case volume, and expectations.

Do you have a co-fellow? What percentage of your cases are scrubbed with them? No co-fellow

What support is available for finding post-fellowship employment? The program provides mentorship and guidance to help fellows prepare for post-fellowship employment.

What qualities make an applicant a good fit for your program? A strong applicant is motivated, hardworking, teachable, and committed to continuous learning and professional growth. We value individuals who demonstrate professionalism, strong clinical judgment, and a solid work ethic. Someone who is motivated with research as well.

Why did you apply for fellowship? And why did you choose your fellowship program? Any advice for future fellowship applicants? I pursued fellowship to further refine my surgical skills, expand my knowledge of complex foot and ankle reconstruction, and gain the experience needed to become a more confident and well-rounded surgeon. I chose this program because of its diverse surgical exposure, hands-on training, and the opportunity to learn from experienced faculty while continuing to develop my clinical judgment and surgical independence.

Advice would be to apply early, visit if possible, get to really know the program.